What is a cystoscopy?
Flexible cystoscopy involves an examination of the bladder using a telescope-like instrument which is passed into the bladder. This allows the doctor to look inside the bladder and the passage where the urine comes out (urethra). This is done under a local anaesthetic using an application of a cream or gel, which temporarily numbs the lining of the urethra. You will still feel the cystoscope being inserted but it should not be painful. If on inspection of your bladder it is found you require a further procedure e.g. biopsy, this will be arranged at another time.

What are the risks?
They include, but are not limited to:
- infection; which can occur, requiring antibiotics and further treatment
- bleeding; which could occur and is more common if you have been taking blood thinning drugs such as Warfarin, Aspirin, Clopidogrel (Plavix or Iscover) or Dipyridamole (Persantin or Asasantin)
- urinary blockage
- allergic reaction to the local anaesthetic
- injury to the bladder and urethra
- death as a result of this procedure is very rare.

Day of the procedure
You should:
- shower or bath at home and put on clean clothes
- eat/drink normally
- take your usual medication
- present to the Medical Imaging Department at your given time
- bring with you all your medications due for the day of your procedure.

The clinician will discuss the cystoscopy procedure with you and you will need to sign a consent form before the procedure is performed.

After the procedure
- You can go home after the procedure.
- You may experience some burning and blood stained urine when you do pass urine. This is normal and should settle in a few days.
- Increase your fluid intake.

At home
Should you develop:
- fevers
- shivering/shakes
- continuing heavy bleeding
- difficulty passing urine
- offensive smelling urine.

Please contact
- Urogynaecology nurse/doctor at the hospital OR
- your local doctor OR
- present to the Emergency Department for help.

Follow up appointments
You will be contacted for a follow up appointment to discuss your results. If you have any questions please do not hesitate to contact the hospital and ask for the Urogynaecology nurse.

Contact numbers
- Urogynaecology nurse, Merrin Godwin 07 5470 6518
- Nambour General Hospital (switchboard) 07 5470 6600.