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The State of Queensland (Queensland Health) 2023 Except as permitted under the <i>Copyright Act</i> 7968, no part of this work may be reproduced, communicated or adapted without permission from Queensland Health To request permission email: ip_officer@health.qld gov.au			of birth: Sex: M F I			
© The der the or adap reques	A. Does the patient have capacity to provid	e		bstitute decision-m		
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, permi	$\Box \text{ Yes } \Rightarrow \text{ GO TO section } B$			ferring doctor/clinician	has explained that I	
ept as ced, cc	$\square \text{ No } \rightarrow \textbf{COMPLETE section A}$			for the following proceed	dure:	
Exc	You must adhere to the Advance Health Directive (AHD),			(IVC) filter insertion:	Yes No	
ē	or if there is no AHD, the consent obtained from a substitute		Site/side of procedu	ire:		1
	decision-maker in the following order: Category 1. Tribunal- appointed guardian; 2. Enduring Power of Attorney; or					
	3. Statutory Health Attorney.					
	Name of substitute decision-maker:					
			Name of referring d	octor/clinician:		
	Category of substitute decision-maker:					
RITE IN THIS BINDING MARGIN			D. Risks specific	to the patient in ha	aving an Inferior	
	Complete for CHILD/YOUNG PERSON patient only		Vena Cava (IVC)			
MAF	Yes Although the patient is a child/young person, the patient may be capable of giving informed consent and having sufficient maturity, understanding and intelligence to enable them to fully understand the nature, consequences and risks of the proposed procedure and the consequences of non-treatment – 'Gillick competence' (<i>Gillick v West Norfolk and Wisbech Area Health Authority</i> [1986] AC 112)			document additional ris	ks not included in	
U N			the patient informat	ion sheet):		1
IDN						
S BI						
₹Ħ	\rightarrow GO TO section B					
Z	No Parent/legal guardian/other person* with parental					-
RITE	responsibilities to provide consent and complete this form → COMPLETE section A					
T WF	*Formal arrangements, such as parenting/custody orders, adoption, or					
LON	other formally recognised carer/guardianship arrangements. Refer to the Queensland Health 'Guide to Informed Decision-making in Health Care'					
DO NOT W	and local policy and procedures. Complete the source of decision authority as applicable below.	-making				<u>ן</u> ר
_	If applicable, source of decision-making authority (ti	ck one):		to the patient in no		
	$\Box \text{ Court order } \rightarrow \bigcirc \text{ Court order verified}$			va (IVC) filter insert document specific risks		đ
	□ Legal guardian → ○ Documentation verified			[IVC] filter insertion):	an not naving an	
~	☐ Other person → ○ Documentation verified					
2023	Name of parent/legal guardian/other person:					<u> </u> <u>C</u>
iew: 023	Relationship to child/young person:					
v1.00 Clinical content review: 2023 Clinical check: 08/2023 Published: 08/2023						
nten eck: 08/2						
al co al ch ihed:	B. Is an interpreter required?		4			<u>ן</u>
1.00 linic: ublis	☐ Yes ☐ No If yes, the interpreter has:					
> 0 0 L	provided a sight translation of the informed consent form					
	in person		F. Alternative pro	ocedure options		1
	translated the informed consent form over the telephone			document alternative pl	rocedure not	
	It is acknowledged that a verbal translation is usually a summary of the text on the form, rather than word-by-word			ent information sheet):		
2	translation.					
961	Name of interpreter:					
SW						
SW9615	Interpreter code: Language:					
			1			- 1

	(Affix identification label here)			
Government	URN: Family name:			
Inferior Vena Cava (IVC) Filter	Given name(s):			
Insertion Consent				
	Address:			
	I/substitute decision-maker/parent/legal guardian/other			
G. Information for the doctor/clinician The information in this consent form is not intended to b a substitute for direct communication between the doctor clinician and the patient <i>OR</i> substitute decision-maker <i>OR</i> parent/legal guardian/other person. have explained to the patient <i>OR</i> substitute decision-macor <i>DR</i> parent/legal guardian/other person the contents of th form and am of the opinion that the information has bee understood. Name of doctor/clinician: Designation: Designature: Date: Da	person have received the following consent and patient information sheet(s): information sheet(s): OR information sheet(s): OR information sheet(s): information sheet(s):			

DO NOT WRITE IN THIS BINDING MARGIN



Adult and Child/Young Person | Informed consent: patient information

A copy of this patient information sheet should be given to the patient or substitute decision-maker or parent/legal guardian/other person of a child or young person to read carefully and allow time to ask any questions about the procedure. The consent form and patient information sheet should be included in the patient's medical record.

In this information sheet, the word 'you' means the patient unless a substitute decision-maker, parent, legal guardian or other person is providing consent on behalf of the patient, in which case the word 'you' means the substitute decision-maker, parent, legal guardian or other person when used in the context of the person providing consent to the procedure.

1. What is an Inferior Vena Cava (IVC) filter insertion and how will it help me?

An Inferior Vena Cava (IVC) filter is a small metal device that is used to catch blood clots. The IVC is the main blood vessel in your abdomen that carries blood from your legs back towards your heart and lungs. A filter placed in your IVC stops any blood clots travelling from your legs or pelvis to your lungs. The filter is inserted into your IVC by placing a needle and thin plastic tube (catheter) into a vein in your groin or neck.

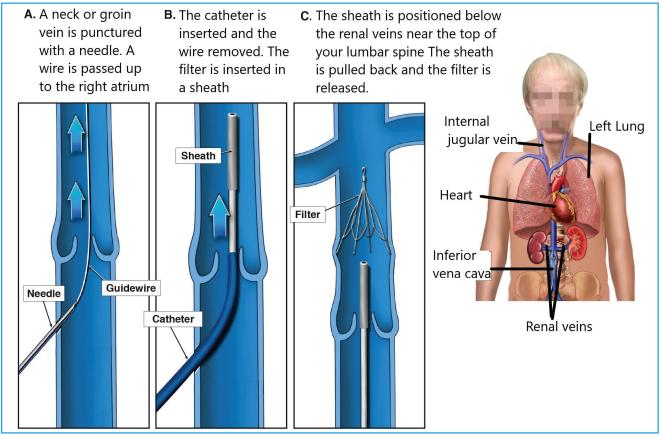


Image: Placement and removal of IVC filter (adapted).

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IVC filters may be permanent (left in for life) or temporary (left in for a short time). This is dependent on your condition and the type of filter inserted.

lodinated 'contrast' (also known as x-ray dye) is injected into your bloodstream via an intravenous (I.V.) cannula to map your veins so the doctor/clinician can place the filter in the correct position.

Preparing for the procedure

The Medical Imaging department will give you instructions on how to prepare for the procedure. It is important to follow the instructions that are given to you. Your procedure might be delayed if you don't follow all the preparation steps.

Medical imaging staff will notify you beforehand if you are required to stop taking any blood thinning medicine. List or bring all your prescribed medicines, those medicines you buy over the counter, herbal remedies and supplements to show the doctor/clinician what you are taking.

This procedure will require the use of a local anaesthetic and possibly a mild sedation. If you received sedation and are being discharged on the same day, you cannot drive and you must have someone available to escort you home.

Do not drink alcohol, smoke, vape or take recreational drugs for at least 24 hours before the procedure as these may alter the effects of the sedation anaesthetic. If you have a drug or medication dependence, please tell your doctor/clinician.

Please tell the doctor/clinician if you are breastfeeding or pregnant, or suspect that you may be pregnant.

On the day of the procedure

- Nothing to eat or drink ('nil by mouth'): you will be told when to have your last meal and drink. Do NOT eat (including lollies), drink or chew gum after this time otherwise your procedure may be delayed or cancelled. This is to make sure your stomach is empty so that if you vomit, there will be nothing to go into your lungs.
- If you take medicines, most should be continued before a procedure and taken at the usual time, even on the day of the procedure, with a sip of water. There are some important exceptions:
 - your doctor/clinician will provide specific instructions about your medicines

- take to the hospital all your prescribed medicines, those medicines you buy over the counter, herbal remedies and supplements to show your doctor/ nurse what you are taking.
- If you feel unwell, telephone the medical imaging department for advice.
- Tell your doctor/clinician if you have:
 - health problems (e.g. diabetes, high blood pressure, infectious diseases, serious illnesses), including if undergoing regular treatment
 - had previous problems and/or known family problems with anaesthesia
 - been taking prescribed and/or over the counter medicines, herbal remedies and supplements; this may include and is not limited to blood thinning medicines, the contraceptive pill, antidepressants and/or medicine for treating diabetes (e.g. insulin)
 - allergies/intolerances of any type and their side effects
- You may be required to change into a hospital gown and remove some of your jewellery.

Sedation

Sedation is the use of medicines that help make you feel relaxed and drowsy for your procedure. You may remember some or little about what has happened. You may still be aware of your surroundings and should be able to follow simple instructions, such as holding your breath when instructed by the doctor/clinician.

If you are booked for an anaesthetic or sedation, please read the information sheet *About Your Anaesthetic (for adults)* or *About Your Child's Anaesthetic (for child/young person)*. If you do not have one of these information sheets, please ask for one.

For a parent/legal guardian/other person of a patient having an IVC filter insertion

To prepare the patient for this procedure and to ease their concerns, tell them what they can expect to happen during the procedure. This information sheet will assist you with this. We welcome your help and support in preparing the patient for the procedure and in explaining why it's so important to lie still.

At the discretion of the procedure staff, if the patient is having a general anaesthetic you may be able to see them off to sleep. Once they are asleep you will be asked to leave the procedure room and wait in the waiting area.

Other children are not allowed into the procedure room, and they must be supervised at all times by another parent/ adult.

During the procedure

An intravenous (I.V.) cannula is a small plastic tube that will be inserted into a vein, usually in your hand or arm. This is for any medication or fluids required during the procedure, including sedation.

Routine observations, for example blood pressure and heart rate, will be taken before the start of the procedure.

The skin in your neck or groin area will be cleaned and a sterile drape will cover you.

The doctor/clinician will use local anaesthetic to numb the skin in the middle of the drape area, and then make a small cut in the numb skin. They will then use ultrasound to guide placement of a special needle into the vein. Using contrast and x-ray, the doctor/clinician will be able to guide a wire and catheter through the blood vessels to reach the IVC. You should not feel the catheter moving inside your body. Once the catheter is in place the needle is removed.

When the tip of the catheter is in the IVC, the collapsed filter will be inserted through the catheter. Once in place the filter will expand and attach itself to the walls of the IVC.

Once the procedure is complete the catheter will be removed. Firm pressure will be put over the area where the catheter went into your skin (puncture site). This allows the veins to seal over so you will not bleed. A clear, dry dressing will be applied over the site at the end of the procedure.

After the procedure is complete, you will be transferred from the procedure room to a recovery area.

Your observations and puncture site will be monitored regularly. You may be required to rest in bed for up to 4 hours. Moving too soon after this procedure may cause bleeding at the puncture site.

If the I.V. cannula is no longer required, it will be removed after you have recovered.

2. What are the risks?

In recommending the procedure, the doctor/ clinician believes that the benefits to you from having the procedure exceed the risks involved. There are risks and possible complications associated with the procedure which can occur with all patients – these are set out below. There may also be additional risks and possible complications specific to your condition and circumstances which the doctor/clinician will discuss with you. If you have any further concerns, please ensure that you raise them with the doctor/clinician prior to giving consent to the procedure.

Common risks and complications

- minor pain, bruising and/or infection from the I.V. cannula. This may require treatment
- pain or discomfort at the puncture site. This may require medication
- bleeding or bruising may occur. This is usually stopped by applying pressure and/ or ice to the puncture site
- bleeding or bruising is more common if you have been taking blood thinning medicines, such as warfarin, aspirin, clopidogrel (Plavix, Iscover, Coplavix), prasugrel (Effient), dipyridamole (Persantin or Asasantin), ticagrelor (Brilinta), apixaban (Eliquis), dabigatran (Pradaxa), rivaroxaban (Xarelto) or complementary/alternative medicines, such as fish oil and turmeric
- the IVC filter may not be able to be inserted for technical or medical reasons

- failure of local anaesthetic which may require a further injection of anaesthetic or a different method of anaesthesia
- nerve damage, is usually temporary, and should get better over time. Permanent nerve damage is rare.

Uncommon risks and complications

- infection, requiring treatment
- a blood clot at the puncture site may form, disrupting the blood flow from the legs, arms or head. This may require treatment with medications
- the IVC filter may fill with blood clots, causing a blockage to the IVC and resulting in swelling of the lower body and legs
- small blood clots may reach the lungs, this may require treatment
- damage to surrounding structures, such as blood vessels, organs and muscles, requiring further treatment
- the procedure may not be possible due to medical and/or technical reasons
- allergies to an injected medication or contrast rarely occur, but when they do, they usually occur within the first hour, with most happening in the first five minutes. Late reactions have been known to occur up to 1 week after the injection. Note: Allergy to topical iodine and/or seafood does not imply an allergy to iodinated contrast. Reactions vary from:
 - mild: hives, sweating, sneezing, coughing, nausea
 - moderate: widespread hives, headache, facial swelling, vomiting, shortness of breath
 - severe: severe reactions are rare but include life-threatening heart palpitations, very low blood pressure, throat swelling, seizures and/or cardiac arrest.

Rare risks and complications

- the IVC filter may move. This may require surgery to remove it
- seizures and/or cardiac arrest due to local anaesthetic toxicity
- death because of this procedure is very rare.

If a general anaesthetic or sedation is given, extra risks include:

- faintness or dizziness, especially when you start to move
- fall in blood pressure
- nausea and vomiting
- weakness
- heart and lung problems such as heart attack or pneumonia. This may require emergency treatment
- stroke resulting in brain damage.

Contrast precautions for people with renal impairment

Contrast is removed from the blood by the kidneys through the urine.

You may be asked to have a blood test to find out how well your kidneys are functioning.

In patients with severe renal impairment or acute kidney injury, careful weighing of the risk versus the benefit of iodinated contrast media administration needs to be undertaken. However, severe renal function impairment should not be regarded as an absolute contraindication to medically indicated iodinated contrast media administration¹.

When significant worsening of kidney function is seen, such as in kidney disease, there is often more than one factor causing stress to the kidneys such as certain medications, infection, dehydration or low blood pressure. To minimise stress to your kidneys your doctor/clinician may recommend you have extra fluid to ensure good hydration, stop some medications temporarily or have extra blood tests to monitor your kidney function around the time of your procedure.

Risks of radiation

The risks of radiation exposure from this procedure need to be compared to the risks of your condition not being treated. Exposure to radiation may cause a slight increase in the risk of cancer to you over your lifetime. However, the potential risk is small compared to the expected benefit of this procedure².

What are the risks of not having an IVC filter insertion?

There may be adverse consequences for your health if you choose not to have the proposed procedure. Please discuss these with the referring doctor/clinician.

If you choose not to have the procedure, you will not be required to sign a consent form.

If you have signed a consent form, you have the right to change your mind at any time prior to the procedure. Please contact the doctor/clinician to discuss.



Making the decision to have a procedure requires you to understand the options available. Please discuss any alternative procedure options with your doctor/clinician before signing the consent form.

4. What should I expect after the procedure?

The recovery time varies depending on the insertion site and the sedation given. It can be anywhere between 2 to 4 hours.

Your doctor/clinician will discuss with you what level of activity is suitable after your procedure.

If you had sedation, this will affect your judgement for about 24 hours. For your own safety:

- Do NOT drive any type of car, bike or other vehicle.
- Do NOT operate machinery including cooking equipment.
- Do NOT make important decisions or sign a legal document.
- Do NOT drink alcohol, smoke, vape or take recreational drugs. They may react with the anaesthetic medications.

Go to your nearest Emergency department or GP (your local doctor) if you become unwell. You will be given a Patient Implant Card (PIC) for your records with the specific details of any implanted devices used. This information may be helpful for safety for any future Magnetic Resonance Imaging (MRI) scans.

5. Who will be performing the procedure?

Doctors, radiographers, nuclear medicine technologists, sonographers, nurses, and medical imaging assistants make up the medical imaging team. All or some of these professionals may be involved in your journey.

A doctor/clinician other than the consultant/ specialist may assist with/conduct the clinically appropriate procedure. This could include a doctor/clinician undergoing further training, however all trainees are supervised according to relevant professional guidelines.

If you have any concerns about which doctor/ clinician will be performing the procedure, please discuss this with the doctor/clinician.

For the purpose of undertaking professional training in this teaching hospital, a clinical student(s) may observe medical examination(s) or procedure(s) and may also, subject to your consent, assist with/ conduct an examination or procedure on a patient while the patient is under anaesthetic.

You are under no obligation to consent to an examination(s) or a procedure(s) being undertaken by a clinical student(s) for training purposes. If you choose not to consent, it will not adversely affect your access, outcome or rights to medical treatment in any way.

For more information on student care, please visit <u>www.health.qld.gov.au/consent/students</u>.

6. Where can I find support or more information?

Hospital care: before, during and after is available on the Queensland Health website <u>www.qld.gov.au/health/services/hospital-</u> <u>care/before-after</u> where you can read about your healthcare rights.

You can also see a list of blood thinning medications at <u>www.health.qld.gov.au/</u> <u>consent/bloodthinner</u>.

Further information about informed consent can be found on the Informed Consent website <u>www.health.qld.gov.au/</u> <u>consent</u>. Additional statewide consent forms and patient information sheets are also available here.

Staff are available to support patients' cultural and spiritual needs. If you would like cultural or spiritual support, please discuss this with your doctor/clinician.

Queensland Health recognises that Aboriginal and Torres Strait Islander patients will experience the best clinical care when their culture is included during shared decision-making.



Please ask the doctor/clinician if you do not understand any aspect of this patient information sheet or if you have any questions about your proposed procedure.

If you have further questions prior to your appointment, please contact the Medical Imaging department via the main switchboard of the facility where your procedure is booked.



In an emergency, call Triple Zero (000).

If it is not an emergency, but you have concerns, contact 13 HEALTH (13 43 25 84), 24 hours a day, 7 days a week.

References:

1. lodinated Contrast Media Guideline, V2.3 The Royal Australian and New Zealand College of Radiologists, March 2018. Available from <u>www.ranzcr.</u> <u>com/college/document-library/ranzcr-iodinated-contrast-guidelines</u>

 Australian Radiation Protection and Nuclear Safety Agency (ARPANSA). Ionising radiation in our everyday environment, 2021. Available from <u>www.arpansa.gov.au</u>

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Inferior Vena Cava (IVC) Filter Insertion Patient Information