



Palliative Care Resources: a Selection

Organisation	Resources
Australian Indigenous HealthInfoNet	The Australian Indigenous HealthInfoNet provides information about publications, policies, programs, resources and organisations which are relevant to the end of life care of Aboriginal and Torres Strait Islander people. <ul style="list-style-type: none"> • Pop Arthur • https://healthinonet.ecu.edu.au/key-resources/resources/21982/?title=Pop+Arthur&contentid=21982_1
Advance Care Planning Australia [ACP Australia]	A range of resources, learning and information about advance care planning <ul style="list-style-type: none"> • https://www.advancecareplanning.org.au/ • Supporting health practitioners, care workers, students, individuals and substitute decision-makers to learn about advance care planning. • https://learning.advancecareplanning.org.au/
Cancer Council Queensland	A wide range of resources supplied by Cancer Council Queensland Ph: 13 11 20 https://cancerqld.org.au/ PalAssist Free service for anyone who has a life-limiting illness or condition, and/or their families and carers. Ph: 1800 772 273 https://www.palassist.org.au/
Caresearch	Australian site providing consolidated online palliative care knowledge for health professionals, people needing palliative care and their families, and for the general community. https://www.caresearch.com.au/ Includes the palliAGED website .
Caring at home	To improve the quality of palliative care service delivery for all Australians with resources to support carers and families to help manage end-of-life symptoms for a person at home including safely using subcutaneous medicines. caringathomeproject.com.au
Centre for Palliative Care Research and Education	<ul style="list-style-type: none"> • Guidelines for subcutaneous infusion device management in palliative care (2021) • Monthly eEvents bulletin and Online calendar • Bi-monthly e-News • Annual Research Conference; • Online education for specialist & non-specialist palliative care clinicians • GP palliative care education videos Ph: 07 3646 1449 E: cpcre@health.qld.gov.au Web: www.health.qld.gov.au/cpcre
End of Life Directions for Aged Care (ELDAC)	ELDAC provides information, guidance, and resources to health professionals and aged care workers to support palliative care and advance care planning to improve the care of older Australians. www.eldac.com.au
End of Life Law for Clinicians	Accurate and practical information including learning modules, to navigate challenging legal issues and a broad introduction to end of life law to help know the law, your rights & duties. https://end-of-life.qut.edu.au/
Last 1000 Days	Draws attention to where and how time is wasted. To reinforce the positioning of the patient's time as the most important currency in health care. https://www.last1000days.com/
National Palliative Care Program, Australian Government Department of Health	Multiple resources, online and print, including: <ul style="list-style-type: none"> • How a palliative approach can help older people • GP Best Practice Research Project



CPCRE acknowledges the Traditional Custodians of the many Countries, lands and waters across Queensland and Australia on which we walk, work and live. CPCRE is a state-wide service with offices located in Brisbane, traditionally known as Meanjin belonging to and cared for by the Turrbal peoples.



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Office of Advance Care Planning (Qld)	Queensland Advance Care Planning forms/ Statement of Choices https://metrosouth.health.qld.gov.au/acp/queensland-advance-care-planning-forms
Palliative Care Australia [PCA]	National peak body for palliative care providing online and print resources. https://palliativecare.org.au/publications/
Palliative Care Queensland [PCQ]	Queensland peak body representing palliative care providers, consumers and their families in Queensland. https://palliativecareqld.org.au/
PalAssist	Free service for anyone who has a life-limiting illness or condition, and/or their families and carers. Ph: 1800 772 273 7am – 7pm, 7 days https://www.palassist.org.au/
Program of Experience in Palliative Approach [PEPA]	PEPA Queensland provides workshops and opportunities for non-specialist palliative care clinicians to undertake a supervised clinical placement within a palliative care specialist service. PEPA Qld: pepaqld@health.qld.gov.au web: https://pepaeducation.com/
Queensland Government	Aboriginal & Torres Strait Islander Health Unit: Sad News, Sorry Business https://www.health.qld.gov.au/__data/assets/pdf_file/0023/151736/sorry_business.pdf Comparison table: advance care planning documents https://www.qld.gov.au/health/support/end-of-life/advance-care-planning/key-documents palliPHARM – aims to facilitate mechanisms that ensure community palliative patients, whether in residential aged care facilities (RACFs) or private homes, have timely access to anticipatory medicines. https://www.psa.org.au/pallipharm/ PallConsult – designed to boost the ability of healthcare teams to deliver patient-centred palliative care, especially in rural and remote parts of the state. https://metrosouth.health.qld.gov.au/pallconsult Specialist Palliative Rural Telehealth Service – Rural and Remote (SPaRTa) https://www.health.qld.gov.au/clinical-practice/referrals/statewide-specialist-services/palliative-rural-telehealth-service

A short selection of Palliative Care Texts

A Field Manual for Palliative Care in Humanitarian Crises. Waldman E, Glass M. (2019) Oxford University Press.	www.global.oup.com or your local bookseller
Cancer-related Breakthrough Pain – 3 rd ed. Davies A. (2019). Oxford University Press (Oxford Pain Management Library) OPML.	www.global.oup.com or your local bookseller
Clinical practice guidelines for communicating prognosis and end-of-life issues with adults. Clayton J, Hancock K, Butow P, Tattersall M, Currow D. (2007). MJA Supplement, 186(12):S77-S108.	Clinical practice guidelines for communicating prognosis and end-of-life issues with adults
Oxford Handbook of Palliative Care – 3 rd ed. Watson M, Ward S, Vallath N. (2019). Oxford University Press.	www.global.oup.com or your local bookseller
Pain in RACFs: Management Strategies 2 nd ed. Goucke R. et al. (2018). Australian Pain Society.	Australian Pain Society:Publications apsoc.org.au
Palliative Care Formulary – 7 th ed. Wilcock A, Howard P, Charlesworth S. (eds). (2020). Pharmaceutical Press.	www.pharmpress.com
With the End in Mind: Dying, Death & Wisdom in an Age of Denial. Mannix K. (2017). Harper Collins Publishers.	http://www.harpercollins.com.au/



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