PATIENT INFORMATION SHEET ONLY

NO DOCUMENTED CONSENT REQUIRED
1. What is a Urethrogram?
A Urethrogram is an x-ray procedure of the urethra (the tube that drains urine from the bladder). Contrast (once called x-ray dye) is injected into your urethra. Contrast allows your urethra to be seen more clearly on the x-ray pictures.
A Urethrogram can be done with a Cystogram or as a separate procedure.
For more information on a Cystogram and the risks involved please read the Cystogram Patient Information Sheet. (If you do not have this information sheet please ask for one).

2. Will there be any discomfort, is any anaesthetic needed?
You may feel mild discomfort when the catheter is inserted into the urethra and when the small balloon is inflated.
An anaesthetic gel is used to ease this discomfort.

3. Preparation for the procedure
The medical imaging department will give you instructions on how to prepare for your procedure.
- Please tell staff if you have a urinary tract infection. The infection could become worse if the procedure is done.

4. During the procedure
A small lubricated catheter is gently placed into the urethra which is at the end of your penis. A small balloon on the end of the catheter is then inflated to hold the catheter in place during the procedure.
Contrast is inserted into the urethra through the catheter.
X-ray pictures are taken.
If a Cystogram is also requested, your bladder will be filled with contrast at the same time and more pictures will be taken.
At the end of the procedure the balloon is deflated and the catheter is removed.

5. What are the risks of this specific procedure?
The risks and complications with this procedure can include but are not limited to the following.

Common risks and complications include:
- Minor pain, bruising and/or bleeding at the insertion site from the catheter. This should resolve on its own.

Less common risks and complications include:
- Infection, requiring antibiotics and further treatment.
- An increased lifetime cancer risk due to the exposure to x-rays.
- Death as a result of this procedure is very rare.

6. What are the safety issues when you leave the hospital?
Go to your nearest Emergency Department or GP if you become unwell.

Notes to talk to my doctor/health practitioner about:

Rare risks and complications include:
- Allergic reaction to the Contrast. This could result in a rash, hives, itching, nausea, fainting or shortness of breath. Medication may be given to relieve this.
- Perforation of the urethra. This may require surgery.
- The procedure may not be possible due to medical and/or technical reasons.