INFLUENZA

Common signs and symptoms of influenza in THE ELDERLY can include...

1. Cough
2. Sore throat
3. Hard time breathing or shortness of breath
4. Fever
5. Body aches
6. Headache
7. Feeling weak or more tired than usual
8. Confusion

The elderly do not always have typical flu-like symptoms such as fever, and may present with symptoms like increased levels of confusion or worsening of medical conditions such as heart failure or chronic obstructive pulmonary disease.

The health of an elderly person can change rapidly. If you are concerned call your GP or 13 HEALTH (13 43 25 84).