

## MEDIA RELEASE

26 July 2016

### **BreastScreen Queensland Mobile Service to visit Chinchilla**

Women aged 40 years and over are encouraged to take advantage of BreastScreen Queensland's state-of-the-art digital mobile service when it visits Chinchilla in August and September.

BreastScreen Queensland, Toowoomba clinic manager Roxanne Watling said the accessibility of the mobile service provided a great opportunity for women to look after their health while remaining in their local communities.

"The mobile service visits selected rural locations every two years and is always very well received," Ms Watling said.

"This is a great opportunity for women to book in for their first breast screen, or to come back for their regular two-yearly screen.

"We know that early detection of women's cancers provides the best chance of survival and quality of life, so if you haven't been keeping up-to-date with these important checks, now is the time to do so."

The mobile service will be located at the Chinchilla Hospital from 15 August to 8 September.

Ms Watling said women aged 40 and over should have a breast screen every two years, and women aged 18 and over should have a pap smear every two years.

"In 2015 more than 15,000 Australian women were diagnosed with breast cancer," she said.

"One in eight Queensland women will be diagnosed with breast cancer and of those 90 per cent will have no family history of the illness.

"That's why we encourage all women aged 40 and over to have a free breast screen every two years, and also be sure to carry out regular breast checks.

"If you find something unusual, or have any concerns about your breast health, see your GP as soon as possible."

Women aged 40 and over can phone 13 20 50 to book a free breast screen with the mobile service when it is in Chinchilla.

A doctor's referral is not required.

Additionally, the Chinchilla community is served by the Darling Downs Hospital and Health Service's Mobile Women's Health Service.

This service is coordinated by registered nurse, Barbara Milne, who can provide free and confidential advice about sexual health, continence, menopause, contraception and general wellbeing as well as provide cervical screening (pap smears).

Contact 0427 636 513 for more information about the Mobile Women's Health Service in Chinchilla.

**Ends**

**MEDIA:** Contact Darling Downs Hospital and Health Service Media Team 4699 8547, 0438 702 328 or [DDHHS\\_media@health.qld.gov.au](mailto:DDHHS_media@health.qld.gov.au)