



Dailenbuk
toilet



lupna
bed



tutphah
chair



**a kikhin kawikawi
thei zato vanzat**
mobility aid

he
yes



lukham
pillow



puanza
blanket



mainulh
towel



tempan
razor



kisilna
shower



sawp
wash



ha nawt
brush teeth



hatuam
dentures

thei lo
I don't know



mitlimlangh
glasses



khuazak theihna
hearing aid



sumbawm/sum-ip
wallet/purse



khuttawi phone
mobile phone



an
food



tui
water



kaapi/niangtui
coffee/tea

*Na vanneih/vanpuakte
gelh nading mun awng
Free space to write your
own items*

hi lo
no



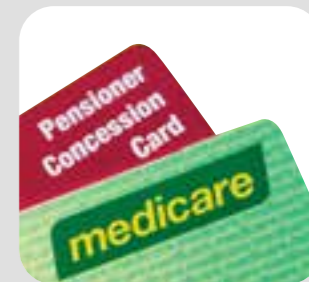
puansilh
clothes



khedap
shoes



samsih/samhiatna
brush/comb



**zatokilahna/
sum tawmbeina card**
Medicare/concession card

Ka lungsim/Ka I feel



heh
angry



lungdam lo
unhappy



patau
worried



lungnuam
happy



Diipkua/lawp
excited



a pualam ah vakkhia
go outside



gim/tawl
tired



lutangna
headache



lung amh
dizzy



taang lua (khuavak)
too bright



gilkial
hungry



dangtaak
thirsty



khualum
hot



khuavot
cold



ginggaih lua
too loud



awm na
chest pain



sungpai
diarrhoea



lua
vomiting



kamphen
interpreter

Kamphen na kisap ciangin, hih lim kawk lecin, nasemte in sum beilo in kamphen hong sapsak ding uh hi.

When you need an interpreter, point to this picture and staff will provide you with one at no cost to you.



innkuan
family



biaknalam pan panpihna
religious support



siavuan
doctor



zato siamah
nurse



nausuaksak siamah
midwife



cisa
temperature



khutdawh
pulse



si sitna
blood test



x-ray
x-ray



zatusutna
injection



si khang
blood pressure



meima
wound



Sisan luang
bleeding



zatui zaha
medicine



tu
sit up



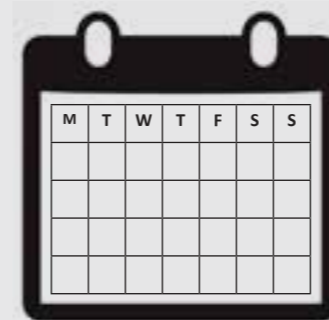
ding
stand up



lum/kual
lie down

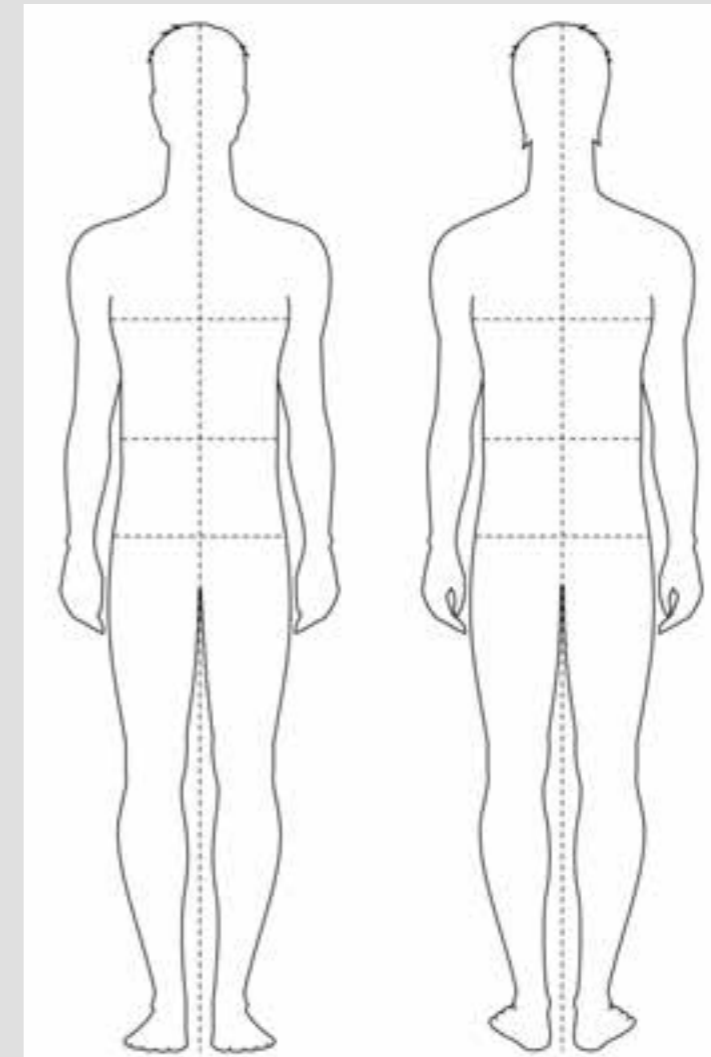


kihual/kihei
roll over



nimit/ahun
date

Na natna koi mun?
Where is your pain?



a mai
front

a nung
back

Natna tan: 0-10
Pain scale: 0-10

- 10 **a suksia thei pen**
worst possible
- 9 **nasia mahmah**
very severe
- 8 **nasia**
severe
- 7 **hoihbek**
moderate
- 6 **tawmno**
mild
- 5 **natna omlo**
no pain
- 4
- 3
- 2
- 1
- 0

Notes

This tool is for patients who are having difficulty communicating. It is available in English as well as some other languages. It can be used to communicate basic care needs and for simple conversations. The tool can assist communication but **DOES NOT REPLACE THE NEED FOR AN INTERPRETER.**