

## Centre for Palliative Care Research and Education

Hosted by Metro North Hospital and Health Service *Putting people first*

### Palliative Care Resources: a selection for Aged Care

Learning and Resources	
Advance Care Planning Australia [ACP Australia]	A range of resources, learning and information about advance care planning <a href="https://www.advancecareplanning.org.au/">https://www.advancecareplanning.org.au/</a>
	Advisory Service: an expert team able to provide advice on all matters relating to advance care planning. PH: 1300 208 582 <a href="https://www.advancecareplanning.org.au/about-us/contact-us">https://www.advancecareplanning.org.au/about-us/contact-us</a>
	Advance Care Planning for Aboriginal and Torres Strait Islander peoples <a href="https://www.advancecareplanning.org.au/understand-advance-care-planning/advance-care-planning-for-aboriginal-and-torres-strait-islander-peoples">https://www.advancecareplanning.org.au/understand-advance-care-planning/advance-care-planning-for-aboriginal-and-torres-strait-islander-peoples</a>
	Supporting health practitioners, care workers, students, individuals and substitute decision-makers to learn about advance care planning. <a href="https://learning.advancecareplanning.org.au/">https://learning.advancecareplanning.org.au/</a>
	Video: Being chosen as a substitute decision-maker <a href="https://www.youtube.com/watch?v=xKMaqH0UyDo">https://www.youtube.com/watch?v=xKMaqH0UyDo</a>
	Video: Advance Care Planning as part of routine care <a href="https://www.youtube.com/watch?v=IEwfthRJICl">https://www.youtube.com/watch?v=IEwfthRJICl</a>
Australian Healthcare and Hospitals Association [AHHA]	Online training designed for the Australian health context. A palliative care education resource that supports application of the Guidelines for a Palliative Approach to Aged Care in the Community. <a href="https://ahha.asn.au/pallcareonline">https://ahha.asn.au/pallcareonline</a>
Australian Association of Gerontology (AAG)	The Australian Association of Gerontology (AAG) is Australia's peak national body linking professionals working across the multidisciplinary field of ageing. Paid and free online training. <a href="https://www.aag.asn.au/events">https://www.aag.asn.au/events</a>
Australian Government	My Aged Care is the Australian Government's starting point for the aged care journey. Find and access government-funded services. <a href="https://www.myagedcare.gov.au/">https://www.myagedcare.gov.au/</a>
	The Advance Project provides learning for GPs, practice nurses & managers to develop knowledge & skills to use screening tools for provision of palliative care and advance care planning. <a href="https://www.theadvanceproject.com.au/Education-Training/Training-Overview">https://www.theadvanceproject.com.au/Education-Training/Training-Overview</a>
CareSearch	Provides online palliative care knowledge for health professionals, people needing palliative care, their families and the community. CareSearch is responsible for Caresearch and palliAGED websites. <a href="https://www.caresearch.com.au">https://www.caresearch.com.au</a>
Centre for Cultural Diversity in Ageing	Provides expertise in culturally inclusive policy and practices for the aged services sector to support aged care providers to address the needs of older people from culturally and linguistically diverse backgrounds. <a href="http://www.culturaldiversity.com.au/">http://www.culturaldiversity.com.au/</a>
Centre for Culture, Ethnicity & Health	Health Literacy training to deliver services that are easier to understand and empowers clients to make better decisions and create better health outcomes. <a href="https://www.ceh.org.au/training/">https://www.ceh.org.au/training/</a>
Centre for Palliative Care Research & Education [CPCRE]	CPCRE offers online and face to face palliative care education, multi-discipline symposium and annual conference; publishes <i>Guidelines for Subcutaneous Infusion Device Management in Palliative Care &amp; other settings</i> . <a href="https://www.health.qld.gov.au/cpre">https://www.health.qld.gov.au/cpre</a>
Cognitive Decline Partnership Centre (CDPC)	Supported decision-making enables people to make decisions about their own life and enables the person to be involved in decisions that affect their care. Policy development document, guidelines and help sheets at: <a href="https://cdpc.sydney.edu.au/research/planning-decision-making-and-risk/supported-decision-making/">https://cdpc.sydney.edu.au/research/planning-decision-making-and-risk/supported-decision-making/</a>
Continence Foundation of Australia	Factsheets and videos in 30 different languages on pelvic floor exercises for men and women, bladder leakage, constipation & bowel control, prostate & bladder problems and, healthy bladder & bowel habits. <a href="https://www.continence.org.au/incontinence-information-other-languages">https://www.continence.org.au/incontinence-information-other-languages</a>
Dementia Australia	DTA offers in person and online courses, practical resources and training packages that are easy to access. <a href="https://dta.com.au/">https://dta.com.au/</a>

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Department of Justice and Attorney General (Qld)	Queensland Capacity Assessment Guidelines (2020); changes to the law regarding Power of Attorney and decision-making for others. <a href="https://www.qld.gov.au/law/legal-mediation-and-justice-of-the-peace/power-of-attorney-and-making-decisions-for-others/capacity-guidelines">https://www.qld.gov.au/law/legal-mediation-and-justice-of-the-peace/power-of-attorney-and-making-decisions-for-others/capacity-guidelines</a>
End of Life Directions for Aged Care [ELDAC]	Provides information, guidance and resources to health professionals and aged care workers to support palliative care and advance care planning to improve the care of older Australians. <a href="https://www.eldac.com.au/">https://www.eldac.com.au/</a>
End of Life Law for Clinicians	Accurate and practical information including learning modules, to navigate challenging legal issues that can arise with end of life decision-making. A broad introduction to end of life law to help know the law, your rights & duties. <a href="https://end-of-life.qut.edu.au/">https://end-of-life.qut.edu.au/</a>
Last 1000 Days	Draws attention to where and how time is wasted. To reinforce the positioning of the patient's time as the most important currency in health care. <a href="https://www.last1000days.com/">https://www.last1000days.com/</a>
Multicultural Mental Health	Provides a national focus on mental health and suicide prevention for people from culturally and linguistically diverse (CALD) backgrounds. <a href="https://embracementalhealth.org.au/welcome">https://embracementalhealth.org.au/welcome</a>
Northern Territory Government	Religious fact sheets with information approved by the relevant communities. The Northern Territory Government takes no responsibility for the accuracy. <a href="https://tfhc.nt.gov.au/publications-and-policies/social-inclusion/religious-fact-sheets">https://tfhc.nt.gov.au/publications-and-policies/social-inclusion/religious-fact-sheets</a>
NSW Health	Video: Advance Care Planning with an Interpreter. <a href="https://www.youtube.com/watch?v=m4p6ZW7Omtc">https://www.youtube.com/watch?v=m4p6ZW7Omtc</a>
Office of Advance Care Planning (Qld)	Information for GPs. <a href="https://metrosouth.health.qld.gov.au/acp/information-for-gps">https://metrosouth.health.qld.gov.au/acp/information-for-gps</a> Queensland Advance Care Planning forms: Statement of Choices <a href="https://metrosouth.health.qld.gov.au/acp/queensland-advance-care-planning-forms">https://metrosouth.health.qld.gov.au/acp/queensland-advance-care-planning-forms</a>
Office of the Public Guardian [OPG]	Video: Queensland's Guardianship and Administration System <a href="https://www.youtube.com/watch?v=olsjGW1RvJs">https://www.youtube.com/watch?v=olsjGW1RvJs</a> Video: The role of OPG Guardians and how they make decisions <a href="https://www.youtube.com/watch?v=BIMuodvv1IY">https://www.youtube.com/watch?v=BIMuodvv1IY</a>
PalliAged	Palliative care evidence and practice information resource for the Australian aged care sector including online learning modules. <a href="https://www.palliated.com.au/">https://www.palliated.com.au/</a>
PalliMEDS	Created by NPS MedicineWise, PalliMEDS is a free app to support the clinical knowledge of health professionals who prescribe palliative care medicines or care for people at their end of life. Free download from app stores.
Partners in Culturally Appropriate Care [PICAC]	Education and resources for aged care providers supporting delivery of culturally appropriate care to older people from culturally and linguistically diverse communities. <a href="http://www.diversicare.com.au/service-providers/partners-in-culturally-appropriate-care/">http://www.diversicare.com.au/service-providers/partners-in-culturally-appropriate-care/</a>
Program of Experience in Palliative Approach [PEPA]	PEPA Queensland provides workshops and opportunities for non-specialist palliative care clinicians to undertake a supervised clinical placement within a palliative care specialist service. PEPA Qld: <a href="mailto:pepaqld@health.qld.gov.au">pepaqld@health.qld.gov.au</a> web: <a href="https://pepaeducation.com/">https://pepaeducation.com/</a>
Queensland Government	Aboriginal & Torres Strait Islander Health Unit: Sad News, Sorry Business <a href="https://www.health.qld.gov.au/__data/assets/pdf_file/0023/151736/sorry_business.pdf">https://www.health.qld.gov.au/__data/assets/pdf_file/0023/151736/sorry_business.pdf</a> Comparison table: advance care planning documents <a href="https://www.qld.gov.au/health/support/end-of-life/advance-care-planning/key-documents">https://www.qld.gov.au/health/support/end-of-life/advance-care-planning/key-documents</a> Statewide Palliative Care Telehealth Service – Rural and Remote <a href="https://www.health.qld.gov.au/clinical-practice/referrals/statewide-specialist-services/palliative-rural-telehealth-service">https://www.health.qld.gov.au/clinical-practice/referrals/statewide-specialist-services/palliative-rural-telehealth-service</a> palliPHARM – aims to facilitate mechanisms that ensure community palliative patients, whether in residential aged care facilities (RACFs) or private homes, have timely access to anticipatory medicines. <a href="https://www.psa.org.au/pallipharm/">https://www.psa.org.au/pallipharm/</a>
University of Tasmania – Wicking Institute	The Wicking Dementia Research and Education Centre offers a free Massive Open Online Course (MOOC) <i>Understanding Dementia</i> , a university-quality education about the latest in dementia research and care. <a href="https://www.utas.edu.au/wicking">https://www.utas.edu.au/wicking</a>