

Community	Paediatrics	Adults
Thursday Island	✓	✓
Bamaga	✓	
Horn Island	✓	
Mt. Isa	✓	
Mornington Island	✓	✓
Palm Island		✓
Woorabinda	✓	✓
Rockhampton		✓
Cherbourg	✓	✓
Roma		✓
Charleville		✓
Doomadgee	✓	✓

\*Please check with your health service to see if they offer a respiratory (lung health) service.

### How often do they visit?

IROC teams currently visit the above 11 communities to do a clinic about 3 to 4 times each year. Depending on their availability and number of people booked for clinics, each clinic can be from 1 to 2 days each visit.



HMMU Mar'13 0275 Jk

### What else do they do?

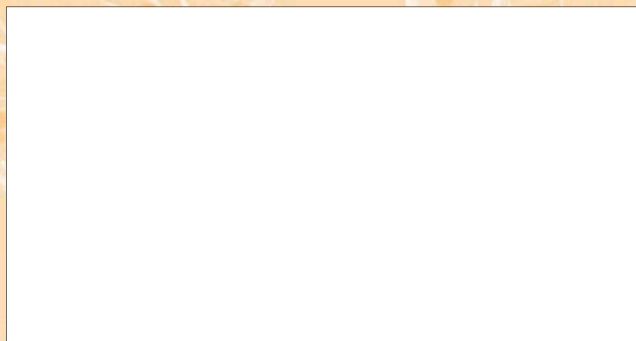
1. Community engagement
2. Lung health promotion
3. Development of patient education resources
4. Lung health education / training
5. Partnerships with community and other organisations
6. Research

### How do you get to see the IROC team?

See your local health worker to make an appointment with the IROC team.

If you can't make it on the day please let your local health worker know and rebook for the next clinic.

**DEADLY RESPIRATORY CARE FOR DEADLY COMMUNITIES FOR DEADLY PEOPLE BY DEADLY TEAMS!!**



<http://creativecommons.org/licenses/by/2.5/au/>  
© State of Queensland (Department of Health) 2013

Version 2 | Effective: March 2013 | Review: March 2014

Queensland Health in partnership with  
Aboriginal Medical Services

# IROC

Indigenous Respiratory Outreach Care



### It's not normal to:

Cough a lot  
Have short wind  
Always have a runny nose -  
if it's green it's gotta be seen



Queensland  
Government



Do you have a runny nose?



### What does the IROC Program do?

IROC is a program that provides specialist respiratory (lung health) outreach clinics to Aboriginal and Torres Strait Islander adults and children in rural, remote and urban communities in Queensland.

Do you have regular checks?



### Who is the IROC team?

- Specialist Respiratory Physician (Lung Doctor)
- Respiratory Scientist (lung testing person)
- Respiratory Nurse (Lung Nurse)
- Indigenous Project Officer
- Local Aboriginal and Torres Strait Islander Health Worker/s
- Physiotherapist (for children)

### What happens at an IROC clinic?

- You will see different members of the IROC team
- You will have your lungs and breathing checked
- They will ask you questions about your health (like breathing, coughing, runny nose and if you smoke)
- You may be referred to other services for tests like a chest x-ray or blood test; for advice like how to stop smoking; or to a local support group for nutrition or exercise to help you

Do you have short wind?



Do you have Asthma?



Smoking makes your lungs sick



Do you cough a lot?

