**Time Out**

*Refers to contagious conditions as per the Public Health Regulation 2018.

1. Observing the exclusion period meets the intent of the Public Health Act 2005 for a person to be non-infectious. See schedule 4 of the Public Health Regulation 2018 for a complete list of contagious conditions and their exclusion criteria.

2. Doctors should notify the local Public Health Unit as soon as possible if children or staff are diagnosed with these conditions. Refer to page 2 for Public Health Unit contact details.

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### Condition

**Person with the infection**

**Those in contact with the infected person**

*(The definition of ‘contact’ will vary between diseases)*

<table>
<thead>
<tr>
<th>Condition</th>
<th>Person with the infection</th>
<th>Those in contact with the infected person</th>
</tr>
</thead>
<tbody>
<tr>
<td><em>Chickenpox (varicella)</em></td>
<td>EXCLUDE until all blisters have dried, and at least 5 days after the onset of symptoms.¹</td>
<td>EXCLUSION MAY APPLY non-immune pregnant women and any child with immune deficiency or receiving chemotherapy. Advise to seek urgent medical assessment. Contact your Public Health Unit for specialist advice. Also see Shingles information below.</td>
</tr>
<tr>
<td>Cold sores (herpes simplex)</td>
<td>NOT EXCLUDED if the person can maintain hygiene practices to minimise the risk of transmission. Young children unable to comply with good hygiene practices should be excluded while sores are weeping. Sores should be covered with a dressing where possible.</td>
<td>NOT EXCLUDED</td>
</tr>
<tr>
<td>Conjunctivitis</td>
<td>EXCLUDE until discharge from eyes has ceased unless a doctor has diagnosed non-infectious conjunctivitis.</td>
<td>NOT EXCLUDED</td>
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<tr>
<td>*COVID–19</td>
<td>EXCLUDE until symptoms have resolved, normally 5–7 days.</td>
<td>NOT EXCLUDED</td>
</tr>
<tr>
<td>Cytomegalovirus (CMV)</td>
<td>NOT EXCLUDED pregnant women should consult with their doctor.</td>
<td>NOT EXCLUDED pregnant women should consult with their doctor.</td>
</tr>
<tr>
<td>Diarrhoea and/or Vomiting including:</td>
<td>Exclusion periods may vary depending on the cause. EXCLUDE a single case until the person, has no symptoms ¹ (includes vomiting if applicable), is feeling well and they have not had any loose bowel motions for at least 24 hours or if the person has confirmed norovirus exclude for at least 48 hours.²</td>
<td>NOT EXCLUDED</td>
</tr>
<tr>
<td><em>amoebiasis</em></td>
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<td><em>campylobacter</em></td>
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<td><em>cryptosporidium giardia</em></td>
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<td><em>rotavirus</em></td>
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<td><em>salmonella</em></td>
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<tr>
<td><em>gastroenteritis</em></td>
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<tr>
<td>but excluding:</td>
<td></td>
<td></td>
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<tr>
<td><em>norovirus</em></td>
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<tr>
<td><em>shigellosis</em></td>
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<tr>
<td><em>toxin-producing forms of E.coli (STEC)</em></td>
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<tr>
<td>See information below if norovirus is confirmed or considered likely as the cause of diarrhoea and vomiting.</td>
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</tr>
<tr>
<td><em>Enterovirus 71 (EV71 neurological disease)</em></td>
<td>EXCLUDE until written medical clearance is received confirming the virus is no longer present in the person’s bowel motions.³</td>
<td>NOT EXCLUDED</td>
</tr>
<tr>
<td>Fungal infections of the skin and nails (ringworm/tinea)</td>
<td>EXCLUDE until the day after antifungal treatment has commenced. (No exclusion for thrush).</td>
<td>NOT EXCLUDED</td>
</tr>
<tr>
<td>Glandular fever (mononucleosis, Epstein-Barr virus)</td>
<td>NOT EXCLUDED</td>
<td>NOT EXCLUDED</td>
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<tr>
<td><em>German measles (rubella)</em></td>
<td>EXCLUDE for 4 days after the onset of rash³ or until fully recovered, whichever is longer. Pregnant women should consult with their doctor.</td>
<td>NOT EXCLUDED pregnant women should consult with their doctor.</td>
</tr>
<tr>
<td><em>Haemophilus influenzae type b (Hib)</em></td>
<td>EXCLUDE until the doctor confirms the person is not infectious and has completed 4 days of appropriate antibiotic treatment.¹ Contact your Public Health Unit for specialist advice.</td>
<td>EXCLUSION MAY APPLY non-immune pregnant women and any child with immune deficiency or receiving chemotherapy. Advised to seek urgent medical assessment. Contact your Public Health Unit for specialist advice.</td>
</tr>
<tr>
<td>Hand, foot and mouth disease</td>
<td>EXCLUDE until all blisters have dried.</td>
<td>NOT EXCLUDED</td>
</tr>
<tr>
<td>Head lice</td>
<td>Exclusion is not necessary if effective treatment is commenced before next attendance day (i.e. the child does not need to be sent home immediately if head lice are detected).</td>
<td>NOT EXCLUDED</td>
</tr>
<tr>
<td><em>Hepatitis A</em></td>
<td>EXCLUDE until at least 7 days after the onset of jaundice;³ OR for 2 weeks after onset of first symptoms, including dark urine if there is no jaundice. If a person is asymptomatic contact your Public Health Unit for Specialist advice.</td>
<td>NOT EXCLUDED</td>
</tr>
</tbody>
</table>

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*Queensland Health*

November 2022
**Condition** | **Person with the infection** | **Those in contact with the infected person**
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Hepatitis B and C | NOT EXCLUDED cover open wounds with waterproof dressing. | NOT EXCLUDED
Hepatitis E | EXCLUDE until at least 2 weeks after the onset of jaundice. | NOT EXCLUDED
Human Immunodeficiency virus (HIV/AIDS) | NOT EXCLUDED cover open wounds with waterproof dressing. | NOT EXCLUDED
Influenza and influenza-like illness | EXCLUDE until symptoms have resolved, normally 5–7 days. | NOT EXCLUDED
*Measles*

EXCLUDE until the doctor confirms the person is not infectious but not earlier than 4 days after the onset of the rash.¹

Contact your Public Health Unit for specialist advice.

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Meningitis (bacterial) | EXCLUDE until well and has received appropriate antibiotics. | NOT EXCLUDED
Meningitis (viral) | EXCLUDE until well. | NOT EXCLUDED
*Meningococcal infection²* | EXCLUDE until the treating doctor confirms the child is not infectious and at least 24 hours of appropriate antibiotics have been completed. Contact your Public Health Unit for specialist advice. | NOT EXCLUDED
Molluscum contagiosum | NOT EXCLUDED | NOT EXCLUDED
Mumps | EXCLUDE for 5 days after onset of swelling. Pregnant women should consult with their doctor. | NOT EXCLUDED
*Rorovirus* | EXCLUDE until no symptoms and no loose bowel motions for 48 hours.¹ | NOT EXCLUDED
Roseola, sixth disease | NOT EXCLUDED | NOT EXCLUDED
Scabies | EXCLUDE until the day after treatment has commenced. | NOT EXCLUDED
School sores (impetigo) | EXCLUDE until 24 hours of appropriate antibiotics have been completed. Cover sores on exposed areas with a waterproof dressing until sores are dry, and encourage handwashing. | NOT EXCLUDED
Shiga toxin-producing E.coli (STEC) | EXCLUDE until diarrhoea has stopped and 2 samples have tested negative. Contact your Public Health Unit for specialist advice. | EXCLUSION MAY APPLY
Slapped cheek syndrome, fifth disease (parvovirus B19, erythema infectiosum) | NOT EXCLUDED pregnant women should consult with their doctor. Note: Children are contagious until 24 hours after the fever resolves. Rashes generally occur after the infectious period has passed. | NOT EXCLUDED
Shigellosis | EXCLUDE until there has been no diarrhoea or vomiting for 48 hours. Contact your Public Health Unit for specialist advice. | EXCLUSION MAY APPLY
Shingles (herpes zoster) | EXCLUDE all children until blisters have dried and crusted. EXCLUDE adults if blisters are unable to be covered. NOT EXCLUDED in adults if blisters can be covered with a waterproof dressing until they have dried. | EXCLUSION MAY APPLY
Streptococcal sore throat (including scarlet fever) | EXCLUDE until 24 hours of appropriate antibiotics have been completed. | NOT EXCLUDED
*Tuberculosis (TB)³* | EXCLUDE until written medical clearance is received from the relevant Tuberculosis Control Unit. | NOT EXCLUDED
*Typhoid¹ and paratyphoid fever²* | EXCLUDE until appropriate antibiotics have been completed.³ Stool sample clearance will be required, contact your Public Health Unit for specialist advice. | EXCLUSION MAY APPLY
*Whooping cough (pertussis)²* | EXCLUDE until 5 days after starting appropriate antibiotics or for 21 days from onset of cough AND confirmed that they are not infectious.¹ Contact your Public Health Unit for specialist advice. | EXCLUSION MAY APPLY
Worms | EXCLUDE until diarrhoea has stopped for 24 hours and treatment has occurred. | NOT EXCLUDED

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**Note:** This is an assistive tool, it is not intended to replace clinical assessment, management or judgment.

If you have any medical concerns, contact your healthcare provider or 13 HEALTH (13432584)

For further advice on the information within this poster, contact your nearest Public Health Unit via 13Health or at www.health.qld.gov.au/system-governance/contact-us/contact/public-health-units

Further information on recommendations:

- Queensland Department of health Communicable Disease Control Guidance http://disease-control.health.qld.gov.au

Produced by the Communicable Diseases Branch (07) 3328 9753. Last revised November 2022. Printed copies may not be current. Always refer to the latest version found at www.health.qld.gov.au/public-health/schools/prevention