

Diphtheria: know the signs, stay strong

Diphtheria can make you very sick but seeking medical attention early can keep you and your family safe.

What to look out for



- Sore throat
- Hard to breathe
- Swollen neck



- A thick, grey/white coating in throat
- Hard to swallow food or drink



- Sores or ulcers that take a long time to heal



- Fever
- Runny nose
- Noisy breathing or hoarse voice

How do you catch diphtheria?

- When another person with diphtheria coughs or sneezes
- By touching infected skin sores
- By sharing towels, clothes or bedding
- Touching surfaces that have germs on them

If you are not sure or worried, talk to your health worker, doctor or community health service.



Scan the QR code to find out more

For health advice call
13 HEALTH (13 43 25 84)

Stay up to date with your immunisations and help protect Elders, kids, and community.