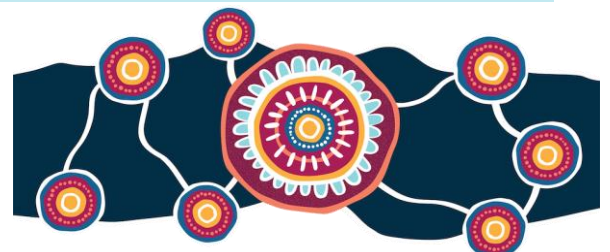


# PALLIATIVE CARE RESOURCES

## FOR ABORIGINAL & TORRES STRAIT ISLANDER PEOPLES

### GENERAL PALLIATIVE CARE INFORMATION

| Organisation                                                                             | Information                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
|------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Australian Government<br/>Department of Health,<br/>Disability and Ageing</b>         | Palliative care support fact sheet with information about End-of-Life Pathway for Aboriginal and Torres Strait Islander peoples.<br><a href="https://www.health.gov.au/resources/publications/palliative-care-support-fact-sheet?language=en">https://www.health.gov.au/resources/publications/palliative-care-support-fact-sheet?language=en</a>                                                                                                             |
| <b>Cancer Council<br/>Queensland</b>                                                     | Consumer resources for First Nations peoples.<br><a href="https://resources.cancerqld.org.au/collections/aboriginal-and-torres-strait-islander">https://resources.cancerqld.org.au/collections/aboriginal-and-torres-strait-islander</a>                                                                                                                                                                                                                      |
| <b>CareSearch</b>                                                                        | Resources and information to help the health care workforce and carers to provide palliative care for Aboriginal and Torres Strait Islander peoples.<br><a href="https://www.caresearch.com.au/Health-Professionals/Aboriginal-and-Torres-Strait-Islander-Care">https://www.caresearch.com.au/Health-Professionals/Aboriginal-and-Torres-Strait-Islander-Care</a>                                                                                             |
| <b>caring@home</b>                                                                       | Resources including fact sheets, training videos and an Indigenous app to support care at home for Aboriginal & Torres Strait Islander families.<br><a href="https://www.caringathomeproject.com.au/support-for-carers-and-families/resources-for-aboriginal-and-torres-strait-islander-families/downloads">https://www.caringathomeproject.com.au/support-for-carers-and-families/resources-for-aboriginal-and-torres-strait-islander-families/downloads</a> |
| <b>National Aboriginal<br/>Community Controlled<br/>Health Organisation<br/>(NACCHO)</b> | Engages with stakeholders to understand Aboriginal and Torres Strait Islander people's experiences of supportive and end-of-life care and develop a national approach to palliative care. Includes diverse range of resources.<br><a href="https://www.naccho.org.au/cancer/palliative-care/">https://www.naccho.org.au/cancer/palliative-care/</a>                                                                                                           |
| <b>Queensland Health</b>                                                                 | Sad news, sorry business guidelines for caring for Aboriginal and Torres Strait Islander people through death and dying.<br><a href="https://www.health.qld.gov.au/_data/assets/pdf_file/0023/151736/sorry_business.pdf">https://www.health.qld.gov.au/_data/assets/pdf_file/0023/151736/sorry_business.pdf</a>                                                                                                                                               |
| <b>palliAGED</b>                                                                         | Information about culturally safe care for older people.<br><a href="https://www.palliaged.com.au/Evidence-Centre/The-Older-Person/Culturally-Safe-Care">https://www.palliaged.com.au/Evidence-Centre/The-Older-Person/Culturally-Safe-Care</a>                                                                                                                                                                                                               |
| <b>Palliative Care<br/>Australia (PCA)</b>                                               | Resources including discussion starters, videos and Reconciliation Action Plan (RAP) to continue the organisation's contribution towards reconciliation in Australia.<br><a href="https://palliativecare.org.au/resource/aboriginal-and-torres-strait-islander-peoples-palliative-care-resources/">https://palliativecare.org.au/resource/aboriginal-and-torres-strait-islander-peoples-palliative-care-resources/</a>                                        |
| <b>Palliative Care<br/>Queensland (PCQ)</b>                                              | Resources for patients, families, carers and health professionals.<br><a href="https://palliativecareqld.org.au/aboriginal-and-torres-strait-islander-peoples-resources/">https://palliativecareqld.org.au/aboriginal-and-torres-strait-islander-peoples-resources/</a>                                                                                                                                                                                       |

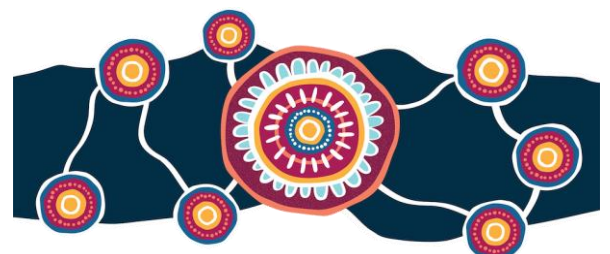


## FOR HEALTH PROFESSIONALS

| Organisation                                                               | Information                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
|----------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Australian Indigenous HealthInfoNet</b>                                 | Assists the health workforce who provide care for Aboriginal and Torres Strait Islander people, their families and communities. It seeks to support both clinicians and policy-makers in accessing resources, research and projects on palliative and end-of-life care for Aboriginal and Torres Strait Islander people.<br><a href="https://healthinfonet.ecu.edu.au/learn/health-system/palliative-care/">https://healthinfonet.ecu.edu.au/learn/health-system/palliative-care/</a> |
| <b>Centre for Palliative Care Research &amp; Education (CPCRE)</b>         | First Nations care projects including the Budja Wandjina Yarning Circle First Nations Community of Practice, Palliative Care Engagement Project, IPEPA community engagement visits and networking through gathering, workshops and placements.<br><a href="https://www.health.qld.gov.au/cpc/re/first-nations-care">https://www.health.qld.gov.au/cpc/re/first-nations-care</a>                                                                                                       |
| <b>Gwandalan</b>                                                           | Tailored education and training materials to support cultural safety within palliative care services for Aboriginal and Torres Strait Islander peoples during the returning to Spirit journey.<br><a href="https://gwandalanpalliativecare.com.au/">https://gwandalanpalliativecare.com.au/</a>                                                                                                                                                                                       |
| <b>Indigenous Program of Experience in the Palliative Approach (IPEPA)</b> | IPEPA works to embed Australian First Nations knowledges across all our resources and facilitate two-way learning, providing an ideal opportunity to learn from experienced specialist staff to enhance skills, knowledge and confidence in the palliative approach.<br><a href="https://pepaeducation.com/ipepa/">https://pepaeducation.com/ipepa/</a>                                                                                                                               |
| <b>Institute for Urban Indigenous Health (IUIH)</b>                        | Leads community-controlled health services in Southeast Queensland to take responsibility for the delivery of health services to Indigenous Australians, by Indigenous Australians.<br><a href="https://www.iuih.org.au/services/palliative-end-of-life-care/">https://www.iuih.org.au/services/palliative-end-of-life-care/</a>                                                                                                                                                      |
| <b>Queensland Aboriginal and Islander Health Council (QAIHC)</b>           | Resources to help health professionals and services respond to the needs of the community, including position statement, model of care, toolkits, consumer resources and online training.<br><a href="https://www.qaihc.com.au/resources/palliative-care-resources">https://www.qaihc.com.au/resources/palliative-care-resources</a>                                                                                                                                                  |

## SOCIAL AND EMOTIONAL WELLBEING

| Organisation                                | Information                                                                                                                                                                                                                                                                                           |
|---------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Carer Gateway</b>                        | Includes information, resources and real life stories for First Nations people.<br><a href="https://www.carergateway.gov.au/first-nations">https://www.carergateway.gov.au/first-nations</a>                                                                                                          |
| <b>Gayaa Dhuwi (Proud Spirit) Australia</b> | National peak body for Aboriginal and Torres Strait Islander social and emotional wellbeing, mental health and suicide prevention. Includes useful resources and guidelines to support social and emotional wellbeing.<br><a href="https://www.gayaadhuwi.org.au/">https://www.gayaadhuwi.org.au/</a> |



## ADVANCE CARE PLANNING

| Organisation                                                     | Information                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
|------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>NSW Health</b>                                                | Resources to support advance care planning discussions in Aboriginal & Torres Strait Islander communities.<br><a href="https://www.health.nsw.gov.au/patients/acp/Pages/advance-care-planning-aboriginal-community.aspx">https://www.health.nsw.gov.au/patients/acp/Pages/advance-care-planning-aboriginal-community.aspx</a>                                                                                                                                              |
| <b>Palliative Care Australia</b>                                 | A culturally safe and practical case study for professional health, Aboriginal and community workers on 'how to' support and complete Advance Care Plans for end-of-life care in Indigenous communities.<br><a href="https://palliativecare.org.au/resource/discussing-choices-indigenous-advance-care-planning/">https://palliativecare.org.au/resource/discussing-choices-indigenous-advance-care-planning/</a>                                                          |
| <b>Queensland Aboriginal and Islander Health Council (QAIHC)</b> | Advance care yarning resources to support discussions with First Nations Queenslanders.<br><a href="https://www.qaihc.com.au/resources/palliative-care-resources/tailored-resources-developed-with-and-for-first-nations-queenslanders-now-available-to-support-advance-care-yarning">https://www.qaihc.com.au/resources/palliative-care-resources/tailored-resources-developed-with-and-for-first-nations-queenslanders-now-available-to-support-advance-care-yarning</a> |
| <b>Statewide Office of Advance Care Planning</b>                 | Advance care planning yarning brochure for consumers.<br><a href="https://www.health.qld.gov.au/_data/assets/pdf_file/0023/1347215/advance-care-planning-yarning-brochure.pdf">https://www.health.qld.gov.au/_data/assets/pdf_file/0023/1347215/advance-care-planning-yarning-brochure.pdf</a>                                                                                                                                                                             |

## ADDITIONAL RESOURCES

| Organisation                           | Information                                                                                                                                                                                                                                                                                                                                                                                                      |
|----------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Rural &amp; Remote Health (RRH)</b> | This review discusses palliative care and end-of-life models of care for Aboriginal people in New South Wales and considers Aboriginal palliative care needs by reflecting on recent literature and lessons derived from Aboriginal consultation.<br><a href="https://www.rrh.org.au/assets/article_documents/article_print_2339.pdf">https://www.rrh.org.au/assets/article_documents/article_print_2339.pdf</a> |

