



**Queensland
Government**

Burns – Scar Release Consent

Facility:

(Affix identification label here)

URN:

Family name:

Given name(s):

Address:

Date of birth:

Sex: M F I

A. Does the patient have capacity?

Yes → **GO TO section B** No → **COMPLETE section A**

- i. a) Is the patient aged under 18 years?
 Yes (document parent/guardian name below)
 No → **GO TO ii**

You must adhere to the Advance Health Directive (AHD) or the consent obtained from a substitute decision-maker.

- ii. a) Does the patient have an AHD that is applicable to the procedure, treatment or investigation?
 Yes No → **GO TO iii**
 b) If yes, has the AHD been sighted and a copy in the medical record?
 Yes No → **GO TO iii**

- iii. a) Substitute decision-maker (select one only):
 Attorney(s) for health matters under an Enduring Power of Attorney or AHD
 Tribunal-appointed guardian
 Statutory Health Attorney
 If none of these, the Office of the Public Guardian must provide consent (ph: 1300 653 187)

Name of substitute decision-maker(s) or parent/guardian:

Signature of substitute decision-maker(s) or parent/guardian:

Relationship to the patient (e.g. substitute decision-maker or parent/guardian)

Date: Phone number:

B. Does the patient need Interpreter/ cultural services?

- i. a) Is a language interpretation service required?
 Yes No → **GO TO ii**
 b) If yes, is a qualified Interpreter present?
 Yes (complete section K) No N/A
 ii. a) Is a cultural support person required?
 Yes No → **GO TO section C**
 b) If yes, is a cultural support person present?
 Yes No N/A

C. Condition and treatment

The Doctor/Clinician has explained that I have the following condition
(Doctor/Clinician to document in patient's words):

This condition requires a procedure *(Doctor/Clinician to document, include site and/or side where relevant to the procedure):*

The following will be performed:

This procedure is where a burns scar causing tightness or restriction of movement is released. Tension in the scar may be released by excising or dividing the scar and filling the gap with a skin flap, skin graft, cultured skin, or artificial skin.

A sample of tissue may be taken for therapeutic purposes or for other medical or scientific purposes.

D. Risks and complications of a burns scar release

There are risks and complications with this procedure. They include but are not limited to the following.

Common risks and complications include:

- **infections** can occur, requiring antibiotics and further treatment;
- **bleeding** could occur and may require a return to the operating room;
- **bleeding is more common** if you have been taking **blood thinning drugs** such as warfarin, aspirin, clopidogrel (Plavix, Iscover, Coplavix), prasugrel (Effient), dipyridamole (Persantin or Asasantin), ticagrelor (Brilinta), ticlopidine (Tilodene), apixaban (Eliquis), dabigatran (Pradaxa), rivaroxaban (Xarelto) or complementary/alternative medicines such as fish oil;
- small areas of the **lung can collapse**, increasing the risk of **chest infection**. This may need antibiotics and physiotherapy;
- increased risk of wound infection, chest infection, heart and lung complications, and blood clot in the leg or lungs for **people who are obese**;
- problems with wound healing resulting in the need for ongoing dressings;
- recurrence of the scar(s) requiring further procedures to release them;
- if a scar requires a graft:
 - » the graft may not take
 - » the graft will not look like normal tissue for some time
 - » the colour of the graft may be different from other parts of the skin;
- the donor site of the graft:
 - » may discharge fluid into dressings for sometime
 - » the healing may be slow
 - » once healed may be thickened, discoloured or painful.

Uncommon risks and complications include:

- **heart attack or stroke** could occur due to the strain on the heart;
- **blood clot** in the leg causing pain and swelling. In rare cases, part of the clot may break off and go to the lungs;
- the **duration of skin allografts** may only last seven to ten days before the body rejects them.

Rare risks and complications include:

- **death** as a result of this procedure is often dependent on the severity of the injury. If you have additional questions, please ask your doctor/clinician.

E. Specific risks for you in having this procedure

(Doctor/Clinician to document in space provided. Continue in Medical Record if necessary)

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F. Risks of not having this procedure

(Doctor/Clinician to document in space provided. Continue in Medical Record if necessary)

I. Anticoagulant/Antiplatelet checklist

Information to discuss with your doctor about blood thinning drugs:

Aspirin Yes No

Antiplatelet agents YES No

Clopidogrel, Prasugrel, Ticagrelor, Dipyridamole, Other.

If the procedure is elective, can the antiplatelet be withheld and the patient maintained on aspirin alone for 7 days prior? Yes NO

Date Authorising doctor/clinician ordered antiplatelet ceased/to be ceased:

Warfarin/Dabigatran/Rivaroxaban/ Apixaban/Heparins/Other new anticoagulants YES No

If elective procedure, can all anticoagulation be ceased before the procedure? Yes No

Where there has been changes (i.e. ceased, withheld) to the above drugs, is there a management plan documented in the patient's medical record? Yes No

J. Patient/Substitute decision-maker consent

I acknowledge the doctor/clinician has explained:

- my/the patient's medical condition and the proposed procedure/treatment/investigation may require and include additional treatment if the doctor/clinician finds something unexpected. I understand the risks and benefits, including the risks specific to me;
- my/the patient's requirement for anaesthetic for this procedure/treatment/investigation - I understand the risks associated with anaesthetic, including the risks specific to me (see Anaesthetic information sheet);
- my/the patient has alternative procedure/treatment/investigation options;
- my/the patient's prognosis, and the risks of not having the procedure/treatment/investigation;
- no guarantee has been made that the procedure/treatment/investigation will improve my/the patient's condition even though it has been carried out with due professional care
- my/the patient's procedure/treatment/investigation may include a blood transfusion;
- my/the patient's tissues/blood may be removed and be used for diagnosis/management of my condition, stored and disposed of sensitively by the hospital;
- if an immediate life-threatening event happens during my/the patient's procedure/treatment/investigation, I/the patient will be treated based on my discussions with the doctor/clinician or Acute Resuscitation Plan;
- a doctor other than the consultant/specialist may conduct/assist with the clinically appropriate procedure/treatment/investigation/examination. I understand this could be a doctor undergoing further training. I understand that all surgical trainees are supervised according to relevant professional guidelines;

I/the patient was able to ask questions and raise concerns with the doctor/clinician about my/the patient's condition, the proposed procedure/treatment and its risks, and my/the patient's treatment options. My questions and concerns have been discussed and answered to my satisfaction;

I/the patient understand I have the right to change my mind at any time, including after I have signed this form but, preferably following a discussion with a doctor/clinician;

I/the patient understand image(s) or video footage may be recorded as part of and during my procedure and that these image(s) or video(s) will assist the doctor/clinician to provide appropriate treatment.

G. Alternative procedure, treatment or investigation options

(Doctor/Clinician to document in space provided. Continue in Medical Record if necessary)

H. Anaesthetic

This procedure may require an anaesthetic (doctor/clinician to document type of anaesthetic discussed)



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Student examination/procedure for educational purposes

For the purpose of undertaking professional training, a student(s) may observe the medical examination(s) or procedure(s) and may also, subject to patient consent, perform an examination(s) or assist in performing the procedure(s) on a patient while the patient is under anaesthetic. This is for education purposes only. A student(s) who undertakes an examination(s) or assists in performing the procedure(s) will be under the supervision of the treating doctor, in accordance with the relevant professional guidelines.

For the purposes of education I consent to a student(s) undergoing training to:

- observe examination(s)/procedure(s) Yes No
- assist and/or perform examination(s)/procedure(s) Yes No

Student - this may include medical, nursing, midwifery, allied health or ambulance students.

I have received the following information sheet(s):

- 'About your Anaesthetic'
- 'Burns - Scar Release'
- 'Blood and Blood Products Transfusion'

On the basis of the above statements,
I consent to having this procedure.

Name of patient:

Signature:

Date:

I consent to:

Name of patient having procedure:

Name of substitute decision-maker:

Signature:

Date:

K. Interpreter's statement

I have:

- Provided a sight translation
- Translated as per clinician explanation in:

Patient's language:

of this consent form and assisted in the provision of any verbal and written information given to the patient/substitute decision-maker by the doctor/clinician.

Name of patient:

Language of patient:

Name of Interpreter service:

Name of Interpreter:

Interpreter's signature:

Date:

L. Doctor/Clinician/Delegate statement

Information for doctor/clinician/delegate:

The information contained within this form is not, and is not intended to be, a substitute for direct communication between the doctor/clinician/delegate and the patient/substitute decision-maker regarding the medical procedure, treatment or investigation described in this form. I have explained to the patient all the content in this patient consent form and I am of the opinion that the patient/substitute decision-maker has understood the information.

Name of doctor/clinician/delegate:

Designation:

Signature:

Date:

DO NOT WRITE IN THIS BINDING MARGIN

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Give this patient information sheet to the patient or substitute decision-maker(s) to read carefully and allow time to ask any questions about the procedure.

1. What is this procedure and how will it help me?

This procedure is where a burns scar causing tightness or restriction of movement is released. Tension in the scar may be released by excising or dividing the scar and filling the gap with a skin flap, skin graft or artificial skin.

A sample of tissue may be taken for therapeutic purposes or for other medical or scientific purposes. Skin cells from this tissue may be used to grow sheets of cultured skin to use to treat your wounds. Some tissue may also be used for research studies which may lead to medical and scientific advances and improvements in patient care. All research studies have been approved by the appropriate ethics committee.

2. My anaesthetic

This procedure will require an anaesthetic. For more information about the anaesthetic and the risks involved please refer to the anaesthetic information sheet that has been provided to you. Discuss any concerns with your clinician.

If you have not been given an anaesthetic sheet, ask for one.

3. What are the specific risks of this procedure?

There are risks and complications with this procedure. They include but are not limited to the following.

Common risks and complications include:

- infections can occur, requiring antibiotics and further treatment;
- bleeding could occur and may require a return to the operating room;
- bleeding is more common if you have been taking blood thinning drugs such as warfarin, aspirin, clopidogrel (Plavix, Iscover, Coplavix), prasugrel (Effient), dipyridamole (Persantin or Asasantin), ticagrelor (Brilinta), ticlopidine (Tilodene), apixaban (Eliquis), dabigatran (Pradaxa), rivaroxaban (Xarelto) or complementary/alternative medicines such as fish oil;
- small areas of the lung can collapse, increasing the risk of chest infection. This may need antibiotics and physiotherapy;
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- the duration of skin allografts may only last seven to ten days before the body rejects them.

Rare risks and complications include:

- death as a result of this procedure is often dependent on the severity of the injury. If you have additional questions, please ask your doctor/clinician.

4. What are the risks specific to me?

There may also be risks specific to your individual condition and circumstances. Please discuss these with your clinician and ensure they are written on the consent form before you sign it.

5. What are the risks of not having this procedure?

There may be consequences if you choose not to have the proposed procedure/treatment/investigation. Please discuss these with your clinician.

If you choose not to have the procedure you will not be required to sign a consent form.

