Cosmetic Surgery

General risks:

- Infection can occur, requiring antibiotics and further treatment.
- Bleeding could occur and may require a return to the operating room. Bleeding is more common if you have been taking blood thinning drugs such as Warfarin, Asprin, Clopidogrel (Plavix or Iscover) or Dipyridamole (Persantin or Asasantin).
- Small areas of the lung can collapse, increasing the risk of chest infection. This may need antibiotics and physiotherapy.
- Increased risk in obese people of wound infection, chest infection, heart and lung complications, and thrombosis.
- Heart attack or stroke could occur due to the strain on the heart.
- Blood clot in the leg (DVT) causing pain and swelling. In rare cases part of the clot may break off and go to the lungs.
- Death as a result of this procedure is possible.

Specific risks:

- The operation will result in a scar. Make sure you are fully aware before the surgery as to the nature, extent and position of the scar. Occasionally scars can become very thickened, red and painful. These can be disfiguring.
- Bleeding, this can cause a collection of blood under the skin, known as a haematoma. It increases the appearance of bruising. There will be swelling and the healing of the wound may be slow. It may spoil the intended result of the surgery.
- Increased risk in smokers of increased bruising, major wound breakdown, failure of flap surgery, wound and chest infections, heart and lung complications and thrombosis. Your surgeon is entitled to refuse to proceed with surgery if you do not stop smoking as requested.
- The surgery may not give you the look you want and have asked for.

B. Condition and treatment

The doctor has explained that you have the following condition: *(Doctor to document in patient’s own words)*

This condition requires the following procedure. *(Doctor to document - include site and/or side where relevant to the procedure)*

C. Risks of cosmetic surgery

There are risks and complications with this procedure. They include but are not limited to the following.

General risks:

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- The operation will result in a scar. Make sure you are fully aware before the surgery as to the nature, extent and position of the scar. Occasionally scars can become very thickened, red and painful. These can be disfiguring.
G. Patient consent

I acknowledge that the doctor has explained;

- my medical condition and the proposed procedure, including additional treatment if the doctor finds something unexpected. I understand the risks, including the risks that are specific to me.
- the anaesthetic required for this procedure. I understand the risks, including the risks that are specific to me.
- other relevant procedure/treatment options and their associated risks.
- my prognosis and the risks of not having the procedure.
- that no guarantee has been made that the procedure will improve my condition even though it has been carried out with due professional care.
- the procedure may include a blood transfusion.
- tissues and blood may be removed and could be used for diagnosis or management of my condition, stored and disposed of sensitively by the hospital.
- if immediate life-threatening events happen during the procedure, they will be treated based on my discussions with the doctor or my Acute Resuscitation Plan.
- a doctor other than the Consultant may conduct the procedure. I understand this could be a doctor undergoing further training.

I have been given the following Patient Information Sheet/s:
- About Your Anaesthetic OR
- Local Anaesthesia & Sedation for Your Procedure
- Cosmetic Surgery

- I was able to ask questions and raise concerns with the doctor about my condition, the proposed procedure and its risks, and my treatment options. My questions and concerns have been discussed and answered to my satisfaction.
- I understand I have the right to change my mind at any time, including after I have signed this form but, preferably following a discussion with my doctor.
- I understand that image/s or video footage may be recorded as part of and during my procedure and that these image/s or video/s will assist the doctor to provide appropriate treatment.

On the basis of the above statements,
1. What do I need to know about this procedure?

   The surgeon will record the procedure on your consent form. Please make sure you fully understand what you are having done.

   - **Important Information**
     - NO SURGERY IS GUARANTEED.
     - Cosmetic surgery is different to other types of surgery. This is because you have asked for the surgery to be done to improve your looks, not because you have to have the surgery done.
     - Your doctor will tell you what is and what is not possible with cosmetic surgery. You must tell the surgeon exactly what you want to have done.
     - It is also important that you know that the surgery may not be successful.

   Before the operation, you must tell the surgeon performing the operation and the anaesthetist of:
   - any medical problems
   - any allergies
   - prescribed drugs (particularly blood thinning drugs such as Aspirin or Warfarin)
   - your use of recreational drugs
   - your alcohol consumption
   - your use of herbal remedies

   The operation will result in a scar or scars. Make sure you know before the surgery as to the type of scar or scars, the size and where your scar/s will be.

   The surgeon may ask you to do certain things before you can have surgery, such as exercise, weight loss and stopping smoking.

   *If you do not do as the surgeon tells you, the surgery may not be successful. For this reason, the surgeon may refuse to do your surgery.*

2. My anaesthetic

   This procedure will require an anaesthetic.

   See About Your Anaesthetic OR Local Anaesthesia & Sedation for Your Procedure information sheet for information about the anaesthetic and the risks involved. If you have any concerns, discuss these with your doctor.

   *If you have not been given an information sheet, please ask for one.*

3. What are the risks of this specific procedure?

   There are risks and complications with this procedure. They include but are not limited to the following.

   **General risks:**
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   - Bleeding could occur and may require a return to the operating room. Bleeding is more common if you have been taking blood thinning drugs such as Warfarin, Aspirin, Clopidogrel (Plavix or Iscover) or Dipyridamole (Persantin or Asasantin).
   - Small areas of the lung can collapse, increasing the risk of chest infection. This may need antibiotics and physiotherapy.
   - Increased risk in obese people of wound infection, chest infection, heart and lung complications, and thrombosis.
   - Heart attack or stroke could occur due to the strain on the heart.
   - Blood clot in the leg (DVT) causing pain and swelling. In rare cases part of the clot may break off and go to the lungs.
   - Death as a result of this procedure is possible.

   **Specific risks:**
   - The operation will result in a scar. Make sure you are fully aware before the surgery as to the nature, extent and position of the scar. Occasionally scars can become very thickened, red and painful. These can be disfiguring.
   - Bleeding, this can cause a collection of blood under the skin, known as a haematoma. It increases the appearance of bruising. There will be swelling and the healing of the wound may be slow. It may spoil the intended result of the surgery.
   - Increased risk in smokers of increased bruising, major wound breakdown, failure of flap surgery, wound and chest infections, heart and lung complications and thrombosis. Your surgeon is entitled to refuse to proceed with surgery if you do not stop smoking as requested.
   - The surgery may not give you the look you want and have asked for.

**Notes to talk to my doctor about:**

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