

Measured weight status in Queensland

Status and trends



Adult body mass index (BMI)

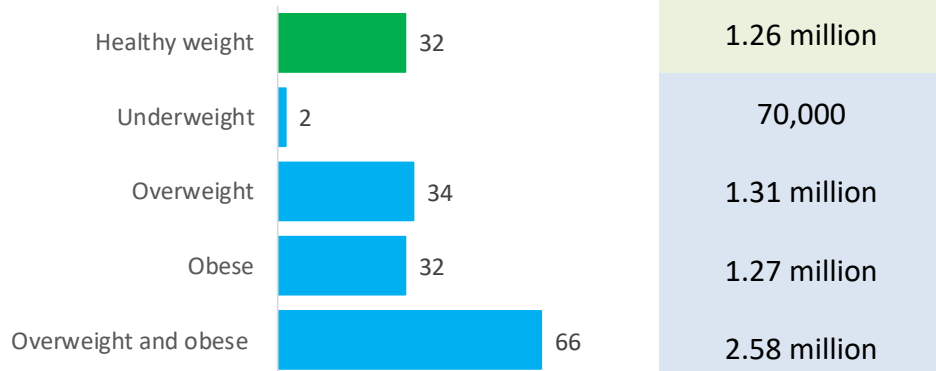
Underweight	Less than 18.5
Healthy weight	≥ 18.5 but < 25.0
Overweight	≥ 25.0 but < 30.0
Obese	30.0 and higher
Overweight and obese	25.0 and higher

Children's BMI is calculated using the child's age to within six months.

Adults (18+ years) 2017–18, %

Persons 2019

10-year trends



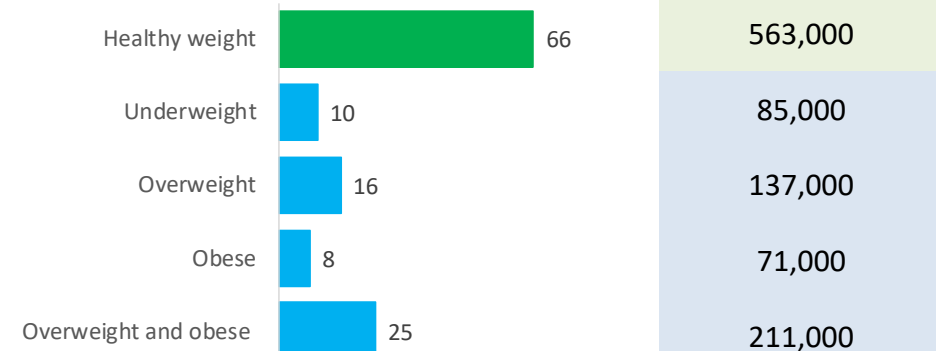
Obesity:
20% increase between 2007–08 and 2011–12 and then no change

No change in any other category

Children (5–17 years) 2017–18, %

Persons 2019

10-year trends



No change in any weight category

Percentages may not sum due to rounding

Queensland compared to other jurisdictions (rank 1 is best)

Healthy weight

Adults

Overweight and obesity

Rank 4 of 8 in 2017–18
Rank 2 of 8 in 2014–15



Rank 2 of 8 in 2017–18 (after ACT)
Rank 5 of 8 in 2014–15

Children

Rank 6 of 8 in 2017–18
Rank 5 of 8 in 2014–15



Rank 2 of 8 in 2017–18 (after Vic.)
Rank 4 of 8 in 2014–15

Data sources: Australian Bureau of Statistics. National health surveys 2007–08, 2014–15 and 2017–18, and Australian health survey 2011–12. Cat. no. 4364.0. ABS: Canberra.

For further information: Population_Epidemiology@health.qld.gov.au

Jurisdictional ranking of measured prevalence

Adults



18 years and older

2014–15	Ranking - 1st is best			2017–18
Age std. %	Healthy weight (highest to lowest)			Age std. %
37.9	Western Australia	1	Australian Capital Territory	34.9
35.6	Queensland	2	Northern Territory	33.1
35.5	Northern Territory	3	New South Wales	33.0
35.4	New South Wales	4	Queensland	33.0
34.9	Victoria	5	Western Australia	32.8
34.8	Australian Capital Territory	6	Victoria	30.8 **
34.0	South Australia	7	South Australia	30.6
32.2	Tasmania	8	Tasmania	30.1

Age std. %	Overweight and obesity (lowest to highest)			Age std. %
60.4	Western Australia	1	Australian Capital Territory	64.1
62.8	New South Wales	2	Queensland	65.2
63.1	Victoria	3	New South Wales	65.4
63.2	Australian Capital Territory	4	Northern Territory	65.5
63.3	Queensland	5	Western Australia	66.2 **
64.4	South Australia	6	Victoria	68.0 **
64.9	Northern Territory	7	South Australia	68.3
66.0	Tasmania	8	Tasmania	69.3

Children



5–17 years

2014–15	Ranking - 1st is best			2017–18
Age std. %	Healthy weight (highest to lowest)			Crude %
71.8	South Australia	1	Victoria	71.3
68.8	New South Wales	2	Western Australia	67.5
68.7	Australian Capital Territory	3	South Australia	67.1
66.0	Western Australia	4	Northern Territory	66.9
65.7	Queensland	5	Australian Capital Territory	65.7
64.5	Northern Territory	6	Queensland	65.5
64.2	Tasmania	7	Tasmania	65.2
63.9	Victoria	8	New South Wales	63.6

Age std. %	Overweight and obesity (lowest to highest)			Crude %
24.4	South Australia	1	Victoria	21.6
24.6	Australian Capital Territory	2	Queensland	24.6
25.8	Western Australia	3	Australian Capital Territory	24.7
26.5	Queensland	4	New South Wales	25.6
26.8	New South Wales	5	Western Australia	26.2
29.7	Victoria	6	South Australia	28.4
29.7	Tasmania	7	Tasmania	28.6
30.0	Northern Territory	8	Northern Territory	31.4

Note: Jurisdictional ranking does not imply statistical difference.

** Significant change between 2014–15 and 2017–18.