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nformation has been understood.
Designation:
On the basis of the above statements,
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acknowledge that the doctor/clinician has explained: Signature: Date: the procedure's patient information sheet Image: Clinician has explained: Image: Clinician has explained:
p my/the child's medical condition and proposed treatment,
including the possibility of additional treatment
the specific risks and benefits of the procedure prevents me from providing unrestricted consent for this child/young person for this treatment (<i>not applicable if</i>
alternative procedure options the child/young person is Gillick competent and signs
that there is no guarantee the procedure will improve the <i>this form</i>).
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management of the condition may observe medical examination(s) or procedure(s)
that if an immediate life-threatening event happens during the precedure health are will be provided in accordance
the procedure, health care will be provided in accordance with good clinical practice and in my/the child's best interests or procedure on a patient while the patient is under
that a doctor/clinician other than the consultant/specialist anaesthetic.
may assist with/conduct the clinically appropriate procedure; this may include a doctor/clinician undergoing further training
this may include a doctor/clinician undergoing further training under supervision
that if the doctor/clinician wishes to record video, audio or
images during the procedure where the recording is not • assist with examination(s)/procedure(s) Yes No
required as part of the treatment (e.g. for training or research purposes), I/the child will be asked to sign a separate
consent form. If I/the child choose not to consent, it will not
adversely affect my/the child's access, outcome or rights to medical treatment in any way.

DO NOT WRITE IN THIS BINDING MARGIN

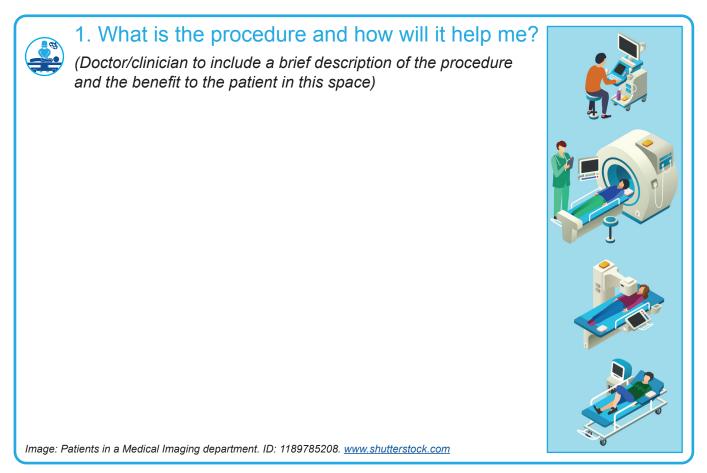
Medical Imaging

Child/Young Person (under 18 years) | Informed consent: patient information



A copy of this patient information sheet should be given to the patient or parent/legal guardian/ other person to read carefully and allow time to ask any questions about the procedure. The consent form and patient information sheet should be included in the patient's medical record.

In this information sheet, the word 'you' means the patient unless a parent, legal guardian or other person is providing consent on behalf of the patient, in which case the word 'you' means the parent, legal guardian or other person when used in the context of the person providing consent to the procedure.



Medical imaging provides a range of services to help diagnose, monitor and treat patients. These include x-ray, Computed Tomography (CT), Magnetic Resonance Imaging (MRI), ultrasound, fluoroscopy and interventional radiology.

Sometimes procedures are easier and safer when done with medical image guidance. It helps the doctor/clinician to see where their instruments are in relation to structures in your body. This can reduce the risk of some complications or make the procedure less invasive.

Preparing for the procedure

The Medical Imaging department will give you instructions on how to prepare for the procedure. It is important to follow the instructions that are given to you. Your procedure might be delayed if you don't follow all the preparation steps.

Medical imaging staff will notify you beforehand if you are required to stop taking any blood thinning medicine. List or bring all your prescribed medicines, those medicines you buy over the counter, herbal remedies and supplements to show the doctor/clinician what you are taking.

If you have been advised you will need sedation or a general anaesthetic, do not drink alcohol, smoke, vape or take recreational drugs for at least 24 hours before the procedure as these may alter the effects of the anaesthetic.

Tell your doctor/clinician if you:

- are breastfeeding or pregnant, or suspect that you may be pregnant
- have a drug or medication dependence.

For a parent/legal guardian/other person of a patient having a medical imaging scan/procedure

At the discretion of the procedure staff:

- a parent/adult (unless pregnant) may be invited into the procedure room to support the patient
- if the patient is having a general anaesthetic you may be able to see them off to sleep. Once they are asleep, you will be asked to leave the procedure room and wait in the waiting area.

Other children are not allowed into the procedure room, and they must be supervised at all times by another parent/ adult.



In recommending the medical imaging procedure, the doctor/clinician believes that the benefits to you from having the procedure exceed the risks involved. There are risks and possible complications associated with the medical imaging procedure which can occur with all patients - these are set out below. There may also be additional risks and possible complications specific to your condition and circumstances. Please discuss these with the doctor/clinician and ensure they are written on the consent form before you sign it. If you have any further concerns, please ensure that you raise them with the doctor/clinician prior to giving consent to the procedure.

The risks and complications with this procedure can include but are not limited to the following:

Common risks and complications

(Doctor/clinician to cross out and initial any statements in this section that are not relevant to this patient's procedure)

- minor pain, bruising and/or infection from the I.V cannula. This may require treatment
- pain or discomfort, which may require medication
- bleeding or bruising could occur
- some diseases and medicines, including complementary medicines, have the ability to affect blood clotting. A list of commonly affected medicines is found here <u>www.</u> <u>health.qld.gov.au/consent/bloodthinner</u>.

Uncommon risks and complications

- the procedure may not be possible due to medical or technical reasons
- infection requiring antibiotics and further treatment
- damage to surrounding structures such as blood vessels, organs and muscles, requiring further treatment
- an allergy to injected medications, requiring further treatment.

Rare risks and complications

- seizures and/or cardiac arrest due to local anaesthetic toxicity
- death because of a medical imaging procedure is very rare.

Anaesthetic

The procedure:

(Doctor/clinician to tick appropriate box)

- Will require an anaesthetic or sedation
- May require an anaesthetic or sedation
- Does *not* require an anaesthetic or sedation

For more information about the anaesthetic and the risks involved, please refer to the *About Your Child's Anaesthetic* patient information sheet that has been provided to you. Discuss any concerns with your doctor/ clinician.

If you have not been given an anaesthetic information sheet, please ask for one.

Ionising radiation (x-rays)

lonising radiation is higher energy radiation that can interact with the material it is travelling through, for example the human body. Background ionising radiation comes from the sun, soil, buildings, food, water, the air we breathe and even our own bodies¹.

(Doctor/clinician to tick appropriate box)

Involves ionising radiation (x-rays)

Does not involve ionising radiation (x-rays)

The risks of radiation exposure from this procedure need to be compared to the risks of your condition not being treated. Exposure to radiation may cause a slight increase in the risk of cancer to you over your lifetime. However, the potential risk is small compared to the expected benefit of this procedure.

If you require more information a *Medical Imaging and Radiation* patient information sheet can be provided to you.

Pregnancy

Please tell your doctor/clinician if you are breastfeeding or pregnant, or suspect that you may be pregnant. The risk to you and your unborn baby varies depending on the procedure, body part, stage of pregnancy and whether contrast is required.

As well as discussing the risks and benefits of having the procedure, including comparing the risks of your condition not being treated, the doctor/clinician should give you personalised information about the risk to you and your baby².

In some circumstances, Magnetic Resonance Imaging (MRI) or ultrasound may be a suitable and safe alternative. Neither MRI or ultrasound use ionising radiation. How many weeks pregnant you are may also affect the suitability of these alternatives.

If you are pregnant and your procedure involves ionising radiation, an *Ionising Radiation During Pregnancy* information sheet will be provided for you.

Contrast

You will sometimes be given contrast as part of your procedure, so that your internal organs and structures can be seen more clearly on the images. If the radiologist (doctor) thinks it would be useful to give you contrast for this procedure, you will be asked some questions to make sure that it is safe for you to be given the contrast.

(Doctor/clinician to tick appropriate box)

- Will require iodinated contrast
- Will require MRI contrast

] Will require other contrast:

Does *not* require contrast

Common risks and complications

- minor pain, bruising and/or infection from the I.V. cannula
- (MRI contrast only) small amounts of gadolinium may remain in tissues of the body, including the liver, bone and brain. These small amounts of gadolinium found in tissues of the body are called gadolinium retention. The effects of gadolinium retention are an area of ongoing research.

Uncommon risks and complications

• injected contrast may leak outside of the blood vessel, under the skin and into the tissue. This may require treatment. In very rare cases, surgery could be required if the skin breaks down.

Rare risks and complications

- allergic reactions rarely occur, but when they do, they usually occur within the first hour, with most happening in the first five minutes. Late reactions have been known to occur up to 1 week after the injection. Note: allergy to topical iodine and/ or seafood does not imply an allergy to iodinated contrast. The reactions vary from:
 - » mild: hives, sweating, sneezing, coughing, nausea
 - » moderate: widespread hives, headache, facial swelling, vomiting, shortness of breath

» severe: severe reactions are rare but include life threatening heart palpitations, very low blood pressure, throat swelling, seizures and/or cardiac arrest.

Renal impairment

- Contrast is removed from the blood by the kidneys through the urine.
- (Iodinated contrast only) Modern iodinated contrast dyes used in medical imaging are minimally, if at all, harmful to the kidneys³. To minimise stress to your kidneys your doctor may recommend you have extra fluid to ensure good hydration, stop some medications temporarily or have extra blood tests to monitor your kidney function around the time of your scan/procedure.
- (MRI contrast only) Nephrogenic Systemic Fibrosis (NSF) is an extremely rare condition that results in scarring or thickening of the skin and tissues throughout the body. It can occur days to years following exposure to gadolinium in MRI contrast. It is severely disabling and often fatal. As NSF has almost only ever been seen in people with severely reduced kidney function and those on dialysis, every effort is made to avoid giving gadolinium to those patients. However, sometimes there is no good alternative and contrast is required to help rapidly and effectively diagnose serious organ and life-threatening diseases so effective treatment can be started. It is reasonable for almost all patients with kidney disease and those on dialysis to receive contrast in these circumstances.

What are the risks of not having the procedure?

There may be adverse consequences for your health if you choose not to have the proposed procedure. Please discuss these with the referring doctor/clinician.

If you choose not to have the procedure, you will not be required to sign a consent form.

If you have signed a consent form, you have the right to change your mind at any time prior to the procedure. Please contact the doctor/clinician to discuss.

3. Are there alternatives?

An alternative may be available. Your doctor/ clinician will discuss the most appropriate examination for your circumstances.

Making the decision to have a procedure requires you to understand the options available. Please discuss any alternative procedure options with your referring doctor/ clinician before signing the consent form.

4. What should I expect after the procedure?

Your healthcare team will talk to you about what to expect after your procedure and upon discharge from hospital.

5. Who will be performing the procedure?

Radiographers, doctors, nuclear medicine technologists, sonographers, nurses, and medical imaging assistants make up the medical imaging team. All or some of these professionals may be involved in your procedure.

A doctor/clinician other than the consultant/ specialist may assist with/conduct the clinically appropriate procedure. This could include a doctor/clinician undergoing further training, however all trainees are supervised according to relevant professional guidelines.

If you have any concerns about which doctor/ clinician will be performing the procedure, please discuss this with the doctor/clinician.

For the purpose of undertaking professional training in this teaching hospital, a clinical student(s) may observe medical examination(s) or procedure(s) and may also, subject to your consent, assist with/ conduct an examination or procedure on you while you are under anaesthetic.

You are under no obligation to consent to an examination(s) or a procedure(s) being undertaken by a clinical student(s) for training purposes. If you choose not to consent, it will not adversely affect your access, outcome or rights to medical treatment in any way.

For more information on student care, please visit <u>www.health.qld.gov.au/consent/students</u>.

6. Where can I find support or more information?

Hospital care: before, during and after is available on the Queensland Health website <u>www.qld.gov.au/health/services/hospital-</u> <u>care/before-after</u> where you can read about your healthcare rights.

You can also see a list of blood thinning medications at <u>www.health.qld.gov.au/</u> <u>consent/bloodthinner</u>.

Further information about informed consent can be found on the Informed Consent website <u>www.health.qld.gov.au/</u> <u>consent</u>. Additional statewide consent forms and patient information sheets are also available here.

Staff are available to support patients' cultural and spiritual needs. If you would like cultural or spiritual support, please discuss this with your doctor/clinician.

Queensland Health recognises that First Nations People's culture must be considered in the patient's clinical care to ensure their holistic health and individual needs are met.



Please ask the doctor/clinician if you do not understand any aspect of this patient information sheet or if you have any questions about your proposed procedure.

If you have further questions prior to your appointment, please contact the Medical Imaging department via the main switchboard of the facility where your procedure is booked.



In an emergency, call Triple Zero (000).

If it is not an emergency, but you have concerns, contact 13 HEALTH (13 43 25 84), 24 hours a day, 7 days a week.

References:

- 1. Australian Radiation Protection and Nuclear Safety Agency (ARPANSA). Ionising radiation in our everyday environment, 2021. Available from www.arpansa.gov.au
- The Royal Australian and New Zealand College of Radiologists®, Diagnostic Radiology and Pregnancy V2.0 Position Statement, 2017, and ARPANSA, Code for Radiation Protection in Medical Exposure Radiation Protection Series C-5. Available from: <u>www.arpansa.gov.au/regulation-andlicensing/regulatory-publications/radiation-protection-series/codes-andstandards/rpsc-5</u>
- Davenport MS, Perazella MA, Yee J, et al. Use of Intravenous Iodinated Contrast Media in Patients with Kidney Disease: Consensus Statements from the American College of Radiology and the National Kidney Foundation. Radiology 2020;294:660–668.

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Medical Imaging Patient Information