

# Stay On Your Feet®



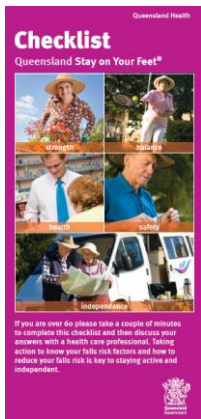
## Ordering Queensland Stay On Your Feet® falls prevention resources for Queensland Health staff





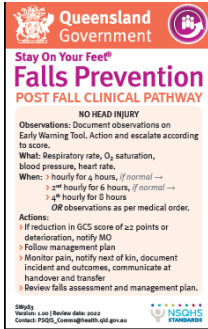
In Queensland Health ordering through [WINC](#) can be done by a Queensland Health staff member who has WINC access and authority to order resources via credit card.

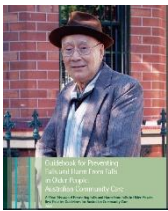


All resources are available at cost price. The cost is greatly reduced as Patient Safety and Quality, Clinical Excellence Queensland order these resources at state-wide volumes, which means all Hospital and Health Services can then benefit from the reduced prices.

### Tip:

You can search “*Stay On Your Feet*” or enter the WINC code to find the resource you are looking for.

 <div>PATIENT SAFETY UNIT (4CO280712F) (10673802) <a href="#">Logout</a></div>	
<div>WELCOME TO WINC <span>📞 13 26 44</span> <span>🛒 0</span> <span>👤 My Account</span></div>	
<div> <span>SHOP BY CATEGORY ▾</span> <span>1NY31176  </span> <span>×</span> <span>All Categories ▾</span> <span>🔍</span> <span>★ My List</span> </div>	
<p><b>How to Stay On Your Feet® Checklist (long)</b>  <b>WINC Code:</b> 1NY31176  <b>Description:</b>          This comprehensive checklist covers a range of factors that may put older people at risk of a fall including wellbeing, nutrition, physical activity, health conditions, footwear and hazards in and around the home. Potential solutions for overcoming any issues identified are provided. It is recommended that older people complete this checklist with a health professional.</p>	
<p><b>Stay On Your Feet® Checklist (short)</b>  <b>WINC Code:</b> 1NY31387  <b>Description:</b>          This short checklist helps older people quickly identify issues that may put them at risk of a fall. After completing the checklist, seniors can discuss any concerns with a health professional.</p>	

<p><b>Ageing with vitality: Your everyday guide to healthy active living</b>  <b>WINC Code:</b> 1NY33706  <b>Description:</b>  <i>Ageing with vitality</i> is a bundle (guide and workbook). The guide is full of tips, real-life stories and sample exercises to make being healthy and active fun. It suggests everyday activities and exercises for strength, balance, flexibility and endurance that people can do at home with simple-by-step instructions and photographs.</p> <p>The workbook is used in conjunction with the guide. The workbook is used to plan and record progress as people increase their levels of physical activity and improve their fitness.</p>	
<p><b>BE SAFE Patient brochure</b>  <b>WINC Code:</b> 1NY31867 (SW556)  <b>Description:</b>  This brochure will advise patients How to Stay On Your Feet® in hospital, reduce the risk of a fall and prepare for going home.</p>	
<p><b>Falls magnets (large)</b>  <b>WINC Code:</b> 1NY31923 (SW558)  <b>Description:</b>  Large falls risk magnets (size: 14cm x 14cm).</p>	
<p><b>Falls magnets (small)</b>  <b>WINC Code:</b> 1NY31870 (SW561)  <b>Description:</b>  Small falls risk magnets (size: 8cm x 8cm).</p>	
<p><b>Stay On Your Feet® Falls Prevention Post Fall Clinical Pathway lanyard</b>  <b>WINC code:</b> 1NY36381 (SW983)  <b>Description:</b>  The Stay On Your Feet® Falls Prevention Post Fall Clinical Pathway lanyard is a summary of the key observations and actions for clinicians to take after a patient has had an unwitnessed or witnessed fall.</p>	

<p><b>Preventing Falls &amp; Harm From Falls in Older People Best Practice Guidelines for Australian Community Care</b>  <b>WINC code:</b> 1NY31939  <b>Description:</b>  The guidelines are written by the Australian Commission on Safety and Quality in Healthcare to promote patient-centred independence and rehabilitation.</p>	
<p><b>Preventing Falls &amp; Harm From Falls in Older People Best Practice Guidelines for Australian Hospitals</b>  <b>WINC code:</b> 1NY31903  <b>Description:</b>  The guidelines are written by the Australian Commission on Safety and Quality in Healthcare to promote patient-centred independence and rehabilitation.</p>	
<p><b>Preventing Falls &amp; Harm From Falls In Older People Best Practice Guidelines for Australian Residential Aged Care Facilities</b>  <b>WINC Code:</b> 1NY31897  <b>Description:</b>  The guidelines are written by the Australian Commission on Safety and Quality in Healthcare to promote patient-centred independence and rehabilitation.</p>	

For more information on falls prevention contact:

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Queensland Health  
E: [stayonyourfeet@health.qld.gov.au](mailto:stayonyourfeet@health.qld.gov.au)