

An Introduction to Clinical Supervision

Supervision Self-assessment Checklist

~ Adapted from Carroll and Gilbert (2011)

- What is my current level of practice development in terms of knowledge, skills and abilities in this clinical work area?
- What are my learning needs at this point in my professional development, and how does this relate to my goals for supervision?
- What practice experiences and knowledge do I have (specific population and intervention skills) for work in my current role?
- What types of consumers have I worked with and what are my supervision experiences related to supporting their needs?
- What is my current level of knowledge regarding ethical codes, professional standards and competency expectations?
- Why do I want clinical supervision from this Supervisor?
- What do I expect/need from this supervisor and from supervision?
- Do I or my supervisor have a choice in this supervision arrangement and how might this need to be managed?
- What potential difficulties or problems might I envisage in receiving supervision from this supervisor?