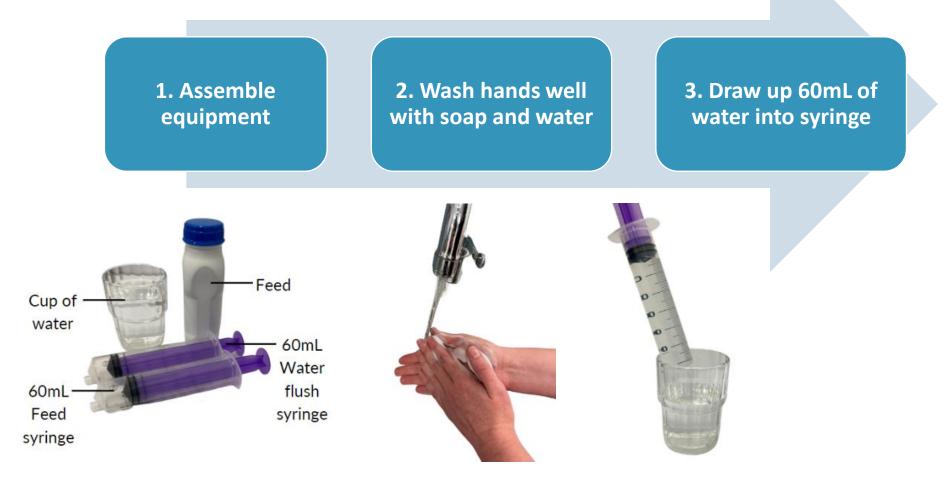
My Nutrition

Tube feeding at home using gravity (syringe method)

For those patients who have a nasogastric tube (NG) or gastrostomy (PEG/RIG) tube.







4. Kink feeding tube (to stop backflow of stomach contents) and connect syringe

5. Perform *pre*feed water flush using the start/ stop method

6. Kink feeding tube and disconnect the syringe



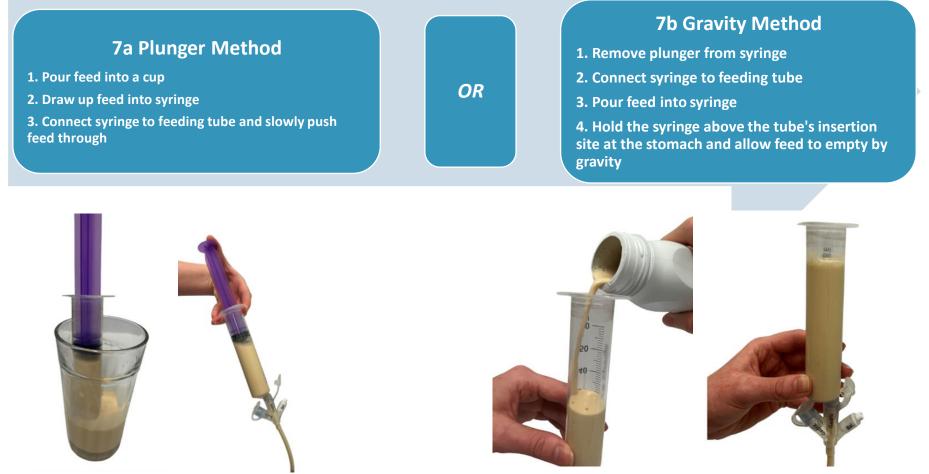






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Refer to your *tube feeding plan for home* for the feeding method you need to use



The higher the syringe is held, the faster the rate of feed delivery.



8. Once the feed is finished, kink feeding tube and disconnect syringe 9. Perform *post*-feed water flush using the start/ stop method (repeat steps 3-6) 10. Wash all equipment in warm soapy water, rinse, let air dry and store in a dry, cool place









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