Psychiatry Training

Gold Coast Mental Health Service

Gold Coast Mental Health Service is a large, dynamic and rapidly expanding service which provides mental health care to the Gold Coast, extending from the border of New South Wales to Alberton in South-East Queensland. This catchment area has a population of approximately 600,000.

Gold Coast Health Service District has two hospitals, Gold Coast University Hospital & Robina Hospital as well as four Community Clinics.

We are located in our new $1.76 billion Gold Coast University Hospital which is one of Queensland’s largest clinical teaching and research facilities.

Training Opportunities

The Gold Coast is a major training location. We currently have over 60 Accredited Training positions covering Stage 1, 2 & 3 placements in Adult, Generalist, Child and Adolescent, Psychogeriatrics, Psychotherapy, Addiction and Consultation Liaison. Positions include:

- Adult Inpatient including Acute Young Adult, Mother Baby Unit and Short Stay
- Community Psychiatry - MIRT, Early Psychosis, Acute Care, Continuing Care
- Psychotherapy - 1 day per week for 4 trainees per term.
- Homeless Health Team
- Rehabilitation Psychiatry
- Psychiatry of Old Age
- Consultation Liaison Psychiatry
- Child and Adolescent (Community and Inpatient)
- Addiction
- SHO Psychiatry and GP Training PHO positions also available
- Expanded Settings including Early Psychosis Research, Currumbin Clinic, HyEPP, Perinatal/Infant, CL/Cardiac, Education, Lives Lived Well & GP Liaison.
Teaching Program

The Gold Coast Mental Health Service has a dedicated Monday afternoon teaching program which includes Grand Rounds, Journal Club, Peer Review, Year level meetings and Exam preparation sessions.

Psychotherapy supervision is provided by the service. We have strong links with the two medical schools - Griffith University and Bond University. We offer significant support to overseas trained doctors and support preparation for SIMGE Candidates.

Remuneration

Queensland has one of the most competitive remuneration packages in Australia. Relocation packages are also available.

The Future

Having moved into the new Gold Coast University Hospital, which is a major Tertiary hospital co-located with Griffith University we are focused on growing our service to meet the ongoing needs of our community. Significant career opportunities exist as the Mental Health service continues to grow.

Lifestyle

The Gold Coast is one of the world’s most desirable destinations; a subtropical paradise with over 40 kilometres of world renowned beaches and beautiful rainforest hinterland surrounding Australia’s sixth largest city. A progressive, innovative, multicultural city offers one of the most diverse arrays of careers, business, investment, entertainment and cultural pursuits in Australia.

For all enquiries regarding job opportunities and Registrar training please contact:
GCMHMedicalRecruitment@health.qld.gov.au
For more details, visit our website: www.goldcoasthealth.com.au
Gold Coast Mental Health Service

Training Opportunities in STP and Expanded Settings

**Medical Education Registrar (3rd Year Basic and Advanced Training)**
This supervised training post focuses on the development of knowledge and skills in the area of Medical Education. This post is in partnership with Bond University, and the successful candidate would have the option of significant waiver of fees to join the Masters of Clinical Education through Bond University. This role will focus on the development, enhancement and evaluation of Medical Education from undergraduate to trainees, and will provide an opportunity to increase skills in leadership, management, psychological therapies, mentoring and supervision. The Registrar will be given time for participation in Research in the area of Medical Education.

**Early Psychosis Research Registrar (Stage 2 & 3 - Accredited for Adult or Child)**
This supervised training post focuses on the clinical and research work on Early Intervention, particularly with the Ultra High Risk of Psychosis population. The primary focus for both the Clinical and Research Components will be in the area of Early Detection and Intervention of Patients at high risk of developing a first episode of Psychosis. The Trainee is also regularly involved with the public hospital for training in this Rotation.

**Psychotherapy Registrar (Stage 2 & 3)**
This supervised training post provides either Basic Training or Advanced Training with particular experience in a number of areas, particularly in the area of high prevalence conditions. It will provide experience with a number of Psychotherapy Modalities which may include Cognitive Behaviour Therapy, Dialectic Behaviour Therapy, Psychodynamic Psychotherapy and Family Therapy. The position will enable the trainees to meet their mandatory requirements in high prevalence conditions, Basic Training and Advanced Training Psychotherapy mandatory requirements. The Trainee is also regularly involved with the public hospital for training in this Rotation.

**Headspace Youth Early Psychosis Program (Stage 2 & 3)**
The hYEPP program is an integrated and holistic service for young people experiencing early psychosis or at risk of developing psychosis, and their families. The Trainee is also regularly involved with the public hospital for training in this Rotation.

**Private Hospital Registrar (Basic or Advanced)**
Currumbin Clinic is a 64 bed acute general adult private psychiatric hospital and you will be part of a dynamic, enthusiastic, friendly team, excellent education and research programs. The registrar position is fully accredited for training providing strong clinical training in general psychiatry which allows our graduates to succeed in academia, private practice, public settings, and research institutes. The trainee will receive supervision with Dr Matt McDornan and ample opportunities for Exam preparation. Specialised inpatient services for Personality Dysfunction in motivated patients, Post Traumatic Stress Disorder, Drug and Alcohol detoxification and treatment are a highlight. The trainee participates in the twice weekly educational programmes of Gold Coast Mental Health Service.
General Practice Liaison Registrar (Basic or Advanced)
This supervised training post will enable the Trainees to experience the dual role of management of patients in primary care as well as supporting the GP at the same time. General Practice Liaison improves access to mental health care, improves continuity of care, increases communication and coordination of care, makes more efficient use of available resources, and increases the capacity of both the mental health and primary health care systems. The Trainee is also regularly involved with the public hospital for training in this Rotation. This is an excellent opportunity to gain this experience under the supervision of Psychiatrists with expertise in the area of Addiction Psychiatry.

Addiction Psychiatry Registrar (Stage 2 & 3 - Accredited both Adult and Addiction)
This supervised training post attached to the Gold Coast Drug Council, will enable the Trainees to gain valuable experience in the assessment and management of Dual Diagnosis patients. There will be an opportunity to gain experience and skills in the management of a broad range of Drug and Alcohol issues, in a number of treatment settings. These settings will include Lives Lived Well (a residential Drug Rehabilitation Program), ATODS (gaining experience in opioid treatments and other detoxification techniques), and Headspace. The Trainee is also regularly involved with the Gold Coast Mental Health Service for training in this Rotation. This is an excellent opportunity to gain this experience under the supervision of Psychiatrists with expertise in the area of Addiction Psychiatry.

Older Persons Mental Health Registrar (Stage 2 & 3 - Accredited Adult and OPMH)
This is an excellent opportunity for trainees to experience a much broader training experience gaining experiences in Aged Care Mental Health, providing opportunities in Consultation Liaison Psychiatry, which currently represent bottlenecks in Psychiatry training in general hospitals, and opportunities for enhanced relationships between General Practitioners and the Mental Health Service. The Trainee is also regularly involved with the public hospital for training in this Rotation.

CL/Cardiology Registrar (Stage 2 & 3 - Accredited Adult and C/L)
The Cardiology Consultation Liaison training position is the first cardiac psychiatry training opportunity available in Queensland. The post is unique in providing both a community private practice component and a dedicated research component, alongside public community and inpatient consultation liaison service provision. These elements all focus on the interface between mental illness and cardiac disease, or related chronic illness. Apart from being credited as a consultation liaison term, the rotation would provide excellent experience for a basic or advanced trainee wanting to learn more about private practice. With protected time for research, this rotation would also be suitable for trainees wishing to progress a scholarly project in cardiac psychiatry.

For all enquiries regarding job and training opportunities please contact: GCMHMedicalRecruitment@health.qld.gov.au