



# AH-TRIP

# SHOWCASE

# 2023

Friday  
1<sup>st</sup> December  
1:30 - 4:15 pm  
(AEST)



SCAN ME

Join Event – <https://tinyurl.com/AHTRIP2023>

## 1:30 WELCOME & ACKNOWLEDGEMENT TO COUNTRY

### Dr Rachelle Pitt

Director of Health Practitioner Research, Office of the Chief Allied Health Officer, Clinical Excellence Queensland, Queensland Health



### Dr Kristyan Guppy-Coles

Health Practitioner Research Coordinator, Office of the Chief Allied Health Officer, Clinical Excellence Queensland, Queensland Health

### Waveney Yasso

Meanjin-based singer/songwriter & proud South Sea & Yuwi Burra descendant

## 1:45 KEYNOTE

### Professor Sharon E. Straus

Director of the Knowledge Translation Program & Physician-in-Chief, St. Michael's Hospital & Professor in Department of Medicine, University of Toronto

## 2:05 TOP 10 TRIP PROJECT FINALISTS

### Leanne O'Brien

Occupational Therapy

**Delivering person-centred goal setting in a rehabilitation & acute stroke unit; a knowledge-to-action implementation program.**

*The Prince Charles Hospital, Metro North Hospital & Health Service*

### Ra'eesa Doola

Nutrition & Dietetics

**Re-thinking dietetic service delivery in the ICU.**

*The Princess Alexandra Hospital, Metro South Hospital & Health Service*

### Kelly Costa

Physiotherapy

**Avoiding A TRIP – Vestibular Rapid Access Service.**

*The Prince Charles Hospital, Metro North Hospital & Health Service*

### Aoife Elliott

Nutrition & Dietetics

**Facilitating the implementation of standardised clinical handover by paediatric dietitians in Queensland.**

*Children's Health Queensland*

### Ann Rahmann

Community Based Rehabilitation Team

**Routine screening for vestibular system dysfunction in older community rehabilitation clients is evidence-based but implementation hasn't yet been effective.**

*Community & Oral Health, Metro North Hospital & Health Service*

### Jenna Stonestreet

Nutrition & Dietetics

**DARE-ing to Reform Care – A team approach to using a novel framework to innovate model of care reforms.**

*The Prince Charles Hospital, Metro North Hospital & Health Service*

### Abiola Albert

Mental Health

**Enhancing Physical Activity Prescription for Mental Health Consumers.**

*Gold Coast Health/Palm Beach Community Mental Health, Gold Coast Hospital & Health Service*

### Amanda Adams

Nutrition & Dietetics

**Implementing the Dietitian First Gastroenterology Clinic: A statewide virtual care model providing timely access to care closer to home.**

*Surgical Treatment & Rehabilitation Service, Metro North Hospital & Health Service*

### Maureen Godfrey

Occupational Therapy

**Meeting real needs of clients with cognitive impairment in Rehab Day Therapy through "CO-OP"eration.**

*The Prince Charles Hospital, Metro North Hospital & Health Service*

### Rohan Ballon

Nutrition & Dietetics

**The SWHHS Rural Immersion Placement Program – Allied Health (RIPPAH).**

*Roma Health Communities, South West Hospital & Health Service*

## 3:25 BREAK

## **3:35 RURAL & REMOTE SPOTLIGHT**

### **A/Prof Rae Thomas**

*Research Education Lead, Tropical Australian Academic Health Centre in North Queensland, Townsville*

### **Amanda Sumner**

*Senior Generalist Physiotherapist, Innisfail Hospital, Cairns & Hinterland Hospital; Mount Isa Hospital, North West Hospital & Health Service*

### **Nicola (Nikki) Gearon**

*Senior Speech Pathologist, Chinchilla Hospital, Darling Downs Health*

## **3:45 TRIP TANK**

### **A/Prof Ingrid Hickman (Moderator/Shark Wrangler)**

*Principal Research Fellow, ULTRA Team – Healthcare Research Accelerator (HERA) Program, University of Queensland*

## **SHARKS:**

### **Dr Kellie Stockton**

*Executive Director Allied Health, Metro South Hospital & Health Service*

### **Professor Sharon Mickan**

*Inaugural Head of Program – Healthcare Innovations, Bond University, Gold Coast*

### **Dr Nina Meloncelli**

*Program Lead – Metro North Allied Health – Translating Research into Practice (AH-TRIP), Metro North Hospital & Health Service; Post-doctoral Research Fellow, Centre for Health Services Research, University of Queensland*

### **Prof Jed Duff**

*Chair of Nursing, Royal Brisbane & Women's Hospital, Metro North Hospital & Health Service; Professor of Nursing, Queensland University of Technology*

## **PITCHING:**

### **Sinéd Downes**

*Physiotherapist, Cairns Hospital, Cairns & Hinterland Hospital & Health Service*

### **Harry Martine**

*Physiotherapist, Mt Isa Hospital, North West Hospital & Health Service*

### **Monica de Nooyer**

*Clinical Psychologist, Mental Health & Specialised Services – The Park – Centre for Mental Health, Wacol Forensic & Secure Inpatient Services, West Moreton Hospital & Health Service*

## **4:10 AWARDS & CLOSE**

### **Presented by Liza-Jane McBride**

*Chief Allied Health Officer, The Office of the Chief Allied Health Officer, Clinical Excellence Queensland, Queensland Health; Adjunct Professor, Faculty of Health & Behavioural Science, University of Queensland; Clinical Professor, School of Clinical Science, Faculty of Health, Queensland University of Technology.*

## **OVERALL WINNER**

**Sponsored by Office of the Chief Allied Health Officer (OCAHO) - \$1500 Professional Development**

## **PARTNERSHIPS**

**Sponsored by Health Translation Queensland - \$600 Professional Development**

## **LESSONS LEARNT**

**Sponsored by PA Foundation - \$500 Professional Development**

## **ENABLING IMPLEMENTATION**

**Sponsored by RBWH Foundation - \$500 Professional Development**

**4:15 AFTERNOON TEA** (*Translational Research Institute (TRI) Atrium*).

# Showcase 2023

## Liza-Jane McBride

Chief Allied Health Officer,  
Office of the Chief Allied Health Officer,  
Clinical Excellence Queensland, Queensland Health



Liza-Jane is the Chief Allied Health Officer for Queensland. She is responsible for providing high level strategic leadership for statewide workforce reform & education strategies, including industrial, policy & regulatory change, to ensure an appropriately skilled allied health workforce meets the current & future health needs of Queenslanders.

An experienced physiotherapist with over 25 years of practice experience in the public & private sectors in Queensland & overseas, Liza-Jane has postgraduate qualifications in health management. She is an Adjunct Professor in the Faculty of Health & Behavioural Sciences at the University of Queensland & an Associate Clinical Professor in the School of Clinical Sciences, Faculty of Health at the Queensland University of Technology.

The Office of the Chief Allied Health Officer  
supports AH-TRIP Statewide.

# Acknowledgement to Country

## Waveney Yasso

Meanjin-based singer/songwriter,  
Proud South Sea & Yuwi Burra descendant



Waveney's achievements include performing with world renowned Pub Choir (2016-2022), Yothu Yindi & the Treaty Project (Brisfest 2018), Songs That Made Me (QPAC 2018), TEDxBrisbane 2023, 2017/18; touring her original musical with Queensland Music Festival; Have You Ever Heard A Wombat Sing? (2014/2015); singing her original music to an internationally televised audience for the 2012 NRL Allstars game; Performing at Island Vibe Festival 2017/18; Performing/writing in her duo Black Salt; Working as a mentor with Creative Tracks 2016-18. Recently Waveney was awarded the 2023 Major Minor Music Awards – Newcomer Award for her children's album "Our Backyard". She has also arranged & will perform the opening piece of the Lord Mayor's Christmas Carols 2023 which will highlight the language of the Yuggera Nation in Meanjin.

# Emcees

## Dr Rachelle Pitt

Director Health Practitioner Research,  
Office of the Chief Allied Health Officer,  
Clinical Excellence Queensland, Queensland Health



Rachelle is a Speech Pathologist with a background in the development & translation of clinical interventions to the online environment; an academic pathway sparked by service delivery challenges faced working in rural Queensland. She has worked in academia & health including clinical practice, clinical education, teaching, & research development.

Rachelle is currently leading the statewide research capacity building agenda for Health Practitioners within the Office of the Chief Allied Health Officer (OCAHO). Rachelle is passionate about supporting clinicians with great ideas to navigate the world of research & knowledge translation & demonstrating the value of clinician research through work that can be rapidly translated into practice.

# Emcees

## Dr Kristyan Guppy-Coles

Health Practitioner Research Coordinator,  
Office of the Chief Allied Health Officer,  
Clinical Excellence Queensland, Queensland Health

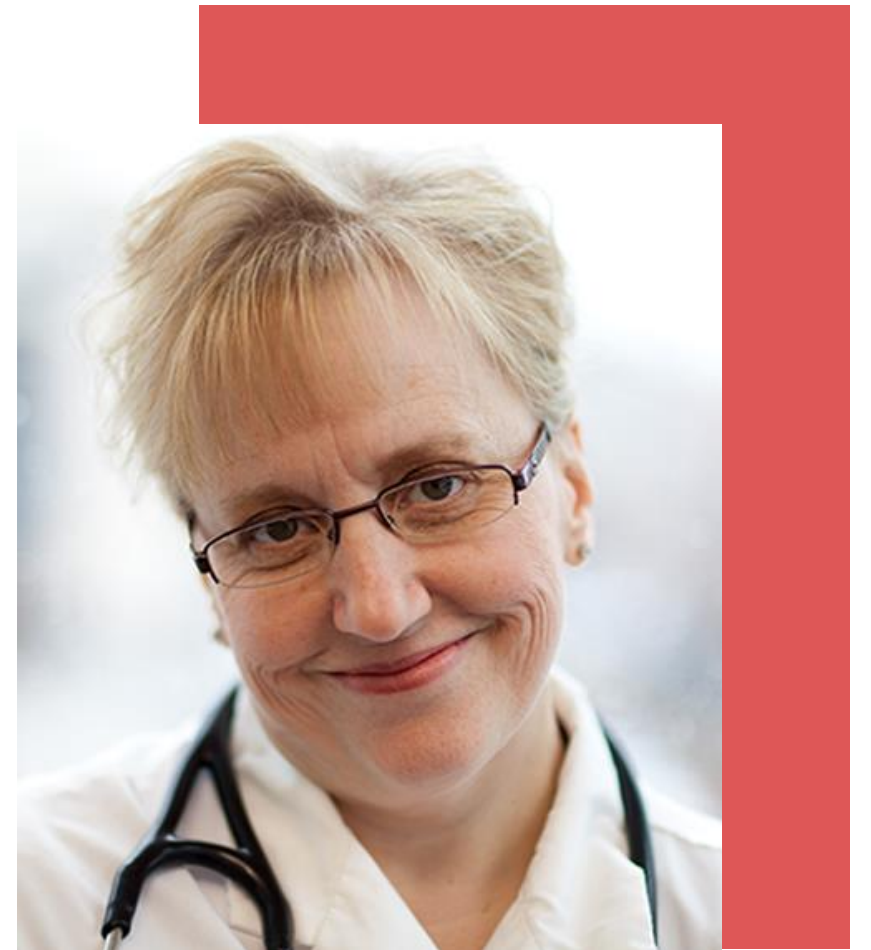


Kristyan is a research cardiac scientist who has a background of conducting clinical & translational research associated with the development, evaluation & validation of novel technologies & techniques to improve patient access to health services, as well as improve healthcare service delivery. Kristyan identifies the large gap & delay between research & the translation of research into routine clinical practice & is driven to focus research project & program trajectories to emphasise definitive & feasible pathways to efficiently translate research outcomes into routine clinical practice. Kristyan has more recently engaged in varied disciplines of clinical research involving the utilisation of large-scale prospective & retrospective clinical data to develop machine learning & artificial intelligence algorithms to enable greater efficiency in healthcare service delivery, allow cost-effective precision-based medicine, & permit paradigm-shifting early risk identification & management strategies; leveraging the increasing shift of the healthcare landscape towards digitally supported services models to open opportunity for efficient pathways of translating such research into clinical practice. Kristyan is currently supporting Health Practitioner statewide research capacity building activities & initiatives within the Office of the Chief Allied Health Officer (OCAHO), with a devotion to enable & support more clinicians & clinician teams in all levels, disciplines & locations to engage in research & the translation of research into practice.

# Keynote

## Prof Sharon E. Straus

Director of the Knowledge Translation Program & Physician-in-Chief, St. Michael's Hospital & Professor in Department of Medicine, University of Toronto



Sharon E. Straus is a geriatrician & clinical epidemiologist who trained at the University of Toronto & the University of Oxford. She is the Director of the Knowledge Translation Program & Physician-in-Chief, St. Michael's Hospital; Director, Division of Geriatric Medicine, University of Toronto; Vice Chair, & Professor, Department of Medicine, University of Toronto.

Dr. Straus currently holds a Tier 1 Canada Research Chair in Knowledge Translation & Quality of Care & has authored more than 400 peer-reviewed publications & 3 textbooks in evidence-based medicine, knowledge translation & mentorship. She is in the top 1% of highly cited clinical researchers as per Web of Science. She holds more than \$57 million in peer reviewed research grants as a principal investigator. She has received national awards for mentorship, research & education.



# Judges



## Renea Collins

Director Metro South Clinical Improvement Unit,  
Metro South Health, Queensland Health

Renea Collins is the Director of the Metro South Clinical Improvement Unit, she is a highly experienced senior nurse with a proven track record in delivering major transformational programs combined with a strategic mindset & a passion for new ways of working in health. She has been the Clinical Director for the implementation & optimisation of the Integrated Electronic Medical Record (ieMR) at HHS & state level since its inception in 2012 till 2020. The pandemic response saw Renea take on the Metro South Acting Exec Director Nursing & Midwifery role to be the lead the Operations response & in 2021 became the Program Director of the COVID-19 Vaccination program in Met South delivering just under 1 million vaccinations across the community. She has presented at international & national conferences & published several articles related to Venous Thromboembolism, nursing & clinical informatics.

# Judges



## Rhiannon Barnes

Director Allied Health (Strategy),  
Metro South Hospital & Health Service

Rhiannon brings extensive leadership, clinical education & workforce experiences to allied health, drawing from a 20-year career in the health sector at local, state & national levels. Her recent experience as an implementation science practitioner leading allied health workforce pipelines & workforce-wide knowledge translation capacity building initiatives has provided some wonderful opportunities to partner, collaborate, co-design & deliver innovative evidenced-based sustainable outcomes for staff & patients in Queensland.

# Judges



## **Dr Kathryn (Kath) McFarlane**

Senior Research Fellow,  
Cairns & Hinterland Hospital & Health Service

Kath McFarlane is the Senior Research Fellow in Cairns & Hinterland Hospital & Health Service. Kath has a background in health promotion & public health. She has a research interest in how systems approaches can build health staff's capacity to engage in research.

# Rural & Remote Spotlight

## **A/Prof Rae Thomas**

Research Education Lead,  
Tropical Australian Academic Health Centre  
in North Queensland, Townsville



Dr Rae Thomas is an Associate Professor in Evidence-Based Practice & Research Education Lead for the Tropical Australian Academic Health Centre. Her research focusses on reducing the gap between research evidence & clinical practice. Rae's passion is to improve evidence-based decision making in clinical practice & to use community engagement strategies to improve health systems & policy. Her program of research includes developing, implementing, & evaluating randomised controlled trials, exploring processes in health decision making, & translating evidence to practice & policy.

# Rural & Remote Spotlight

## Amanda Sumner

Senior Generalist Physiotherapist, Innisfail Hospital, Cairns & Hinterland Hospital; Mount Isa Hospital, North West Hospital & Health Service



Amanda is a graduate of The University of Birmingham, UK, with 14 years of clinical experience in physiotherapy private practice & in public health in Queensland & the UK. Rural & regional experience as a senior generalist physiotherapist at Innisfail Mount Isa Hospitals. Current departmental AH-TRIP champion at Mount Isa & recent completion of the 4 to 5 Rural Generalist Pathway. Soon to commence a new role as senior in ED at Rockhampton Hospital.

Amanda is a Rural & Remote Research Capacity Building Program (RRR-CAP) - TRIP Fellow for 2023.

# Rural & Remote Spotlight

## Nicola (Nikki) Gearon

Senior Speech Pathologist,  
Chinchilla Hospital, Darling Downs Health



Nikki Gearon is a senior speech pathologist based in Chinchilla, Darling Downs Health. She has worked in the rural context for over 15 years & enjoys the diversity of skill & strong interdisciplinary practice necessitated in a rural generalist multidisciplinary team.

Nikki describes her discovery of implementation science through the OCAHO supported Bond University Knowledge Translation in Healthcare Unit as a lightbulb moment & is passionate about supporting others to use implementation science to break down barriers & facilitate real progressive change in a rural environment.

Nikki is a Rural & Remote Research Capacity Building Program (RRR-CAP) - TRIP Fellow for 2023.

# TRIP Tank

## **A/Prof Ingrid Hickman**

Principal Research Fellow, UTLRA Team –  
Healthcare Research Accelerator (HERA) Program,  
University of Queensland



Ingrid is an Implementation Scientist with a PhD in Metabolic Medicine & works as a Principal Research Fellow in Implementation Science with the University of Queensland's Clinical Trial Capability Team (ULTRA). Her career has focused on translating scientific evidence into improved clinical care for people with chronic metabolic conditions & building capacity of the health workforce to undertake research & research translation. From randomised controlled trials investigating mechanisms of disease progression through to patient centred co-design of health services, Ingrid's eclectic approach to medical research aims to find solutions to health care problems. Her role within ULTRA has a focus on embedding implementation science into investigator-initiated innovative clinical trial designs.

# TRIP Tank



## **Dr Kellie Stockton**

Executive Director Allied Health  
Metro South Hospital & Health Service

Dr Stockton is a well respected advocate for Allied Health across the state, representing Allied Health on strategic committees such as Queensland Clinical Senate Executive & chair of Allied Health Digital Specialty Group. Kellie has a strong track record in operationally & professionally leading multidisciplinary teams & the implementation & management of innovative models of care to improve access to timely & effective healthcare services. Kellie has demonstrated the ability to establish & deliver on strategic & operational plans through strong governance & risk management. She has extensive experience in leading teams to deliver on performance outcomes. Kellie holds a post graduate qualifications inclusive of a PhD with high level project management & analytical skills utilised to evaluate service delivery with strong links to the University sector with academic title - Honorary Adjunct Professor (University of Queensland).



# TRIP Tank



## **Professor Sharon Mickan**

Inaugural Head of Program – Healthcare Innovations, Bond University, Gold Coast

Professor Sharon Mickan is passionate about using research to inform clinical practice. She teaches & researches around strategies to translate research evidence & implement organisational improvement. Sharon leads the healthcare Innovation program at Bond University which is designed to support health professionals to navigate the research evidence, critically evaluate health systems & practices, & implement clinical innovations.

Sharon previously established a positive allied health research culture within Gold Coast Health as a conjoint Professor of Allied Health with Griffith University. She designed, implemented & evaluated multiple research capacity building initiatives including introducing allied health research fellows, knowledge brokering strategies, evidence-informed journal clubs & clinical backfill grants. Previously, Sharon was Course Director of the Masters in Evidence-Based Health Care at the University of Oxford.

# TRIP Tank



## **Dr Nina Meloncelli**

Program Lead – Metro North Allied Health –  
Translating Research into Practice (AH-TRIP),  
Metro North Hospital & Health Service;  
Post-doctoral Research Fellow, Centre for Health  
Services Research, University of Queensland

Nina is an Accredited Practising Dietitian with positions as the Program Lead for Metro North Allied Health – Translating Research into Practice (AH-TRIP), & Post-doctoral Research Fellow at the Centre for Health Services Research, University of Queensland. As the Metro North AH-TRIP Program Lead, Nina focuses on building capability & capacity for Allied Health knowledge translation through education & training, implementation support & strategic guidance. Nina is a current Queensland Advancing Clinical Research Fellowship holder & study lead for the Healthy Gut Diet for preventing gestational diabetes Study, a randomised controlled trial that has been co-designed with consumers & is currently recruiting pregnant women in Queensland.

# TRIP Tank



## Professor Jed Duff

Chair of Nursing, Royal Brisbane & Women's Hospital, Metro North Hospital & Health Service; Professor of Nursing, Queensland University of Technology

Professor Jed Duff is Chair of Nursing at Royal Brisbane & Woman's Hospital, where he develops, tests, & implements strategies to improve the uptake of evidence into practice; designs & runs multidisciplinary practice-based research & mentors staff in evidence-based practice, quality improvement, & research. Jed describes himself as a 'pracademic' – someone who helps solve real-world problems by combining the views of practitioners & academics.

The focus of Jed's research is improving patient outcomes through multidisciplinary practice-based research with a particular emphasis on implementation science. From 2014-2016, Jed was an NHMRC Translating Research into Practice Fellow, & in 2019, he received a Fulbright Scholarship to conduct implementation research in the USA. Jed is currently a facilitator for the Training Institute for Dissemination & Implementation Research in Health (TIDIRH).

TRIP

Projects:

Top 10 Finalists



FINALIST

**Leanne  
O'Brien**

✉ [leanne.obrien@health.qld.gov.au](mailto:leanne.obrien@health.qld.gov.au)

***Delivering person-centred goal setting in  
rehabilitation and acute stroke unit; a  
knowledge-to-action implementation program.***

Person-centred goal setting facilitates a coordinated approach to service delivery, improved client engagement, and better patient-reported experiences and healthcare outcomes. Our rehabilitation team undertook a knowledge-to-action implementation program to see if this knowledge was applied in action in our unit. After conducting chart audits, patient audits, staff audits, and observing processes in our weekly case conferences, together we realised we had a problem. Our interdisciplinary team was focussing on discipline-specific goal setting, conducted in silos, and without engaging with our patients in person-centred goal setting. Our presentation will showcase how we applied i) The Knowledge-to-Action process model to engage the team to develop a new model of care ii) the DARE logic model to deliver the new model without additional resources, iii) the TDF as a determinant framework to identify barriers and enablers to person-centred goal setting, and iv) the REAIM evaluation framework to allow us to demonstrate post-implementation changes.

FINALIST

**Ra'eesa****Doola** [raeesa.doola@health.qld.gov.au](mailto:raeesa.doola@health.qld.gov.au)

### ***Re-thinking dietetic service delivery in the ICU.***

Nutrition provision forms part of standard care practices in intensive care units (ICU). As one of the highest acuity units in the country, the Princess Alexandra Hospital ICU has a large proportion of patients on ventilators requiring artificial nutrition support. With limited resourcing, demand for dietetic services exceeded our capacity to deliver high quality care. A landmark randomised controlled trial, referred to as the TARGET study, highlighted that aggressive nutrition support within the first seven days of ICU admission did not result in improved clinical or functional outcomes for patients both in the short and longer term when compared to standard care. Based on this evidence, extensive stakeholder engagement and innovative thinking principles, we have modified our service delivery model. Not only has this change resulted in a more sustainable dietetic service, but it has also facilitated improved nutrition provision to our longer stay patients.

# FINALIST

**Kelly  
Costa**

✉ [kelly.costa@health.qld.gov.au](mailto:kelly.costa@health.qld.gov.au)

## ***Avoiding A TRIP - Vestibular Rapid Access Service.***

Evidence-based guidelines recommend rapid intervention for individuals presenting with vestibular related dizziness. An implementation program in a quaternary hospital guided by the Knowledge-To-Action framework firstly applied triangulated data to demonstrate the evidence/practice gap. Adverse impact on National Emergency Access Targets, long wait lists (Category 1), and emergency readmission rates was observed. Following synthesis of evidence and contemporary practice, mapped interdisciplinary stakeholders collectively set goals, identified success measures and tailored a novel model of care for implementation and evaluation. The planned approach was mapped onto an impact logic model pre-implementation. Iterative implementation integrated knowledge inquiry/creation/selection, problem identification, adaptation, tailoring, monitoring, and evaluation phases. These phases were non-linear and, at times cyclical. The new model has been implemented in more than 500 patients since February 2023. Early data is strongly supportive of improved patient experiences and healthcare outcomes, is generating substantial activity-based funding, and is expected to be sustained and scaled up.

FINALIST

**Aoife  
Elliott**

✉ [aoife.elliott@health.qld.gov.au](mailto:aoife.elliott@health.qld.gov.au)

***Facilitating the implementation of standardised clinical handover by paediatric dietitians in Queensland.***

Patient handovers carry significant risk and have been attributed to preventable patient harm, unsafe patient care, disrupted service continuity, and time wasted retrieving information. Implementation of a standardised handover can reduce preventable adverse events and readmission rates by up to 50%. Dietitian handover at Queensland Children's Hospital was occurring on an ad-hoc basis, indicating a considerable evidence-practice gap. Using the i-PARHIS framework, we iteratively developed and implemented a suite of handover tools for dietitians working in paediatrics across Queensland. We are now ready to roll the tools out more broadly and engage in evaluation. We have learned a lot and made mistakes along the way! However, we are keen to press on, and we believe our process could be used across Allied Health.



## FINALIST

# Ann Rahmann

✉ [ann.rahmann@health.qld.gov.au](mailto:ann.rahmann@health.qld.gov.au)

***Routine screening for vestibular system dysfunction in older community rehabilitation clients is evidence-based but implementation hasn't yet been effective.***

Dysfunction of the vestibular system in the inner ear can cause dizziness and imbalance, increasing the risk of falls and reducing quality of life regardless of age. Appropriate physiotherapy management can reduce falls in older people by up to 60%. I used the Knowledge to Action Framework (KTA) to guide the implementation of routine vestibular screening in the community-based rehabilitation service in Metro North. Following focus groups with clinicians, I adapted the evidence and developed a short clinical decision-making tool (VST+). Skills training and education was delivered to physiotherapists. A post-implementation chart audit after nine months found only 9% of clients had a documented screen. I sought advice and support from my implementation mentor, who recommended assessing readiness for change amongst teams and clinicians to identify where to refocus implementation efforts. Implementing evidence into clinical practice is a complex process, often requiring repeated cycles to achieve success.

# FINALIST

## Jenna Stonestreet

✉ [jenna.stonestreet@health.qld.gov.au](mailto:jenna.stonestreet@health.qld.gov.au)

### ***DARE-ing to Reform Care- A team approach to using a novel framework to innovate model of care reforms.***

Increased life expectancy and rises in chronic health conditions, alongside resource constraints, demand innovative reform for Nutrition and Dietetics service provision. Disinvestment in low value care is no longer optional to deliver efficient and effective healthcare delivery and ensuring resources are allocated in ways that provide the greatest value to patients and the healthcare system and meet current and future service activity. Underpinned by a novel framework, TPCH Nutrition and Dietetics have innovated and implemented model of care reforms that improve the quality, productivity, and impact of service delivery. Model of care improvements have identified and de-implemented lower-value activities and reinvested realised resources into high value alternatives that positively influence patient and healthcare worker experiences and health outcomes.

FINALIST

# Abiola Albert

✉ [abiola.albert@health.qld.gov.au](mailto:abiola.albert@health.qld.gov.au)

## ***Enhancing Physical Activity Prescription for Mental Health Consumers.***

People suffering from a severe mental illness die 15 years earlier than those without a mental illness. The medications we prescribe to consumers at Palm Beach Community Mental Health Service contribute to side effects and preventable illnesses. However, physical activity can increase the life expectancy of mental health consumers and optimise the efficacy and effectiveness of medications (McKeon, Curtis & Rosenbaum). Roughly 70% of consumers accessing mental health services in our service are overweight, with over 65% and 75% recording cholesterol and blood glucose levels, respectively, above the risk threshold. To address this problem, we aim to increase the frequency and quality of prescription of physical activity to mental health consumers. Collaboratively with Mental Health Practitioners at Palm Beach Community Mental Health Service we identified barriers and facilitators of prescribing physical activity. Using the Knowledge to Action framework, implementation strategies were devised to implement behaviour change. We expect the successful implementation of this project to build the capacity of Mental Health Practitioners and increase the prescription of physical activity to mental health consumers.

# FINALIST

## Amanda Adams

✉ [amanda.adams2@health.qld.gov.au](mailto:amanda.adams2@health.qld.gov.au)

### ***Implementing the Dietitian First Gastroenterology Clinic: A statewide virtual care model providing timely access to care closer to home.***

Across Queensland, patients are waiting outside recommended timeframes for specialist outpatient care, particularly for those living in rural and regional locations. Research reports the Dietitian First Gastroenterology Clinic (DGGC) is a safe and effective model of care, which delivers positive patient and service outcomes. Our aim was to implement and evaluate a Virtual DFGC at STARS to address these concerns statewide. This service was provided across Metro North, West Moreton and Wide Bay Hospital and Health Services by delivering training, optimising digital systems, and streamlining referral pathways. Over 12 months, 128 referrals were received, with 86% of care provided via telehealth. A saving of \$740 per patient was observed when compared to usual care, and 89% of patients rated their care as good or very good. This project demonstrated the STARS Virtual DFGC is effective and better meets the needs of consumers, reduces wait lists and encourages load sharing statewide.

FINALIST

# Maureen Godfrey

✉ [maureen.godfrey@health.qld.gov.au](mailto:maureen.godfrey@health.qld.gov.au)

## ***Meeting real needs of clients with cognitive impairment in Rehab Day Therapy through "CO-OP"eration.***

Rehabilitation Day Therapy Unit (RDTU) clients with cognitive issues experience significant impact on abilities with everyday activity with consequences for occupational roles such as self-caring, homemaking and working. Occupational Therapy (OT) for these patients takes a generalised approach with variability across clinicians and limited structure. With this, there can be a loss of clear focus on clients' individualised, meaningful goals. The RDTU OT team is aware of building evidence for the Cognitive Orientation to Occupational Performance (CO-OP) framework and its potential for service improvement. It places the client's activity performance in the foreground, addressing what really matters to our consumers. An opportunity for improvement exists. It is anticipated implementation of the CO-OP approach with RDTU patients with cognitive dysfunction will improve patient outcomes, facilitate best patient care, and build service capability in RDTU.

# FINALIST

## Rohan Ballon

✉ [rohan.ballon@health.qld.gov.au](mailto:rohan.ballon@health.qld.gov.au)

### ***The SWHHS Rural Immersion Placement Program – Allied Health (RIPPAH).***

The allied health shortages in rural and remote Australia are well researched. The aim of this project was to match the evidence gap in South West HHS placement models and evaluate an evidenced community immersion placement model- the Rural Immersion Placement Program – Allied Health (RIPPAH); as a workforce pipeline solution. The Consolidated Framework for Implementation Research (CFIR) and CFIR-ERIC was used to plan and implement RIPPAH with a mixed-methods evaluation guided by CFIR and the RE-AIM framework including student and supervisor evaluation surveys and semi-structured interviews. RIPPAH was successfully implemented, with a panel utilising criterion aligned to rural health career and quality placement enablers to select applicants. Eight successful physiotherapy and dietetics and nutrition students completed a RIPPAH placement in 2023. 100% of students identified positive experiences and intention to apply for rural positions, with supervisors identifying multiple benefits. RIPPAH scale and spread is underway for additional professions and HHSs.

# TRIP

## Pitches:

# Top 3 Finalists



## Sinéad Downes

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***Implementation of ICE-POP: two evidence-based physiotherapy interventions to prevent Post-operative Pulmonary Complications (PPCs) in abdominal surgery patients: Implementation hybrid type 2 study.***

## Harry Martine

✉ [harry.martine@health.qld.gov.au](mailto:harry.martine@health.qld.gov.au)

***Assessment for Rehabilitation Decision Making Tool Rural Implementation.***

## Monica de Nooyer

✉ [monica.denooyer@health.qld.gov.au](mailto:monica.denooyer@health.qld.gov.au)

***Reducing a patients' time in seclusion through Graded Behavioural Exposure.***



# Awards

## Overall Winner

Office of the Chief Allied Health Officer  
\$1500 Professional Development

The TRIP project with the highest scoring entry across all judging categories, as determined by the judging panel.

## Partnerships

Health Translation Queensland  
\$600 Professional Development

Recognises a TRIP project that has established or strengthened multi-site, external partnerships, or collaborations with other health departments, disciplines, health services, institutes or industry.

## Lessons Learnt

PA Foundation  
\$500 Professional Development

We all make mistakes! This award recognises a TRIP project that didn't go exactly to plan but created valuable learning opportunities.

## Enabling Implementation

RBWH Foundation  
\$500 Professional Development

This award recognises an individual or team who Undertake(s) systems-based changes to enable or facilitate the implementation of research translation. The award is focused on the establishment & facilitation of strategic processes that enable implementation rather than the results of the implementation itself.

# Thank you

## Sponsors:



## AH-TRWorkshopIP Network:

AH-TRIP Steering Committee

AH-TRIP Champions

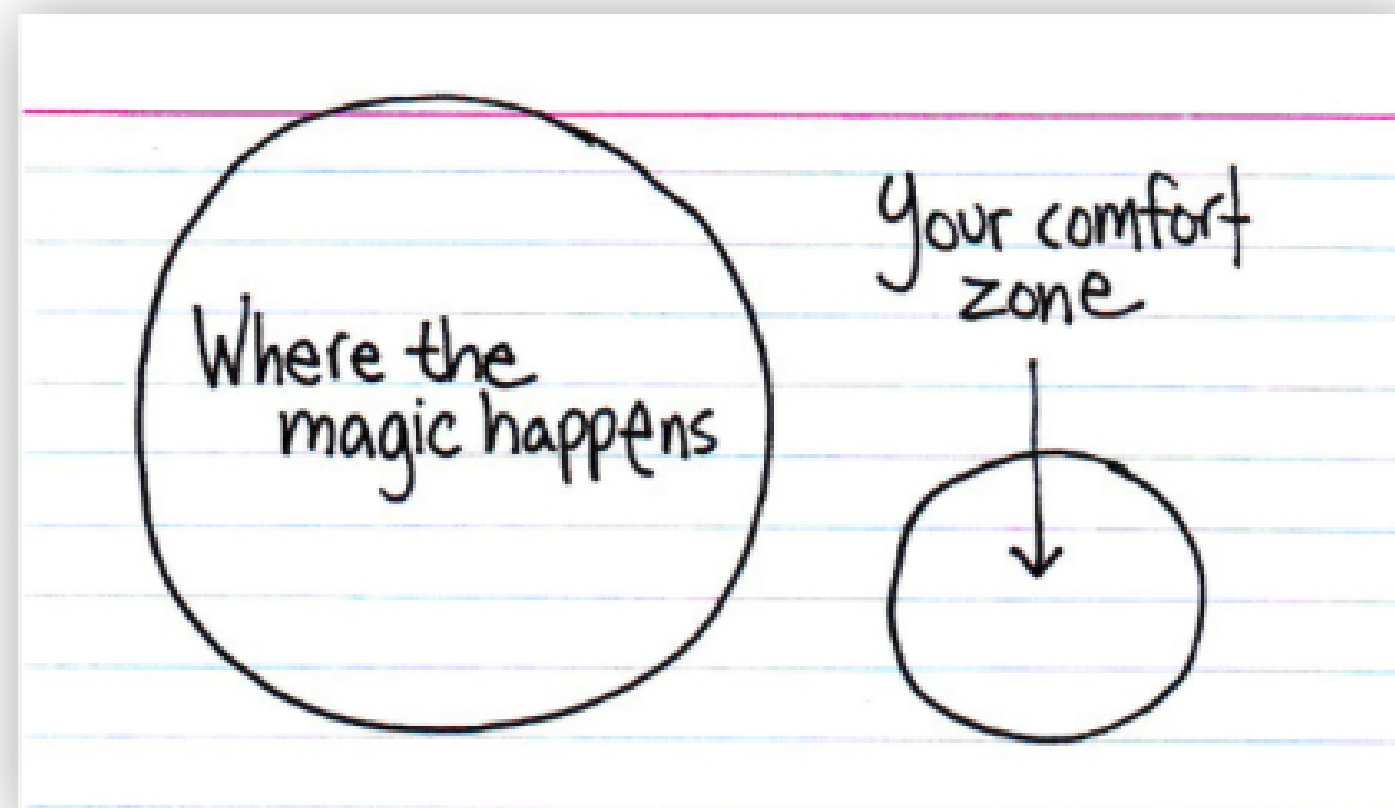
AH-TRIP Working Groups

AH-TRIP Telementors & Telementees

AH-TRIP Supporters & Collaborators

RRR-CAP TRIP Fellows

The AH-TRIP initiative is pleased to offer a hybrid '**Coaching Workshop**'  
from **9:00 - 12:00 pm** (AEST) on **Friday 1st March, 2024**.



**The overall objective of this workshop is: -**

**For health practitioners to have the knowledge, skills, and confidence to support others in developing and delivering quality or solving health system problems, underpinned by the Translation of Research into Practice (TRIP), also known as Knowledge Translation.**

The **target audience** of the workshop is...

- **Workforce Development Officers** with TRIP, quality improvement (QI) and service development portfolios and experience
- **HPs with past AH-TRIP or TRIP** project development and delivery experience
  - AH-TRIP Telementees
  - CARHLI Metro North AH-TRIP Start-up Funding Recipients
  - KT Course Participants
  - Showcase Presenters
  - AH-TRIP Champions
  - TRIP Fellows
  - 1:1 Trip Mentors or Mentees
- **HP Research Fellow**
- **Health Improvement Unit (HIU) Fellows**
- **Interprofessional Practice Educators**



Members of the AH-TRIP initiative will facilitate the workshop, and core resources will be made available to support the learning and engagement of attendees.

**Learn more here!**

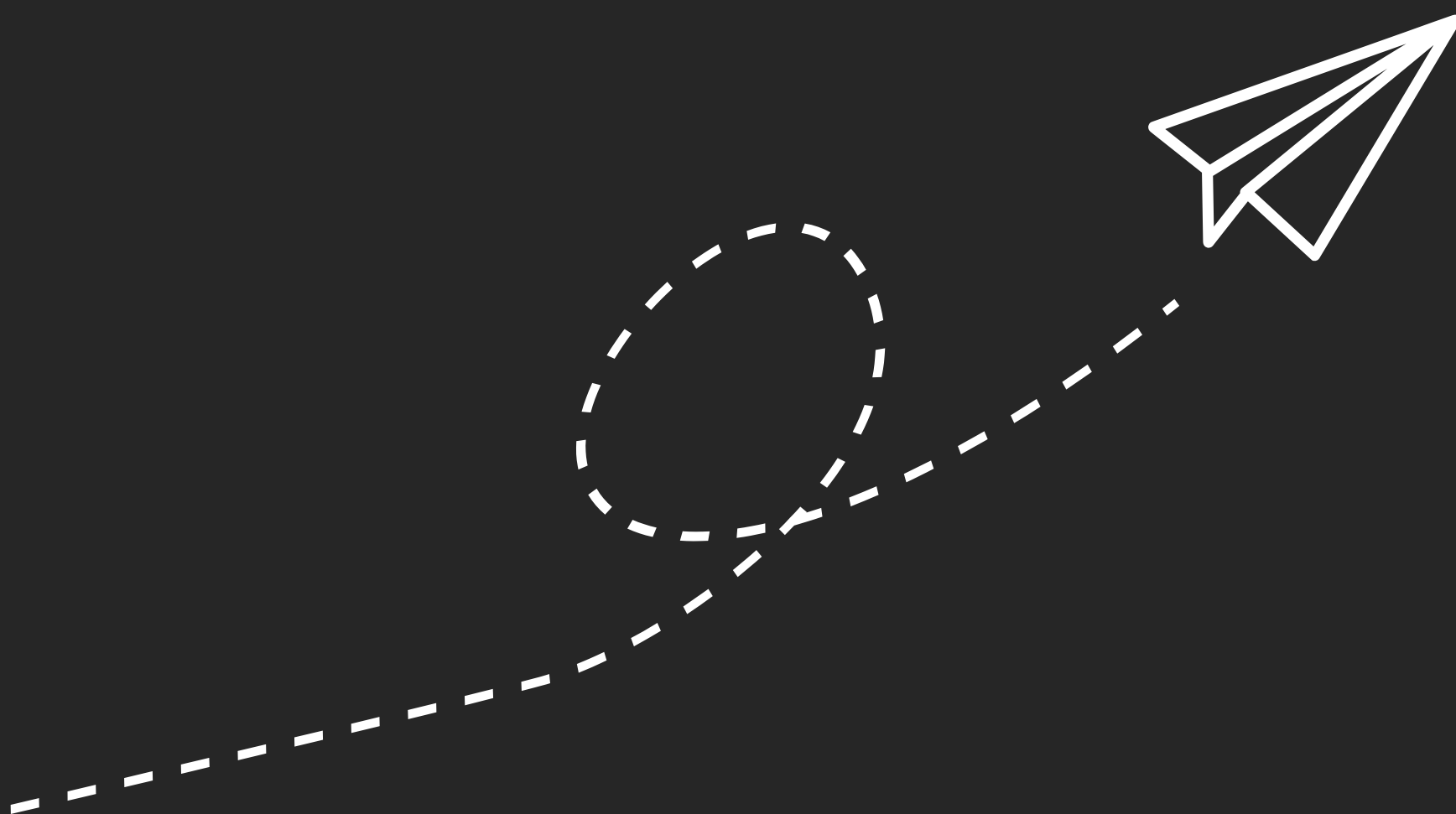
- [Expression of Interest Form](#)

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