

# PALLIATIVE CARE RESOURCES

## FOR HEALTH PROFESSIONALS

### GENERAL EDUCATION, TRAINING & RESEARCH RESOURCES

| Organisation                                                                               | Information                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
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| <b>CareSearch</b>                                                                          | National online hub for evidence-based palliative care information and education including online modules, learning packages and summaries of current research.<br><a href="https://www.caresearch.com.au/Health-Professionals/Health-Practitioner-Education">https://www.caresearch.com.au/Health-Professionals/Health-Practitioner-Education</a>                                                                                                                                                                                                                                                                                     |
| <b>Centre for Palliative Care Research &amp; Education (CPCRE)</b>                         | A Queensland Health funded initiative hosted by Metro North Health to enhance palliative care education and research through delivery of events, workshops and conferences, organising placement opportunities for clinicians and dissemination of knowledge.<br><a href="https://www.health.qld.gov.au/cpcre">https://www.health.qld.gov.au/cpcre</a>                                                                                                                                                                                                                                                                                 |
| <b>End-of-Life Essentials</b>                                                              | Offers free online education modules and toolkits for health professionals to support end of life in acute hospitals.<br><a href="https://www.endoflifeessentials.com.au/">https://www.endoflifeessentials.com.au/</a>                                                                                                                                                                                                                                                                                                                                                                                                                 |
| <b>Flinders University Research Centre for Palliative Care, Death &amp; Dying (RePaDD)</b> | Leading Australian research centre that improves palliative care, death, dying and bereavement through research, education and translation of evidence into practice.<br><a href="https://www.flinders.edu.au/research-centre-palliative-care-death-dying">https://www.flinders.edu.au/research-centre-palliative-care-death-dying</a>                                                                                                                                                                                                                                                                                                 |
| <b>Paediatric Palliative Care Centre of Research Excellence</b>                            | National collaborative of researchers, families, clinicians and advocacy bodies to improve the care of babies, children and young people with life-limiting conditions in Australia through world-class research.<br><a href="https://www.ppc-cre.org.au/">https://www.ppc-cre.org.au/</a>                                                                                                                                                                                                                                                                                                                                             |
| <b>PallConsult</b>                                                                         | Supports local teams to deliver patient-centred palliative care including education musters and community of practice.<br><a href="https://www.health.qld.gov.au/clinical-practice/referrals/statewide-specialist-services/pallconsult">https://www.health.qld.gov.au/clinical-practice/referrals/statewide-specialist-services/pallconsult</a><br><i>Resources:</i> <a href="https://www.health.qld.gov.au/clinical-practice/referrals/statewide-specialist-services/pallconsult/pallconsult-resources">https://www.health.qld.gov.au/clinical-practice/referrals/statewide-specialist-services/pallconsult/pallconsult-resources</a> |
| <b>palliAGED</b>                                                                           | Resource packs and forms to support caring for older people, including breakthrough medicines charts, pain assessments and tools.<br><a href="https://www.palliaged.com.au/Supporting-Services/palliAGED-Products/Forms#RD">https://www.palliaged.com.au/Supporting-Services/palliAGED-Products/Forms#RD</a>                                                                                                                                                                                                                                                                                                                           |
| <b>Palliative Care Curriculum for Undergraduates (PCC4U)</b>                               | Aims to improve the skill and confidence of the health workforce to work with people with palliative care needs by promoting the integration of palliative care training within all health undergraduate, entry-to-practice, and relevant post-graduate curricula.<br><a href="https://pcc4u.org.au/">https://pcc4u.org.au/</a>                                                                                                                                                                                                                                                                                                        |
| <b>Palliative Care Education Directory (PaCE)</b>                                          | Resource directory for educators, health professionals and aged care providers.<br><a href="https://pace.org.au/">https://pace.org.au/</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |

| Organisation                                                   | Information                                                                                                                                                                                                                                                                                                                                                                      |
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| <b>palliBytes</b>                                              | Queensland online education initiative that provides short, practical learning resources for health professionals.<br><a href="https://palliativecareeducation.com.au/course/index.php?categoryid=30">https://palliativecareeducation.com.au/course/index.php?categoryid=30</a>                                                                                                  |
| <b>palliMEDS App</b>                                           | Free app supported by caring@home for health professionals to provide optimal symptom management. Includes an adult and paediatric opioid calculator.<br><a href="https://www.caringathomeproject.com.au/for-health-professionals/mobile-apps">https://www.caringathomeproject.com.au/for-health-professionals/mobile-apps</a>                                                   |
| <b>Pharmaceutical Society of Australia (PSA)</b>               | ASPIRE Palliative Care Foundation Training Program includes free online training modules for pharmacists.<br><a href="https://my.psa.org.au/s/training-plan/a11RF000003zzcjYAA/aspire-palliative-care-foundation-training-program">https://my.psa.org.au/s/training-plan/a11RF000003zzcjYAA/aspire-palliative-care-foundation-training-program</a>                               |
| <b>Program of Experience in the Palliative Approach (PEPA)</b> | Provides opportunities for health professionals to develop capabilities in providing a palliative approach to care through participation in placements, workshops and a range of learning resources.<br><a href="https://pepaeducation.com/">https://pepaeducation.com/</a>                                                                                                      |
| <b>Quality of Care Collaborative Australia (QuoCCA)</b>        | Delivers paediatric palliative care education to health and education professionals in urban, regional and remote areas who may care for children and young people with palliative and end-of-life care needs.<br><a href="https://www.quocca.com.au/">https://www.quocca.com.au/</a>                                                                                            |
| <b>Queensland Health</b>                                       | Information about training, courses, clinical resources and guidelines.<br><a href="https://www.health.qld.gov.au/clinical-practice/guidelines-procedures/clinical-resources/palliative-care-resources-for-health-professionals">https://www.health.qld.gov.au/clinical-practice/guidelines-procedures/clinical-resources/palliative-care-resources-for-health-professionals</a> |

## COMMUNICATION AND DIFFICULT CONVERSATIONS

| Organisation                                           | Information                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
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| <b>End-of-Life Essentials</b>                          | Communication and decision-making toolkit.<br><a href="https://www.endoflifeessentials.com.au/Portals/14/document/MyToolkitChecklists/Communication_and_Decision-Making_MyToolkit.pdf">https://www.endoflifeessentials.com.au/Portals/14/document/MyToolkitChecklists/Communication_and_Decision-Making_MyToolkit.pdf</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| <b>NSW Health Clinical Excellence Commission (CEC)</b> | PREPARED Model – A guide for clinicians to prepare for conversations about the last days of life.<br><a href="https://www.cec.health.nsw.gov.au/_data/assets/pdf_file/0006/359277/PREPAR-ED-model-for-difficult-conversations.PDF">https://www.cec.health.nsw.gov.au/_data/assets/pdf_file/0006/359277/PREPAR-ED-model-for-difficult-conversations.PDF</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| <b>Queensland Health</b>                               | Clinical resources for health professionals giving compassionate care in the last days of life.<br><a href="https://www.health.qld.gov.au/clinical-practice/guidelines-procedures/clinical-resources/palliative-care-resources-for-health-professionals/compassionate-care-during-death-dying-and-bereavement">https://www.health.qld.gov.au/clinical-practice/guidelines-procedures/clinical-resources/palliative-care-resources-for-health-professionals/compassionate-care-during-death-dying-and-bereavement</a><br><br>Shared decision-making tools and guide to support conversations and shared decisions with patients and families, including The Care Companion documents and Best case, worse case tool.<br><a href="https://www.health.qld.gov.au/clinical-practice/guidelines-procedures/clinical-resources/palliative-care-resources-for-health-professionals/shared-decision-making-the-care-companion">https://www.health.qld.gov.au/clinical-practice/guidelines-procedures/clinical-resources/palliative-care-resources-for-health-professionals/shared-decision-making-the-care-companion</a> |
| <b>Palliative Care Australia (PCA)</b>                 | Discussion starters to normalise early conversations about end-of-life.<br><a href="https://palliativecare.org.au/campaign/discussion-starters/">https://palliativecare.org.au/campaign/discussion-starters/</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |

## TARGETED EDUCATION AND TRAINING FOR SPECIFIC POPULATIONS

| Topic                                          | Organisation                                                           | Information                                                                                                                                                                                                                                                                                                                                                 |
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| <b>Culturally &amp; Linguistically Diverse</b> | <b>NSW Health</b>                                                      | Use of interpreters to facilitate advance care planning conversations.<br>Video: <a href="https://www.youtube.com/watch?v=m4p6ZW7Omtc">https://www.youtube.com/watch?v=m4p6ZW7Omtc</a>                                                                                                                                                                      |
|                                                | <b>Palliative Care Victoria</b>                                        | Resources including guides for health professionals and pastoral workers, and religious and cultural considerations for death and dying.<br><a href="https://www.pallcarevic.asn.au/page/102/culturally-linguistically-diverse-people">https://www.pallcarevic.asn.au/page/102/culturally-linguistically-diverse-people</a>                                 |
| <b>Dementia</b>                                | <b>Dementia Training Australia (DTA)</b>                               | Range of free online courses to improve dementia knowledge for health professionals.<br><a href="https://dta.com.au/">https://dta.com.au/</a>                                                                                                                                                                                                               |
|                                                | <b>The Advance Project</b>                                             | Provides practical, evidence-based resources and training for health professionals using evidence-based toolkits for use in general practice and for people with dementia.<br><a href="https://www.theadvanceproject.com.au/About/The-Advance-Project-General-Practice">https://www.theadvanceproject.com.au/About/The-Advance-Project-General-Practice</a> |
|                                                | <b>Wicking Dementia Research and Education Centre</b>                  | Free Massive Online Open Courses (MOOC) including dementia, motor neurone disease and Parkinson's disease.<br><a href="https://mooc.utas.edu.au/">https://mooc.utas.edu.au/</a>                                                                                                                                                                             |
| <b>Intellectual Disability</b>                 | <b>Talking End of Life (TEL)</b>                                       | For disability support workers, families, health professionals and educators to teach people with intellectual disability about end of life using online modules, videos and resources.<br><a href="https://www.caresearch.com.au/tel/Modules">https://www.caresearch.com.au/tel/Modules</a>                                                                |
|                                                | <b>National Centre of Excellence in Intellectual Disability Health</b> | Toolkit for health professionals for guidance on improving palliative care for people with intellectual disability.<br><a href="https://www.3dn.unsw.edu.au/resources/improving-palliative-care-toolkit-health-professionals">https://www.3dn.unsw.edu.au/resources/improving-palliative-care-toolkit-health-professionals</a>                              |
| <b>LGBTIQ+</b>                                 | <b>LGBTIQ+ Health Australia</b>                                        | Free eLearning modules to increase health professionals' confidence in providing LGBTIQ+ inclusive palliative care.<br><a href="https://www.lgbtiqhealth.org.au/palliative_care">https://www.lgbtiqhealth.org.au/palliative_care</a>                                                                                                                        |
| <b>Spiritual Care</b>                          | <b>Palliative Care Victoria</b>                                        | Training, education, information and resources to facilitate the provision of quality spiritual care and information on religious beliefs and cultural practices.<br><a href="https://www.pallcarevic.asn.au/page/143/spiritual-care">https://www.pallcarevic.asn.au/page/143/spiritual-care</a>                                                            |
| <b>Voluntary Assisted Dying</b>                | <b>Queensland Voluntary Assisted Dying (QVAD)</b>                      | Information for health professionals, and health and aged care services on voluntary assisted dying.<br><a href="https://www.health.qld.gov.au/clinical-practice/guidelines-procedures/voluntary-assisted-dying">https://www.health.qld.gov.au/clinical-practice/guidelines-procedures/voluntary-assisted-dying</a>                                         |

## ADVANCE CARE PLANNING AND END OF LIFE DECISION-MAKING

| Organisation                                                  | Information                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
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| <b>Advance Care Planning Australia</b>                        | Professional resource hub for health professionals to support and improve advance care planning.<br><a href="https://www.advancecareplanning.org.au/professional-resources">https://www.advancecareplanning.org.au/professional-resources</a><br>Video: <a href="https://www.youtube.com/watch?v=IEwftbRJICl">https://www.youtube.com/watch?v=IEwftbRJICl</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| <b>End of Life Law for Clinicians (ELLC)</b>                  | Accurate and practical information to assist health professionals navigate the challenging legal issues that can arise with end of life decision-making.<br><a href="https://end-of-life.qut.edu.au/">https://end-of-life.qut.edu.au/</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| <b>Office of the Public Guardian (OPG) Queensland</b>         | Explains how the Queensland Civil and Administrative Tribunal (QCAT) may get involved to appoint a formal decision maker and the role guardians and administrations play to support an adult to make decisions.<br>Video: <a href="https://www.youtube.com/watch?v=olsjGW1RvUs">https://www.youtube.com/watch?v=olsjGW1RvUs</a><br>Video: <a href="https://www.youtube.com/watch?v=BIMuodvv1IY">https://www.youtube.com/watch?v=BIMuodvv1IY</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| <b>Queensland Health</b>                                      | Clinical resources for health professionals including Care Plan for the Dying Person, symptom assessment and management factsheets, end of life care pathways in emergency and aged care settings.<br><a href="https://www.health.qld.gov.au/clinical-practice/guidelines-procedures/clinical-resources/palliative-care-resources-for-health-professionals/planning-and-decisions-about-end-of-life-care">https://www.health.qld.gov.au/clinical-practice/guidelines-procedures/clinical-resources/palliative-care-resources-for-health-professionals/planning-and-decisions-about-end-of-life-care</a><br>Guidelines for assessing decision-making capacity.<br><a href="https://www.qld.gov.au/law/legal-mediation-and-justice-of-the-peace/power-of-attorney-and-making-decisions-for-others/capacity-guidelines">https://www.qld.gov.au/law/legal-mediation-and-justice-of-the-peace/power-of-attorney-and-making-decisions-for-others/capacity-guidelines</a> |
| <b>Statewide Office of Advance Care Planning (Queensland)</b> | Resources for health professionals include assessing documents, general practice, supporting services and checklists.<br><a href="https://www.health.qld.gov.au/clinical-practice/referrals/statewide-specialist-services/statewide-office-of-advance-care-planning/health-professional-resources">https://www.health.qld.gov.au/clinical-practice/referrals/statewide-specialist-services/statewide-office-of-advance-care-planning/health-professional-resources</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |

## QUALITY, SAFETY AND GOVERNANCE

| Organisation                                         | Information                                                                                                                                                                                                                                                                                                                                                                                         |
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| <b>Palliative Care Australia (PCA)</b>               | National Palliative Care Standards to provide a nationally consistent framework to guide health and care services in delivery safe and effective care centred on the needs of people with life-limiting illness and their families and carers.<br><a href="https://palliativecare.org.au/national-palliative-care-standards/">https://palliativecare.org.au/national-palliative-care-standards/</a> |
| <b>Palliative Care Outcomes Collaboration (PCOC)</b> | A voluntary program that is improving the quality and outcomes in palliative care in Australia, and internationally by collecting and analysing information from palliative care services across Australia.<br><a href="https://www.uow.edu.au/australasian-health-outcomes-consortium/pcoc/">https://www.uow.edu.au/australasian-health-outcomes-consortium/pcoc/</a>                              |