Ten top tips for talking with people with aphasia

- Use pen and paper
- Say one thing at a time
- Don’t pretend you understand
- Don’t rush – slow down, be patient
- Draw diagrams or pictures
- Write down key words
- Relax – be natural
- Recap – check you both understand
- Ask what helps
- Reduce background noise

connect
the communication disability network
www.ukconnect.org
Connect is a charity for people living with aphasia, a communication disability which usually occurs after stroke.

At Connect, people with aphasia:
– develop and deliver services they need and want
– are active collaborators – informing, driving and improving all we do.

Together, we:
– provide training and consultancy to service providers
– offer information and support to help everyone understand aphasia and its impact
– champion the rights of people with aphasia.

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