



musqul
toilet



sariir
bed



kursi
chair



**Qalabka caawiya
cuuryaamiinta**
mobility aid

Haa
yes



barkin
pillow



buste
blanket



shukumaan
towel



Gar-xiire
razor



qubeys
shower



Dhaqid
wash



caday ilkaha
brush teeth



Ilkaha caaga ah
dentures

Ma aqaan
I don't know



ookiyaalo
glasses



**Qalabka maqalka
caawiya**
hearing aid



boorsada jeebka
wallet/purse

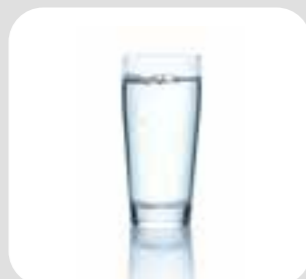


telefoonka gacanta
mobile phone

may
no



cunto
food



biyo
water



kafee / shaah
coffee/tea

Free space to write your own items
Free space to write your own items



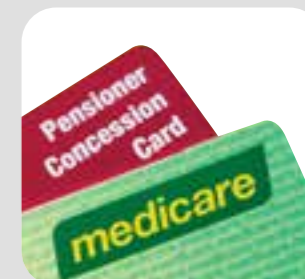
dharka
clothes



kabaha
shoes



burush / shanlo
brush/comb



**Kaarka Medicare /
ka dhimista**
Medicare/concession card

Waan dareemayaa I feel



xanaaqsan
angry



**aan
faraxsanayn**
unhappy



walwalsan
worried



faraxsan
happy



faraxsan
excited



banaanka u bax
go outside



daallan
tired



madax xanuun
headache



dawakhsan
dizzy



aad u iftiimaya
too bright



gaajaysan
hungry



harraadsan
thirsty



Kulayl
hot



qabow
cold



aad u qaylo badan
too loud



xabad xanuun
chest pain



shuban
diarrhoea



matagid
vomiting



turjubaan
interpreter

Markaad u baahato turjubaan, farta ku fiiq sawirkan si shaqaaluhu ay kuugu helaan mid aadan lacag ku bixineyn.

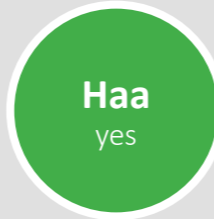
When you need an interpreter, point to this picture and staff will provide you with one at no cost to you.



qoyska
family



taageerada diinta
religious support



dhakhtar
doctor



kalkaaliye caafimaad
nurse



umulisada
midwife



qandho
temperature



garaaca wadnaha
pulse



baaritaanka dhiigga
blood test



raajo
x-ray



cirbad
injection



Dhiig kar
blood pressure



nabar
wound



dhiig bax
bleeding



Daawo
medicine



fadhiiso
sit up



istaag
stand up

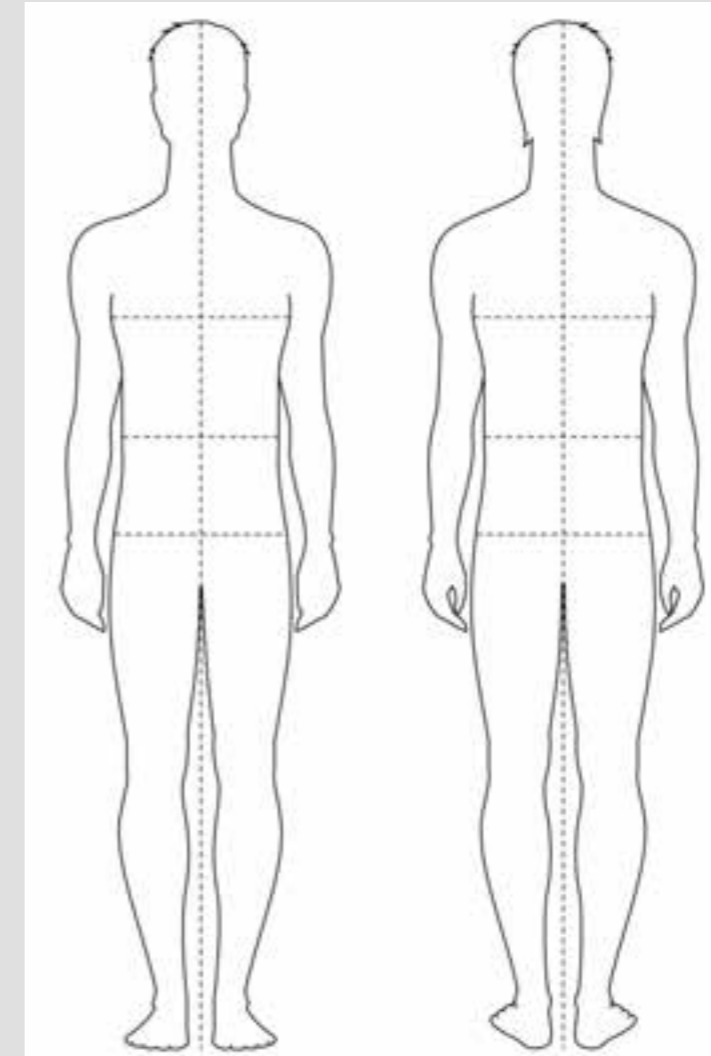


jiifso
lie down



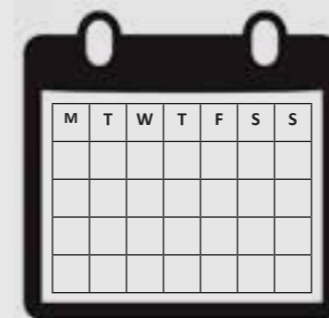
is rogrog
roll over

Xaggee ku xanuunaysa?
Where is your pain?



Horay
front

gadaal
back



taariikhda
date



waqtiga
time

Qiyaasta xanuunka:
0-10

Pain scale: 0-10

10 **Waxa ugu daran**
worst possible

9 **aad u daran**
very severe

8 **daran**
severe

7 **dhexdhexaad ah**
moderate

6 **khafiif ah**
mild

5 **xanuun ma leh**
no pain

Notes

This tool is for patients who are having difficulty communicating. It is available in English as well as some other languages. It can be used to communicate basic care needs and for simple conversations. The tool can assist communication but **DOES NOT REPLACE THE NEED FOR AN INTERPRETER.**

Developed by Metro South Health HEAU, Access and Capacity-building Team: accesscapacity@health.qld.gov.au
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