

# Our plan for palliative care workers

Queensland Health



Easy English



Queensland  
Government

## Hard words



This book has some hard words.

The first time we write a hard word

- the word is in **blue**
  
- we write what the hard word means.

## You can get help with this book



You can get someone to help you

- read this book
  
- know what this book is about
  
- find more information.

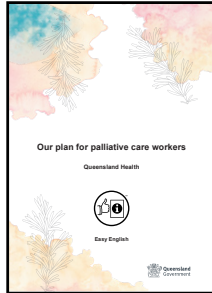


We will write contact information at the end of this book.

## About this book



This book is from Queensland Health.



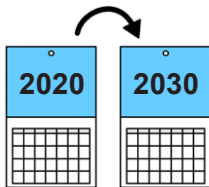
This book is about our plan for **palliative care** workers in Queensland.

Palliative care means care when you are sick and

- there is **no** cure
- you are likely to die.



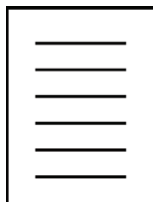
A person might need palliative care for many years.



The plan for palliative care workers is part of our work to make palliative care better in Queensland.



We will call it **the plan**.



# We acknowledge First Nations people

**Acknowledge** means we understand the importance of **First Nations people's**



- culture
- language
- history.



First Nations people are the

- Aboriginal people

**and**

- Torres Strait Islander people.

First Nations people are a very important part of palliative care services in Queensland.

# Who are palliative care workers?

Many different workers give palliative care services.

For example



- doctors



- nurses



- workers in First Nations health services



- other health workers.

## How we made the plan



We listened to what people told the government they want from palliative care.



We also talked to

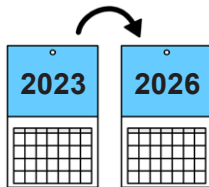
- palliative care workers



- government experts



- health experts.



The plan will go until 2026.



We will check to make sure the plan is working.

## What we already do well



Our palliative care workers have good skills.

People work well together across different parts of health services.



Our workers work hard to support

- patients



- carers



- families.

## What we want to do better

### Care services away from big cities



People from all parts of Queensland should be able to get palliative care services.



We need more palliative care workers in places away from big cities.

### Spiritual support

We want to give better **spiritual support**.

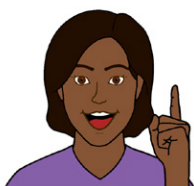


Spiritual support can be when someone

- helps you feel less alone



- listens to how you feel about dying



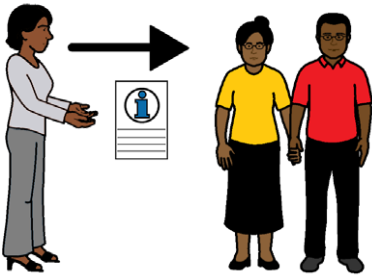
- helps you think about what you want.



## Care for First Nations people

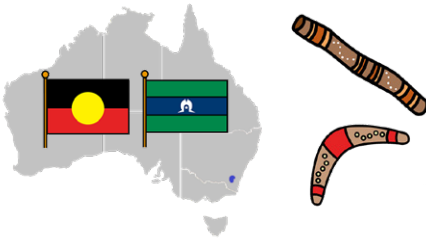


We need to think about what First Nations people need from palliative care.



We will give First Nations people better information about palliative care.

There will be more First Nations palliative care workers.



We will **respect**

- First Nations culture and languages



- how First Nations people talk about dying.

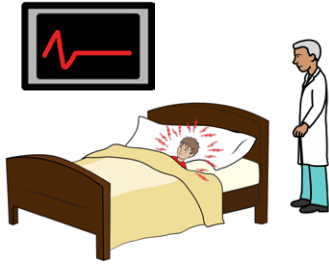
Respect means we understand that

- everyone is important

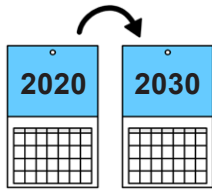


- everyone should have a choice.

## Care for children and young people



We will have more palliative care services for children and young people.



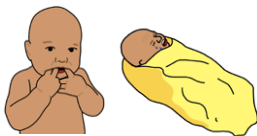
Children and young people need special care.

For example

- care over a long time

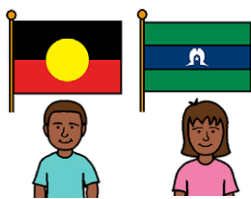


- care that includes the family.



We will think a lot about the needs of

- children under 1 year old



- First Nations children



- children from families who do **not** speak English.

## Bereavement support

We want to give **bereavement support**.



Bereavement support means help when you are sad because someone is dying.



Bereavement support can be for

- the person who is dying
- loved ones of the person who is dying.



Bereavement support is also for loved ones after someone has died.



## What we will do

We will think about how to help workers make palliative care



- fair
- easy to get
- right for each person.



We will help workers to

- understand how you feel
- respect you.



We will make many more jobs for palliative care workers.



We want to make sure there are more workers in all parts of Queensland.



We will think about ways to find more workers who live away from big cities.



We will make palliative care services good places to work so workers stay with us.



We will make

- training for palliative care workers better



- more jobs for people who train palliative care workers.



We will help palliative care workers be good leaders.



We will give workers the things they need to give good care to everyone.



We will work together with other organisations so people get better palliative care.

## More information



For more information contact  
Queensland Health.



Call            13 74 68



Website    [health.qld.gov.au](http://health.qld.gov.au)



Email            [healthworkforce@health.qld.gov.au](mailto:healthworkforce@health.qld.gov.au)

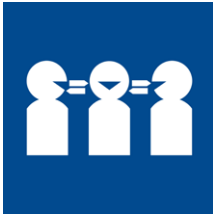


**You can read the full report on our website**

Website

[health.qld.gov.au/palliative-care-reform](http://health.qld.gov.au/palliative-care-reform)





### **If you do not speak English**

Use the free Translating and Interpreting Service or TIS.



Call            131 450

Give the TIS officer the phone number you want to call.



### **If you need help to speak or listen**

The National Relay Service can help you make a phone call.



Call            1800 555 660



Website    [bit.ly/nrs-helpdesk](http://bit.ly/nrs-helpdesk)

Give the relay officer the phone number you want to call.

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