

Stay On Your Feet®

Ordering Queensland Stay On Your Feet® falls prevention resources for Queensland Health staff

In Queensland Health ordering through [WINC](#) can be done by a Queensland Health staff member who has WINC access and authority to order resources via credit card.

Tip:

You can search “*Stay On Your Feet*” or enter the Winc code to easily find the resource you are looking for.



All resources are at cost price. The cost is greatly reduced as Patient Safety and Quality Improvement Service order these resources at state-wide volumes, which all HHS can then benefit from the reduced prices.

How to Stay On Your Feet® checklist (long)






WINC Code: [1NY31176](#)


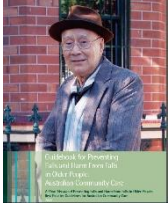


Cost: \$1.81 each plus postage.

Description:

This comprehensive checklist covers a range of factors that may put older people at risk of a fall including wellbeing, nutrition, physical activity, health conditions, footwear and hazards in and around the home. Potential solutions for overcoming any issues identified are provided. It is recommended that older people complete this checklist with a health professional.



<p>How to Stay On Your Feet® checklist (short) WINC Code: 1NY31387 (V5.00 - Sw555) Cost: \$11.34 Pack Of 100, plus postage Description: This short checklist helps older people quickly identify issues that may put them at risk of a fall. After completing the checklist, seniors can discuss any concerns with a health professional.</p>	
<p>Ageing with Vitality Work and Guidebook WINC Code: 1NY33706 Cost: \$3.48 plus postage Description: The guide is full of tips, real-life stories and sample exercises to make being healthy and active fun. It suggests everyday activities and exercises for strength, balance, flexibility and endurance that you can do at home. Your everyday guide to healthy active living (see above) to plan and record progress as you increase your levels of physical activity and improve your fitness.</p>	
<p>BESAFE Patient brochure WINC Code: 1NY31867 (SW556) Cost: Pack Of 100 - 50 of each Brochure \$5.46 per pack Description: This brochure will advise you How to Stay On Your Feet® in hospital, reduce the risk of a fall and prepare for going home. These two brochures have identical content except for the front images.</p>	
<p>Falls Magnets (large) WINC Code: 1NY31923 (SW558) Cost: Pack of 20 \$11.96 Description: Large Falls Risk magnets (size: 14cm x 14cm)</p>	
<p>Falls Magnets (small) WINC Code: 1NY31870 (SW561) Cost: Pack of 20 \$6.04 Description: Small Falls Risk Magnets (size: 8cm x 8cm)</p>	

<p>Stay On Your Feet® Ask Me How badge WINC Code: 1NY34611 (SW587) Cost: Pack of 25 \$28.36 Description: Stay On Your Feet® Ask Me How badge</p>	
<p>Preventing Falls & Harm Older people Best Practice Guidelines WINC code: 1NY31939 Cost: postage only Description: The guidelines are written by the Australian Commission on Safety and Quality in Healthcare to promote patient-centred independence and rehabilitation.</p>	
<p>Prevention of Falls & Harm Guidebook Australian Hospitals Older People WINC code: 1NY31903 Cost: postage only Description: The guidelines are written by the Australian Commission on Safety and Quality in Healthcare to promote patient-centred independence and rehabilitation.</p>	
<p>Prevention of Falls & Harm Guidebook Australian Residents Older People WINC Code: 1NY31897 Cost: postage only Description: The guidelines are written by the Australian Commission on Safety and Quality in Healthcare to promote patient-centred independence and rehabilitation.</p>	

For more information on falls prevention contact:

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