



Guideline: Advanced Life Support Level 2 – Guide for Practitioners

Overview

- General Practitioners working in rural and remote facilities are required to have current training in Advanced Life Support Level 2 (ALS2) or equivalent.
- Core competencies included in an ALS2¹ or equivalent course:
 - Recognition, assessment and management of the deteriorating patient using a structured ABCDE approach (aiming to prevent cardiac arrest).
 - Treat cardiac and/or respiratory arrest, including manual defibrillation.
 - Management of life-threatening arrhythmias.
 - Preparing and planning for post resuscitation care.
 - Care for the deteriorating patient or patient in cardiac and/or respiratory arrest in special circumstances such as asthma, anaphylaxis, and pregnancy.
 - Lead a team, work as a team member, and use structured communication skills including giving an effective handover.
 - Consideration for end of life decision making.
- ALS2 or equivalent skills must be renewed every three years. Recertification may be done by completing a full course or an approved refresher course.
- Evidence of current ALS2 or equivalent skills is required with all new and renewal credentialing applications.
- Evidence may be in the form of a course certificate or if the course is listed on a College CPD statement.
- If no evidence of current ALS2 or equivalent, confirmation of a course booking is considered acceptable until completion of the course and submission of course certificate.

ALS2 Courses

- Australian Resuscitation Council (ARC) ALS2:
 - Courses are provided by Accredited Course Centres located in metropolitan and rural areas across Australia.
 - ARC Accredited Course Centres will display the ARC Logo and issue ARC ALS2 certificates
 - [Register of ARC ALS2 Accredited Course Centres](#)
 - [ARC course dates for all States and Territories](#)

¹ Australian Resuscitation Council, Advanced Life Support Level 2, <https://resus.org.au/courses/#als2>

- The following courses are recognised by the Credentialing Committee as having equivalent content to ALS2:
- Australian and New Zealand College of Anaesthetists (ANZCA) - [Emergency Management of Anaesthetic Crises \(EMAC\)](#)
- Australian College of Critical Care Nurses (ACCCN) - [Advance Life Support Program](#)
- Australian College of Rural and Remote Medicine (ACRRM) - [Rural Emergency Skills Training \(REST\)](#)
- Clinical Skills Development Centre – [Advanced Life Support](#)
- CRANaplus:
 - [Advanced Life Support \(ALS\)](#)
 - [Advanced Remote Emergency Care Course \(AREC\)](#)
- Critical Care Education Services - [Basic & Advanced Life Support](#)
- Emergency Life Support - [Emergency Life Support Course](#)
- Health Workforce Queensland - [Rural Emergency Medicine Workshop](#)
- HealthCare Training Service (HCTS) – [Advanced Life Support Course](#)
- Health ED Professionals Pty Ltd – [Advanced Life Support Level 2](#) (no longer providing to Medical Practitioners)
- Hunter New England Local Health District - [Simulation Enhanced Advanced Life Support \(SEALS\)](#)
- LearnEM:
 - [Rural Emergency Skills Program \(RESP\)](#)
 - [Critical Care, Resuscitation, Advanced Life Support, Simulation and Skills Training \(CRASH\)](#)
- New Zealand Resuscitation Council – [CORE Advanced](#)
- Princess Alexandra Hospital, Metro South Hospital and Health Service – Advanced Life Support
- Royal Australian College of General Practitioners (RACGP) - [Clinical Emergency Management Program – Advanced \(CEMP\)](#)
- Rural Doctors Workforce Agency (RDWA) – [Rural Emergency Skills Program \(RESP\)](#)
- Rural Health West - [Rural Emergency Assessment Clinical Training \(REACT\)](#)
- Saint John, New Zealand - [Primary Response in Medical Emergencies \(PRIME\)](#)
- South West Hospital and Health Service – [Advanced Life Support](#)

- The following courses are recognised as a **refresher course for ALS2 or equivalent**. The refresher course must be completed prior to the expiry of ALS2 or equivalent certification:
 - Australian Resuscitation Council - [ALS Provider Recertification Course](#)
 - HealthCare Training Service – [Advanced Life Support Recertification and Paediatric BLS & ALS Recertification](#) to be completed
 - LearnEM – [Advanced Life Support 2: Masterclass](#)