PATIENT INFORMATION SHEET ONLY

NO DOCUMENTED CONSENT REQUIRED
1. **What is a Mammary Ductogram?**
   A Mammary Ductogram is an x-ray procedure that assists in finding the cause of an abnormal nipple discharge. Contrast (once called x-ray dye) is injected into the nipple to see the mammary duct more clearly on the x-ray pictures.

2. **Will there be any discomfort, is any anaesthetic needed?**
   You may feel fullness in the breast but usually no pain. No anaesthetic is required for this procedure.

3. **Preparation for the procedure**
   No special preparation is required.
   Please tell the staff if you are or suspect you might be pregnant.

4. **During the procedure**
   The Radiologist (x-ray doctor) may need to gently press on your nipple to identify which duct is leaking fluid.
   A small tube will be put into the duct.
   Contrast will slowly be injected through the tube into the duct. Breast x-rays (mammograms) are taken.
   The tube will be removed from your breast at the end of the procedure.

5. **What are the risks of this specific procedure?**
   The risks and complications with this procedure can include but are not limited to the following.
   **Common risks and complications include:**
   - Minor bleeding from the nipple, this should stop on its own.
   **Less common risks and complications include:**
   - Infection, requiring antibiotics and further treatment.
   - Allergic reaction to the Contrast. This could result in a rash, hives, itching, nausea, fainting or shortness of breath. Medication will be given to relieve this.
   - The procedure may not be possible due to medical and/or technical reasons.
   **Rare risks and complications include:**
   - An increased lifetime cancer risk due to the exposure to x-rays.
   - Death as a result of this procedure is very rare.

6. **What are the safety issues when you leave the hospital?**
   Go to your nearest Emergency Department or GP if you become unwell.

**Notes to talk to my doctor/health practitioner about:**

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**Consent Information - Patient Copy**

*Mammary Ductogram*