



**Health Services & Outreach Clinics – OCTOBER 2019**

Your Medicare and Health Care/Pension cards will be required each time you visit the Health Service. To see any of the Outreach Doctors you will require a doctor's referral, and then need to make appointments through the Hospital on 4043 0100, or Community Health on 4043 0170.

Pink	Cooktown
Green	Wujal Wujal
Blue	Hope Vale
Orange	Laura
Purple	Bloomfield & Rossville

**TUESDAY 1 OCTOBER**

Dentist (Wujal Wujal PHCC)

**WEDNESDAY 2 OCTOBER**

Dentist (Hope Vale PHCC)

**THURSDAY 3 OCTOBER**

Dentist (Cooktown Community Health)

**FRIDAY 4 OCTOBER**

No scheduled outreach clinics

**MONDAY 7 OCTOBER**

**PUBLIC HOLIDAY (QUEEN'S BIRTHDAY) – A&E Presentations Only @ Hospital**

**TUESDAY 8 OCTOBER**

Dentist (Wujal Wujal PHCC)

Gensurg OPD Clinic (Cooktown Hospital)

**WEDNESDAY 9 OCTOBER**

Dentist (Wujal Wujal PHCC)

**THURSDAY 10 OCTOBER**

Renal Clinic (Cooktown Community Health)

Dentist (Cooktown Community Health)

**FRIDAY 11 OCTOBER**

Renal Clinic (Cooktown Community Health)

Dentist (Cooktown Community Health)

**MONDAY 14 OCTOBER**

Dentist (Cooktown Community Health)

**TUESDAY 15 OCTOBER**

Dentist (Hope Vale PHCC)

**WEDNESDAY 16 OCTOBER**

Dentist (Hope Vale PHCC)

**THURSDAY 17 OCTOBER**

Dentist (Cooktown Community Health)

**FRIDAY 18 OCTOBER**

Dentist (Cooktown Community Health)

**MONDAY 21 OCTOBER**

Dentist (Cooktown Community Health)

**TUESDAY 22 OCTOBER**

Dentist (Wujal Wujal PHCC)

**WEDNESDAY 23 OCTOBER**

Dentist (Wujal Wujal PHCC)

**THURSDAY 24 OCTOBER**

Dentist (Cooktown Community Health)

**FRIDAY 25 OCTOBER**

Dentist (Cooktown Community Health)

**MONDAY 28 OCTOBER**

ENT/Audiology Clinic (Cooktown Community Health)

Dentist (Cooktown Community Health)

**TUESDAY 29 OCTOBER**

ENT/Audiology Clinic (Cooktown Community Health)

**WEDNESDAY 30 OCTOBER**

Australian Hearing Clinic (Cooktown Community Health)

Dentist (Hope Vale PHCC)

**THURSDAY 31 OCTOBER**

Australian Hearing Clinic (Cooktown Community Health)

Dentist (Cooktown Community Health)

**TELEHEALTH appointments are now available, please ask your GP for more details.**



**GIVE COLOUR A SPIN**

Different coloured fruit and veggies have different nutrients and health benefits. So, by eating a mix of colours, you're helping give your body the vitamins, minerals and antioxidants it needs to stay healthy.

Discover the power of colourful fruit and veggies at [healthier.qld.gov.au](http://healthier.qld.gov.au)

You can even spin the colour recipe wheel for all sorts of colour-coded recipes.

**Healthier.  
Happier.**

