

MEDIA RELEASE

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Health workers encourage a breast check for Aboriginal and Torres Strait Islander women

Toowoomba Hospital Aboriginal and Torres Strait Islander Health Team members are rallying together to encourage all Indigenous women to book in for a free breast screen.

“Ladies if you are over 40 then you should be having a free breast screen every two years,” Health Worker Gail Capewell said.

“There’s no shame in having a breast screen, it’s quick, all the staff are very friendly and a female health worker from our Aboriginal and Torres Strait Islander Health Team can even come along for support.”

BreastScreen Queensland Toowoomba Service offers group bookings for ladies who would like to come along with their mums, aunties and sisters.

Health promotion officer Jessica Hobbs said there was no time like the present to book in for a free breast screen.

“When it comes to breast cancer, early detection is the best form of defence,” she said.

“We know that one in eight Queensland women will be diagnosed with breast cancer at some point in their life, and of those, 90 per cent will have no family history of breast cancer.

“So if you are over 40 and haven’t had a breast screen yet, book now. The service is free and you don’t need a doctor’s referral.”

BreastScreen Toowoomba Service is operated by Darling Downs Hospital and Health Service and is located at Toowoomba Hospital. Appointments are available 8.30am to 5.00pm weekdays; 8.30am to 7.30pm on the first Thursday of each month; and 9.00am to 12.00pm on the second Saturday of each month.

To book a breast screen phone 13 20 50.

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