PATIENT INFORMATION SHEET ONLY

NO DOCUMENTED CONSENT REQUIRED
1. What is a Nephrostogram?
A nephrostogram is an x-ray procedure that is used to check your nephrostomy catheter and flow of urine through your ureter.

![Diagram of a nephrostogram]

2. Will there be any discomfort, is any anaesthetic needed?
No anaesthetic is required for this procedure.

3. Preparation for the procedure
The medical imaging department will give you instructions on how to prepare for your procedure.
- Please tell the staff if you are or suspect you might be pregnant.

4. During the procedure
Your nephrostomy catheter will be disconnected from the drainage bag and connected to a syringe filled with iodinated ‘Contrast’ (once called x-ray dye).

- The Contrast will be injected as x-ray pictures are taken. The Contrast allows the nephrostomy catheter and your kidney, ureter and bladder to be seen clearly on the x-ray pictures.
- You must remain as still as possible. At times, you may be asked to hold your breath.
- After the pictures have been taken, if no other procedures are required, the nephrostomy catheter will be reconnected to the drainage bag.

5. What are the risks of this specific procedure?
The risks and complications with this procedure can include but are not limited to the following.

Common risks and complications include:
- No known common risks.

Less common risks and complications include:
- Infection, requiring antibiotics and further treatment.
- An allergy to injected drugs, requiring further treatment.
- The procedure may not be possible due to medical and/or technical reasons.

Rare risks and complications include:
- An increased lifetime cancer risk due to the exposure to x-rays.
- Death as a result of this procedure is very rare.

6. What are the safety issues?
*If a nephrostomy catheter has been left insitu, take care not to pull on the tube. Notify staff if the tube has fallen out.*

Notes to talk to my doctor/ health practitioner about:

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Consent Information - Patient Copy
Nephrostogram

Nephrostogram - Herston Multi Media Unit, RBWH, 2009

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