Queenslanders are being asked to get COVID-Ready. Your patients will probably ask you about what to do during an outbreak, especially if they:

- have an existing health condition that puts them at greater risk of getting seriously ill from COVID-19
- have a disability and they receive support services from you or another health professional
- have children who are worried about what might happen if they need to be admitted to hospital
- live far from a hospital
- live in a home where it’s hard to isolate safely because of their physical or social circumstances
- have mental health needs
- have relatives in aged care.

Queensland Health has prepared a range of consumer information about getting prepared for an outbreak, including getting COVID Care at Home, or getting COVID Care in Hospital, as well as phone numbers and websites for:

- information about COVID-19
- getting help if people need to isolate and have no other way to have shopping food and essentials delivered
- financial support
- mental health support.

This is available on the Queensland Health website at www.qld.gov.au/covid-ready

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1. Talk to your patients about writing a COVID Care Plan early. It includes important information about their health, their health providers, and any children and other dependents
2. Plan for how you’ll care for your patients during an outbreak. This may be virtually using telehealth, or some home visits for people with chronic conditions or disabilities
3. Protect yourself with PPE
4. Display Get COVID-Ready materials for the public in your clinics
5. Remind patients it’s not too late to vaccinate and encourage them to get a booster
6. Be ready to ask for help if you need it

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Need more information?

13 Health - 13 43 25 84
Coronavirus Mental Wellbeing - 1800 512 348
www.qld.gov.au/covid-ready