7 March 2017

Local mums celebrate one year and over 500 babies born

Local mums are getting ready to thank that special person who was there for them before, during and after their pregnancy.

To celebrate the 1st anniversary of Sunshine Coast Hospital and Health Service’s (SCHHS) Midwifery Group Practice, local mums and their bubs are celebrating with their midwife in Nelson Park on 8 March.

The Midwifery Group Practice (MGP) has seen 502 babies born in the 12 months since the program started on 1 February 2016.

Clinical Midwife Consultant, Midwifery Group Practice, Ann Evans said the Midwifery Group Practice was beneficial to local mums because each woman was allocated a midwife who followed her throughout her pregnancy.

Ms Evans said the midwife was also on call and attended the woman’s birth, and visited her and her baby at home after birth.

The Midwifery Group Practice has 18 midwives, providing care to 20 per cent of women seeking maternity care in the Sunshine Coast Hospital and Health Service region—about 550 women a year.

Kylie Goossens was the first mother to give birth through the MGP, and is looking forward to seeing her midwife again at the reunion. Mrs Goossens’ son Jae was born on 27 February 2016.

Mrs Goossens said she was grateful for the amazing level of support she received from her midwife.

“Establishing a close relationship with my midwife and having her with me before, during and after giving birth has been wonderful and so supportive,” Mrs Goossens said.

“I feel like I trusted her completely. She was amazing and helped me feel strong, calm and empowered. She supported me through my breastfeeding journey. It was comforting to have her with me leading up to the labour, through childbirth and then for home visits,” she said.

INTERVIEW OPPORTUNITY
WHAT: Mothers, midwives and babies are joining together to celebrate the one year anniversary of the Midwifery Group Practice.
WHEN: 10am, Wednesday, 8 March 2017.
WHERE: Nelson Park, Katoa Street, Alexandra Headland.

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