Hendra Virus Infection
Prevention Advice

Hendra Virus Interagency Technical Working Group

Biosecurity Queensland, Australian Veterinary Association, Queensland Health, Workplace Health & Safety Queensland

Queensland Government

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Acknowledgements

This document has been developed by a consortium of human and animal health professionals from Biosecurity Queensland, Australian Veterinary Association (AVA), Equine Veterinarians Australia (EVA), Queensland Health (QH) and Workplace Health and Safety Queensland (WHSQ), and special thanks to Dr Peter Reid.
1.1 Introduction

Hendra virus (HeV) is a recently emerged, highly pathogenic, zoonotic virus and both HeV and the closely related Nipah virus (NiV) are members of the Henipavirus genus within the family Paramyxoviridae. Current evidence indicates that the four species of Australian flying foxes within the Pteropus genus are the only known natural reservoir of HeV. There have been sporadic incidents of HeV infection in horses and rare cases of HeV transmission from horses to humans. In 2011, HeV neutralising antibodies were detected in a dog that resided on a property where HeV infection had been confirmed in horses. In 2013 a dog was confirmed to be infected with HeV on a property in New South Wales. Both cases of HeV infection in dogs were on properties where HeV infection had been confirmed in horses and followed close contact between the dog and horse. The level of risk to humans and other susceptible animals posed by dogs is under further experimental investigation.

The advice provided in this document is based on the best available evidence gathered since HeV was first identified in 1994, as well as an extrapolation of evidence gathered from NiV outbreaks overseas. As the human health implications of infection with HeV are significant and the evidence pertaining to disease transmission is incomplete, the precautionary principle underpins the advice within this document.

This document also includes information on the HeV vaccine for horses released in November 2012. Appropriate vaccination of horses can provide a public health and workplace health and safety benefit by the ability to protect horses from infection and to break the transmission cycle of infection from horses to humans.

1.2 Scope

This document focuses specifically on HeV infection risks for humans and includes:
- a review of relevant literature
- infection control management advice underpinned by available evidence
- background for determining the level of a person’s contact with an infected horse and subsequent risk of infection
- descriptions and classifications of agency specific technical terms used by Biosecurity Queensland, Australian Veterinary Association, Queensland Health and Workplace Health and Safety Queensland.

This document does not include medical advice for treatment of infected people.

1.3 Aim

To prevent HeV infection in humans

1.4 Purpose

The purpose of this document is:
- to collate the best available evidence-based advice on risk management regarding the prevention of HeV infection; and
- to inform the content of relevant publications for human and animal health care providers as well as advice for the public.
1.5 Objectives

1. To provide technical advice based on best available evidence on measures needed to prevent human infection with HeV, taking into consideration:
   - the likelihood that a horse may be infectious
   - the likelihood of human infection as a result of exposure to an infected horse
   - the consequences of infection
   and/or
   - the likelihood a person may be infectious
   - the likelihood of human infection as a result of exposure to an infected person
   - the consequences of infection.

2. To facilitate a systematic process for determining the level of exposure a person has had to a suspect or infectious horse to inform the subsequent management of that person.

2 Summarised literature review

- The exact route of transmission of HeV from flying foxes to horses has not been positively identified but possible modes have been suggested by experimental infections and from investigations of natural infection. HeV has been isolated from the urine, saliva, faeces and uterine fluids of flying foxes. Equine infection from flying foxes is thought to occur via contact or droplet transmission when a horse is exposed to pasture or discarded fruit contaminated with flying fox body fluids and/or excreta. Transmission to horses by inhalation of infected droplets via the nasal route is also plausible.

- Serological surveillance of Australian flying foxes has found antibodies to HeV in all four mainland Pteropus species – the black, grey headed, little red and spectacled flying foxes and pteropid bats have been confirmed as the reservoir hosts of henipaviruses. There is no evidence that other animals may act as a natural reservoir for HeV.

- Experimental research on other animal species has found that cats, pigs, hamsters, ferrets, African Green Monkeys, and guinea pigs can be infected with HeV and develop fulminant clinical disease. An experimental study in 2012 has demonstrated that mice can develop encephalitis following intra-nasal exposure without detectable viraemia or significant systemic involvement. In one challenge experiment in 1995, rats, rabbits and a dog developed antibodies but no clinical signs, when inoculated with HeV by the subcutaneous route, whilst chickens and mice did not develop disease or seroconvert when similarly challenged. There is no evidence of direct HeV infection from flying foxes to humans despite over 800 notified bat bites or scratches to humans between 1999 and 2009 and serological testing of bat carers. However, the potential for this exists based on extrapolation of NiV transmission to humans directly from Pteropus bats in Bangladesh, where transmission may have occurred through consumption of raw date palm sap contaminated with bat urine or saliva.

- A three year longitudinal study in flying foxes found that HeV is not present continuously in flying fox colonies, and that the level of excretion in any particular colony fluctuates over time. The study indicated that flying foxes can be infected and excrete virus at any time of the year and that spill-over of virus to horses requires factors other than just the presence of virus.

- HeV is a negative sense, single stranded RNA virus and exists as a quasispecies with the ability of different genetic variants, or the same variant, to circulate in the flying fox population at any time or place. Although newly developed molecular diagnostic tests are highly sensitive and specific, this viral feature can at times represent a challenge for these tests. HeV isolates
sequenced from flying foxes and spillover events to date have shown close similarity. A study of the genome sequences of five HeV isolates obtained from the 2011 outbreaks found that the multiple spillover events were not the result of a single strain but were caused by multiple strains with sequence variations at a similar level to those observed from previous incidents. The data collectively indicated that spillover events did not correlate with particular HeV isolates, suggesting that host and/or environmental factors are the primary determinants of flying fox - horse spillover 20. It should be noted however that direct sequencing of different NiV isolates has revealed that while strains isolated from different hosts (human, pig and bat) in Malaysia were very similar at genome sequence level, the NiV variants present in Bangladesh and India demonstrated greater genetic diversity 19,21.

- Since 1994 when HeV was first identified, up until 2010, one to two HeV incidents in horses at most were detected each year. Since 2011 there have been multiple HeV incidents in horses with a wider geographical distribution within Queensland and New South Wales.

- HeV infection in horses has presented with variable clinical signs, with fever and increased heart rate common in acute cases 2,22-30. Typically there is a rapid deterioration in acutely infected horses with respiratory and/or neurological clinical signs. HeV infection has been detected in some instances when there have been no or minimal clinical signs, including absence of fever.

- HeV has been detected in horse blood and oral and nasal secretions and HeV genetic material has been detected in urine, faeces and a wide range of body tissues of infected horses 13,23,26,27,31. It is possible HeV could be present in any body fluids.

- An experimental study with horses using the HeV/2008/Redlands isolate has shown that viral RNA could be detected continually in nasal swabs from as early as two days post exposure, which was up to five days before the onset of clinical signs indicating that systemic spread of the virus may be preceded by local viral replication in the nasal cavity or oropharynx. The data indicates that nasal secretions of asymptomatic horses may pose a transmission risk during the early phase of disease that precedes viraemia, fever, or other discernible clinical signs of HeV infection. However, the increasing gene copy number recovered over time also suggests that the risk provided by these animals is relatively low compared with animals in the immediate pre-symptomatic and symptomatic stages of infection. Duration and type of exposure also contributes to infection risk. The febrile and then symptomatic horse, particularly those late in the disease process are likely to shed more virus from a variety of excretions and pose a higher risk of disease transmission. Conducting necropsies poses a higher risk of infection transmission because of the potential for gross contamination and the handling of sharp instruments 27 32

- The infectious dose of HeV for humans is unknown. Epidemiological evidence from at least one of the seven known human infections with HeV suggests human infection most plausibly occurred from a horse in the late incubation period, i.e. up to 72 hours before onset of clinical signs in the horse 33.

- Based on epidemiological evidence, HeV infected horses are considered to present the most significant level of risk of infection to humans up to 72 hours before the onset of clinical signs and up to and including post-mortem examination (if conducted) and safe disposal of the carcass. Because experimental studies have detected viral RNA from two infected horses up to five days before the onset of clinical signs 27,32 consideration should also be given to assessing the theoretical risk of human infection from high risk procedures undertaken in the five day period preceding onset of clinical signs in the horse. Uncertainty around the time of onset of clinical signs in a horse may mean determining the period humans were potentially exposed, needs to be flexible.
• As a horse may be potentially infectious before clinical signs of illness are apparent or have an asymptomatic infection, the blood and body fluids of all horses should be considered potentially infectious.

• There have been seven confirmed human cases of HeV between 1994 and October 2013, four of whom have died. All seven human cases had close contact with an infected horse. There have been no known human asymptomatic seroconversions to HeV.

• Five of the confirmed human cases of HeV were either veterinarians or veterinary assistants who had either performed or assisted with procedures involving the respiratory tract of infectious horses; or necropsies of horses.

• Other people have had high level exposure to blood or body fluids from infected horses and did not become infected. Therefore a range of factors such as the duration, frequency and type of exposure and the susceptibility of the host could play an important part in whether a person becomes infected.

• The exact mode of transmission of HeV between horses and from horses to humans is unknown but is thought to occur via contact or droplet transmission. Disease epidemiology in humans to date is consistent with infection being caused by direct contact with nasal or oral secretions and by other equine tissues and fluids, or by droplet transmission. However, procedures that generate aerosols may pose a risk of infection. Respiratory droplets spread from horses may present a risk of infection to people in close proximity to the horse, with most droplets thought to settle within five metres.

• While the exact route of transmission in humans is not known, experimental infection in different animal species suggests that infection can be efficiently initiated after intranasal or intratracheal challenge. Recent research in hamsters found that although the end stage of HeV and NiV-Malaysia disease looked very similar, NiV-Malaysia but not HeV replicated in the tracheal and bronchial epithelium early during infection. The difference in location of virus replication is a potential mechanism of the difference in transmission efficiency observed in humans. It was hypothesised that NiV-Bangladesh which is transmitted efficiently among humans replicates abundantly in the human upper respiratory tract compared to NiV-Malaysia, whereas inefficiently transmitted HeV replicates primarily in the lower respiratory tract.

• Studies have shown that henipaviruses are able to efficiently replicate in epithelial cells derived from the bronchi and the small airways of the human respiratory tract, suggesting that HeV and NiV have the potential for human-to-human transmission through aerosols.

• HeV is a fragile enveloped virus and is very susceptible outside the host to elevations of temperature, changes in pH, and desiccation. It usually has a short life (hours) outside the body and is rendered non-infectious by soap and detergents. However, in some experimental circumstances the virus can survive longer. For example in one experiment it survived more than four days at 22 degrees Celsius in pH neutral bat urine. In another experiment virus survival on mango flesh ranged from less than two hours to more than two days depending on temperature, pH and desiccation. Survival on fruit pulp and in fruit juice varied depending on type and pH of the fruit. Viruses incubated in lychee juice showed greater persistence than either pawpaw or mango juice with two to three fold longer half-lives and survival for more than three days. Fomites could therefore pose a HeV transmission risk.

• Henipavirus studies have shown differences in host responses depending on the cell types and virus strains. The latter is of particular interest since strain variations have been observed between the NiV outbreaks in Malaysia and Bangladesh, correlating with differences in outcome of disease. Similarly, the more recent equine cases of HeV have been associated with a higher prevalence of neurological disease and were associated with strain variations. It is hypothesised that these genetic changes may result in differences in cell and/or tissue tropism.
• In humans there is evidence of relapsing HeV encephalitis\(^{34,35,38,46}\). This is also the case in NiV human infections where acute, relapsed and late onset encephalitis also occur\(^{47-49}\) but there is no evidence to date indicating long term persistence of infectious enveloped virus or that shedding of infectious virus occurs in patients who have recovered and later relapsed or suffered late onset encephalitis. A recent study\(^{50}\) found no evidence of prolonged HeV shedding by two recovered patients. The time interval from resolution of acute infection in Henipaviruses to the first symptoms of relapsing encephalitis may vary from weeks to years\(^{34,35,38,46-48}\).

• An April 2013 publication followed a survey of bats in south-east Asia, north Queensland and far north Queensland. Samples from spectacled flying foxes near Cairns in June and November of 2005 followed spillover of HeV to a horse and subsequently a human in October 2004. Neither HeV nor NiV RNA was detected in any of the animals sampled. Antibodies to HeV, NiV or both viruses were detected by virus neutralisation test (VNT) in 119 of 180 animals sampled. Of the animals testing positive on VNT, based on neutralising antibody titre, 52 (43.7\%) indicated exposure to HeV, 8 (6.7\%) indicated exposure to NiV, and 59 (49.5\%) showed equivocal titres. Possible explanations for the equivocal titres and those that suggest exposure to NiV include: that the immunological response may vary among individual bats such that a fourfold or higher titre to HeV was not present in all bats following exposure to HeV; exposure of the sampled bats to a different henipavirus from that of HeV; co-infection, or subsequent infection, of bats with HeV and another henipavirus had taken place; the HeV strain used in the VNT is antigenically different to the HeV strain that the bats had been exposed to. The recent detection of Cedar virus in Australian bats may support the second and third explanations above. The study also found clear evidence of the presence of henipaviruses in non-Pteropus species in Australasia\(^{51}\). Because of these findings and the distribution and flight range of different fruit bats species carrying NiV in south-east Asia and Papua New Guinea the authors signal the risk posed to Australia of the introduction of Nipah virus.
3 Classification and Terminology

3.1 Classification of Hendra virus status in horses

Classification of live or dead horses based on likelihood of having HeV infection.

- Level 1 (L1) – Confirmed HeV infection.
- Level 2 (L2) – Suspect – High level suspicion of HeV infection
- Level 3 (L3) – Exclusion – sick horse; HeV cannot be ruled out
- Level 4 (L4) – Healthy – No apparent clinical signs or epidemiological evidence of HeV infection

3.2 Classifications of humans exposed to Hendra virus

- Case – person confirmed with HeV infection.
- Contact – person who has had contact with an infected horse or human during the infectious period. Contacts will be sub-classified by the Public Health Medical Officer according to their level of exposure.

4 Classification levels and disease transmission terminology

While there are similarities across human and animal health care, each specific service has its own language and culture. In some instances similar terminology may have different meanings to different agencies. It is particularly important when dealing with zoonoses for a common understanding of language to be shared between animal and human health care agencies.

The purpose of this section is to provide clarity on key terminology used by animal and human health care agencies.
### 4.1 Animal Health Terminology

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<th>Animal Health Term</th>
<th>Classification</th>
<th>Preamble</th>
<th>Rationale</th>
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<tbody>
<tr>
<td><strong>Horse Level 1 (L1)</strong></td>
<td>Level 1 (L1)</td>
<td>Confirmed as a case of HeV infection</td>
<td>There are no pathognomonic clinical signs that define HeV in horses. Infected horses to date have shown variable and sometimes vague clinical signs. A confirmed case includes both currently infected and previously infected horses.</td>
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<td>(Definition of horse: All members of family equidae, including horses, mules, donkeys, zebras).</td>
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<td>The <strong>case definition</strong> of a HeV-infected animal is:</td>
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<td>• an animal that has been sampled following a suspicious clinical history and tests positive to HeV using one or more of the following tests:</td>
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<td>✷ polymerase chain reaction (PCR)</td>
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<td>✷ virus isolation</td>
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<td>✷ immunohistochemistry</td>
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<td>✷ demonstration of an antibody response by virus neutralisation test (VNT), or sG enzyme-linked immunosorbent assay (ELISA) confirmed by VNT or another confirmatory test, with an antibody profile consistent with infection (not vaccination)</td>
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<td>or</td>
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<td>• a nonclinical animal that has been sampled and tests positive to HeV using one or more of the following tests:</td>
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<td>✷ PCR on blood, with PCR positive results either:</td>
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<td>✷ on samples collected on separate occasions and consistent with virus replication, or</td>
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<td>✷ of sufficient magnitude to suggest that contamination of samples is improbable</td>
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<td></td>
<td></td>
<td></td>
<td>✷ virus isolation</td>
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<td>✷ immunohistochemistry</td>
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<td>✷ demonstration of an antibody response by VNT,</td>
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<td>Animal Health</td>
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<td>Rationale</td>
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<td><strong>Term</strong></td>
<td><strong>Classification</strong></td>
<td><strong>Preamble</strong></td>
<td><strong>Rationale</strong></td>
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<tr>
<td>Horse Level 2</td>
<td>Level 2 (L2)</td>
<td>High level of suspicion of HeV infection</td>
<td>or sG ELISA confirmed by VNT or another confirmatory test, with an antibody profile consistent with infection (not vaccination). Where positive results are obtained from nonclinical animals sampled at anatomical sites that are susceptible to environmental contamination (e.g. nasal cavity, oral cavity, rectum), or from samples where contamination cannot reasonably be excluded, confirmation of infection by demonstration of an antibody response is necessary. An animal for which testing has not been possible or for which testing is inconclusive, but there is compelling epidemiological evidence that the animal is/was infected (e.g. confirmed human infection following contact with an animal with clinical signs and history suggestive of HeV infection), would also meet the case definition.</td>
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<tr>
<th><strong>Common clinical signs</strong> 22</th>
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<tr>
<td>• acute onset of illness</td>
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<td>• increased body temperature</td>
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<td>• increased heart rate</td>
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<td>• discomfort/weight shifting between legs (both fore and hind limbs)</td>
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<td>• depression</td>
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<td>• rapid deterioration usually with respiratory and/or neurological signs.</td>
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<td>Term</td>
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| Horse Level 3 (L3)        | Level 3 (L3)   | Sick horse that could be infected with HeV                               | * Other clinical signs 22  
  - colic like signs including stranguria  
  - congestion of the mucous membranes  
  - signs of pulmonary oedema  
  - respiratory distress – increased respiratory rate,  
  - terminal nasal discharge (may be initially clear and progress to white or blood stained froth)  
  - weakness, ataxia, collapse  
  - neurological signs – including ataxia  
  * See rationale for L1 horse  
  * See clinical signs in rationale of L2 horse and rationale for L1 horse. |
| Horse Level 4 (L4)        | Level 4 (L4)   | No apparent clinical signs of HeV infection and no epidemiological link. |                                                                                                                                           |
| Horse contact             | Close contact horse | A susceptible animal that has been assessed by Biosecurity Queensland staff as:  
  - coming within a minimum five metres of a clinical HeV-infected horse, or a suspect response horse (based on range of droplet spread); or  
  - potential for direct contact with body fluids (including                                                                                                                                 |
|                           |                | Current (field and experimental) knowledge indicates that HeV is transmitted by contact or droplet transmission (rather than aerosol). No definitive studies describing the range of respiratory droplet spread from horses could be identified.  
  The ‘minimum five metres’ distance is based on the absence of transmission to horses beyond this distance in field scenarios, on qualitative extrapolation of droplet studies in humans (historically regarded as 1m, but more recent studies suggesting up to 2m or more) 52-65 and observations of |
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<td>exhaling horses after morning track work. Including ‘minimum’ allows discretionary extension of the five metre distance where circumstances deem that additional precaution is appropriate. (Referred to as range of droplet spread).</td>
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<td>The rationale for ‘a minimum 10 day period’ is as follows:</td>
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<td>- on the basis of current (field and experimental) knowledge Biosecurity Queensland has defined the likely risk period for possible infectiousness in a horse prior to the onset of clinical signs as 5 days.</td>
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<td>- Consistent with the precautionary approach historically adopted by the World Organisation for Animal Health (OIE), Biosecurity Queensland has then doubled this figure to 10 days.</td>
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<td>- Including ‘minimum’ allows discretionary extension of the 10 day period where there is uncertainty about the exact date of onset of clinical signs, or where circumstances deem that additional precaution is appropriate. (Referred to as infectious period (equine)).</td>
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<td>The identification of close contact horses follows the identification of confirmed and suspect horses, and thus may be prospective (as an incident proceeds) or retrospective (where earlier previously unidentified cases are identified).</td>
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<td>Current knowledge indicates that HeV survives for more than four days in urine at 22°C. Based on this evidence, Biosecurity Queensland has defined the likely risk period for virus survival in the environment as five days. Consistent with the precautionary approach historically adopted by the World</td>
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Note: If an animal has had close contact with a suspect response horse that is later proven to not be HeV-infected, this animal may be reclassified as low interest.
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<tr>
<th>Animal Health</th>
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<tr>
<td>Horse contact</td>
<td>Contaminated Fomite</td>
<td>Direct contact with a fomite that has had direct contact with body fluids (including nasopharyngeal secretions, urine, blood) or faeces from a HeV-infected animal or a suspect response animal (including carcasses) in the 10 days following secretion or excretion. This includes contact with blood or nasopharyngeal secretions from a HeV-infected animal that were secreted in the 10 days before the onset of clinical signs.</td>
<td>Based on maximum virus survival time and equine Hendra virus infectious period.</td>
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<td>Suspect response horse</td>
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<td>Any horse on an Infected Premises (IP) or Dangerous Contact Premises (DCP) showing any sign of illness including common clinical signs consistent with the current knowledge of HeV infection.</td>
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<td>Low interest horse</td>
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<td>A horse on an IP or DCP that is neither HeV-infected, has not had close contact and is not a suspect response horse.</td>
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<td>Infected premises</td>
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<td>A defined area (which may be all or part of a property) in which, following an emergency disease meeting and development of a case definition, an emergency disease exists or is believed to exist, or in which the causative agent of that emergency disease exists or is believed to exist.</td>
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<td>Dangerous contact</td>
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<td>Premises that contain a susceptible animal(s) not showing clinical signs but</td>
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<td>premises</td>
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<td>that, following a risk assessment are considered to contain a close contact animal(s) or contaminated animal products, wastes or features that present an unacceptable risk to the response if not addressed.</td>
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<td>Incubation period in horses</td>
<td>Period of time from exposure to virus to clinical signs onset</td>
<td>In experimentally infected horses, the incubation period has ranged from 3-11 days^26,27^. In naturally infected horses, the attributed incubation period has ranged from 5-16 days^23,41^. In the Bowen 2009 incident, the length of time between observed clinical signs in the two case horses was 31 days – apart from a long incubation period this observation could indicate either an undetected sub acute infection (reported in NiV patients)^48,57^ or a second spillover event on the same property. In previous incidents transmission appears to have been more efficient between horses than from horses to humans. Thus the infectious period for HeV transmission is separated into that for animal health response and that for human health response, as below.</td>
<td>For animal health purposes, horses should be considered potentially infectious to other susceptible animals for a minimum 10 day period prior to onset of clinical signs and infectious up to and after death, until safe disposal. The longer period of potential infectiousness from horse to horse rather than horse to human reflects the need to have a highly sensitive case definition to ensure no cases are missed, because unidentified horse to horse transmission could propagate a further incident, and because horses are the source of human infection. Current evidence suggests that while some transmission risk</td>
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<td>Infectious period (equine)</td>
<td>Period of time during disease course where the disease is able to be transmitted to another susceptible animal or human.</td>
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<td>exists in the pre-symptomatic horse, transmission risk increases with disease progression, and is highest terminally and during post-mortem contact.</td>
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<td>There is uncertainty about the possibility of disease transmission from recovered horses. Viral genetic material has been identified by PCR in multiple tissue samples in two horses 40 plus days after recovery from clinical disease. Recovery of live virus was not achieved in either case, possibly because infectious virus was not present, was present at low titre, or because of other factors precluding detection.</td>
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<td>There is a lack of data to support recrudescence in horses because all known seropositive recovered horses have been euthanased as per the current National AUSVETPLAN policy. However in humans there is evidence of relapsed and late onset encephalitis due to Henipavirus infection but there is no evidence to date indicating long term persistence of the infectious form of the virus or that shedding of infectious virus occurs in patients who have recovered and later relapsed or suffered late onset encephalitis.</td>
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<td>It therefore remains technically uncertain whether there is a risk of horse to animal, or horse to human transmission from recovered or relapsed horses (e.g. by a veterinarian performing an autopsy on a recovered or relapsed case, or a pathologist processing brain samples).</td>
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<td>The Elizabeth Macarthur Agricultural Institute (EMAI) and Australian Animal Health Laboratory (AAHL) have received funding under the National Hendra Virus Research Program to</td>
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### Animal Health

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<td>Infectious period (equine)</td>
<td>Period of time during disease course where the disease is able to be transmitted to another susceptible animal or human.</td>
<td>In previous incidents transmission appears to have been more efficient between horses than from horses to humans. Thus the infectious period for HeV transmission is separated into that for animal health response and that for human health response, as below.</td>
<td>further investigate possible risks posed by recovered HeV infected animals and to define the pathogenesis of the persistent form of the virus in the central nervous system. Results in a small animal experimental model will be used to further clarify any potential risk posed by recovered animals.</td>
</tr>
</tbody>
</table>

For animal health purposes, horses should be considered potentially infectious to other susceptible animals for a minimum 10 day period prior to onset of clinical signs and infectious up to and after death, until safe disposal.

The longer period of potential infectiousness from horse to horse rather than horse to human reflects the need to have a highly sensitive case definition to ensure no cases are missed, because unidentified horse to horse transmission could propagate a further incident, and because horses are the source of human infection.

Current evidence suggests that while some transmission risk exists in the pre-symptomatic horse, transmission risk increases with disease progression, and is highest terminally and during post-mortem contact 27,32.

There is uncertainty about the possibility of disease transmission from recovered horses. Viral genetic material has been identified by PCR in multiple tissue samples in two horses 40 plus days after recovery from clinical disease. Recovery of live virus was not achieved in either case, possibly because infectious virus was not present, was present at low titre, or because of other factors precluding detection.

There is a lack of data to support recrudescence in horses.
<table>
<thead>
<tr>
<th>Term</th>
<th>Classification</th>
<th>Preamble</th>
<th>Rationale</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td>because all known seropositive recovered horses have been euthanased as per the current National AUSVETPLAN policy. However in humans there is evidence of relapsed and late onset encephalitis due to Henipavirus infection but there is no evidence to date indicating long term persistence of the infectious form of the virus or that shedding of infectious virus occurs in patients who have recovered and later relapsed or suffered late onset encephalitis.</td>
</tr>
</tbody>
</table>

It therefore remains technically uncertain whether there is a risk of horse to animal, or horse to human transmission from recovered or relapsed horses (e.g. by a veterinarian performing an autopsy on a recovered or relapsed case, or a pathologist processing brain samples).

The Elizabeth Macarthur Agricultural Institute (EMAI) and Australian Animal Health Laboratory (AAHL) have received funding under the National Hendra Virus Research Program to further investigate possible risks posed by recovered HeV infected animals and to define the pathogenesis of the persistent form of the virus in the central nervous system. Results in a small animal experimental model will be used to further clarify any potential risk posed by recovered animals.
## Human Health

### 4.2 Human Health Terminology

<table>
<thead>
<tr>
<th>Term</th>
<th>Classification</th>
<th>Preamble</th>
<th>Rationale</th>
</tr>
</thead>
<tbody>
<tr>
<td>Human</td>
<td>Confirmed human case</td>
<td>A confirmed human case requires either:</td>
<td>*Laboratory definitive evidence:</td>
</tr>
<tr>
<td></td>
<td></td>
<td>1 Laboratory definitive evidence*,</td>
<td>• Isolation of HeV; or</td>
</tr>
<tr>
<td></td>
<td></td>
<td>OR</td>
<td>• Detection of HeV by nucleic acid testing by RT-PCR; or</td>
</tr>
<tr>
<td></td>
<td></td>
<td>2 Laboratory suggestive evidence AND epidemiological evidence AND clinical evidence.</td>
<td>• Detection of antibody to HeV by MIA, confirmed by IFAT; or</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>• ELISA and VNT</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Outbreak definition: One case of confirmed HeV infection in a human.</td>
</tr>
<tr>
<td>Human</td>
<td>Highly suspect case</td>
<td>*Acute illness within 21 days of significant exposure to a horse with suspect or confirmed HeV infection.</td>
<td>* Patterns of illness in humans have included:</td>
</tr>
<tr>
<td>Incubation period for human infection</td>
<td>Period of time from exposure to virus to symptoms onset</td>
<td>Current limited evidence suggests the incubation period in humans is usually 5-16 days but could be up to 21 days. Latent neurological relapse has been observed in one case 13 months after initial acute infection.</td>
<td>In humans there is evidence of relapsing HeV encephalitis. This is also the case in NiV human infections where acute relapsed and late onset encephalitis also occur, but there is no evidence to date to support shedding of infectious virus in relapsed or late onset encephalitis patients. The time interval from resolution of acute infection in Henipaviruses to the first symptoms of relapsing encephalitis.</td>
</tr>
<tr>
<td>Term</td>
<td>Classification</td>
<td>Preamble</td>
<td>Rationale</td>
</tr>
<tr>
<td>---------------------------------------------------------------------</td>
<td>--------------------------------------------------------------------------------</td>
<td>--------------------------------------------------------------------------------------------------------------------</td>
<td>----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------</td>
</tr>
<tr>
<td>Infectious period for human to human transmission</td>
<td>Period of time during disease course where the disease is able to be transmitted to another person</td>
<td>Unknown, no evidence of human to human transmission of HeV to date.</td>
<td>While there is no evidence to date that human to human transmission of HeV occurs; it is desirable to avoid close contact with blood, body fluids/secretions of a symptomatic human case. HeV RNA has been detected in serum, urine and nasopharyngeal secretions of HeV infected patients.</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Standard contact and droplet precautions should be implemented for management of suspected or confirmed human cases. Airborne precautions are routinely practised for aerosol generating procedures. Consultation with the infectious disease physician is recommended.</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Note: Direct human to human transmission, including healthcare associated infection of the closely related NiV has occurred overseas. NiV has been isolated in the respiratory secretions and urine of infected patients but is more difficult to isolate following the appearance of detectable serum IgM antibody.</td>
</tr>
<tr>
<td>Term</td>
<td>Classification</td>
<td>Preamble</td>
<td>Rationale</td>
</tr>
<tr>
<td>------------------------------------------</td>
<td>----------------</td>
<td>--------------------------------------------------------------------------</td>
<td>------------------------------------------------------------------------------------------------------------------------------------------</td>
</tr>
<tr>
<td>Human to human transmission of NiV seen</td>
<td>Infectious</td>
<td>For defining human contacts assessment will consider:</td>
<td>Based on epidemiological evidence, HeV-infected horses are considered to present the most significant level of risk of infection to humans up to 72 hours before the onset of clinical signs and up to and including post-mortem examination (if conducted) and safe disposal of the carcass.</td>
</tr>
<tr>
<td>in Bangladesh/India generally occurred</td>
<td>period for</td>
<td>‐ exposure to a confirmed HeV-infected horse in the 72 hours</td>
<td>In experimental conditions three horses were challenged with HeV oronasally. Two days post challenge viral RNA was detected consistently in nasal swabs in horses 1 and 2 (3 and 5 days prior to the onset of clinical signs respectively) and intermittently in the third (4 days prior to the onset of clinical signs) strongly suggesting that systemic spread of virus may be preceded by local viral replication in the nasal cavity or nasopharynx.</td>
</tr>
<tr>
<td>from fatal cases late in the course of</td>
<td>horses for</td>
<td>‐ exposure to high risk procedures carried out up to five days before</td>
<td></td>
</tr>
<tr>
<td>the course of disease from severe</td>
<td>operational</td>
<td>the onset of clinical signs</td>
<td></td>
</tr>
<tr>
<td>pulmonary involvement; however there was</td>
<td>human health</td>
<td>‐ This period requires adjustment if the exact onset of clinical signs in</td>
<td></td>
</tr>
<tr>
<td>was a lack of data from patients earlier</td>
<td>response</td>
<td>the horse is uncertain.</td>
<td></td>
</tr>
<tr>
<td>in the course of the disease process.</td>
<td>(horse to</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>human)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>There have been no recorded cases in</td>
<td></td>
<td>Further investigation of exposure risk to better classify contacts</td>
<td>After onset of fever, but before development of other clinical signs of illness, HeV genome was detected in oral swabs, urine and faeces of each horse. Once clinical disease was established, all samples had detectable levels of HeV genome, except rectal swabs of 2 animals. While PCR detection cannot discriminate between infectious and non-infectious virus particles or nucleic acids, these data indicate that nasal secretions of asymptomatic horses may pose a transmission risk during the early phase of infection that precedes viraemia, fever or other discernible clinical signs of HeV disease.</td>
</tr>
<tr>
<td>people using appropriate personal</td>
<td></td>
<td>considers: type of contact</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>‐ type of exposure (blood/body fluids)</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>‐ time</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>‐ distance</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>‐ use of protective behaviour and PPE.</td>
<td></td>
</tr>
</tbody>
</table>
### Human Health

<table>
<thead>
<tr>
<th>Term</th>
<th>Classification</th>
<th>Preamble</th>
<th>Rationale</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>protective equipment (PPE).</td>
<td>The febrile and then symptomatic horses pose a greater transmission risk from nasal and other secretions such as blood and urine than asymptomatic horses. Conducting procedures such as endoscopy, nasal lavage and necropsy pose a higher risk of infection transmission because of the potential for gross contamination and the handling of sharp instrument [^{71}]. Consideration should also be given to assessing the theoretical risk of human infection from high risk procedures undertaken in the five day period preceding onset of clinical signs in the horse. Uncertainty around the time of onset of clinical signs in a horse may mean determining the period humans were potentially exposed, needs to be flexible.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Infected horses are potentially infectious till death by disease or euthanasia and safe disposal of the carcass.</td>
<td>There is uncertainty about the possibility of disease transmission from recovered horses. Viral genetic material has been identified by PCR in multiple tissue samples in two horses 40 plus days after recovery from clinical disease. Recovery of infectious virus was not achieved in either case, possibly because infectious virus was not present, was present at low titre, or because of other factors precluding detection.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>The Hendra virus exposure assessment form provides a framework for assessing human exposure to HeV: <a href="http://www.health.gov.au/internet/main/publishing.nsf/Content/cdna-song-hendra-appendix4">http://www.health.gov.au/internet/main/publishing.nsf/Content/cdna-song-hendra-appendix4</a></td>
<td>There is a lack of data to support the recrudescence in horses because all known seropositive recovered horses have been euthanased as per the current National AUSVETPLAN policy.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>It is currently unclear if recovered or sub-clinical horse cases pose an infection risk to humans and further research is in progress. AUSVETPLAN HeV Response Policy Brief currently states that such horses should be euthanased [^{71}]. The issue of transmission risk from recovered animals will be reviewed at a national level in late 2013.</td>
<td>In humans there is evidence of relapsed and late onset encephalitis due to Henipavirus infection however there is no evidence indicating long term persistence of infectious enveloped virus or that shedding of infectious virus occurs in patients who have recovered and later relapsed or suffered late onset encephalitis [^{50,47,49,59,60,73,74}]. A recent study [^{50}] found no</td>
</tr>
</tbody>
</table>
## Human Health

<table>
<thead>
<tr>
<th>Term</th>
<th>Classification</th>
<th>Preamble</th>
<th>Rationale</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td>evidence of prolonged HeV shedding by two recovered patients.</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>It therefore remains technically uncertain whether there is a risk of horse to animal, or horse to human transmission from recovered or relapsed horses (e.g. by a veterinarian performing an autopsy on a recovered or relapsed case, or a pathologist processing brain samples).</td>
</tr>
</tbody>
</table>
5 Infection Control Advice

**Objective 1:** To provide technical advice based on best available evidence on measures needed to prevent human infection with HeV. The infection control practices recommended during contact with a horse to reduce the risk of unprotected contact with a horse’s blood/body fluids are based on the potential for severe morbidity or death should human infection occur.

### 5.1 Animal-Human Infection Control

#### 5.1.1 Horse Vaccination

A HeV soluble G (sG) subunit vaccine was released commercially onto the Australian market on 1 November 2012 following evaluation and the issue of a Minor Use Permit by the Australian Pesticides and Veterinary Medicines Authority (APVMA). The horse vaccine was developed subsequent to research which demonstrated the subunit sG vaccine’s ability to prevent henipavirus disease and virus transmission or shedding in small animal models \(^{75-79}\).

Research on horses conducted at CSIRO’s Australian Animal Health Laboratory (AAHL) demonstrated that the adjuvanted vaccine containing either 100 µg or 50 µg sG in a prime-boost regime resulted in seroconversion in all vaccinated horses.

In the initial efficacy trials, there was no evidence of viral shedding by immunised horses after HeV challenge, as reflected by PCR negative test results on all daily clinical samples. Following euthanasia of immunized horses (7 to 9 days post challenge, and 1-3 days after clinical signs first became apparent in control animals), there was no evidence of HeV viral replication in any tissue of immunised horses collected at post mortem examination, after what would be expected to be the period of acute infection.

To demonstrate the immunogenicity of the vaccine under field conditions two trials were conducted. Horses were given two single doses of the vaccine by intramuscular injection on Days 0 and 21. All vaccinated animals in both trials seroconverted, confirming that two doses of vaccine given three weeks apart are sufficient to generate an antibody response in horses from four months of age. Serum neutralising antibody levels on day 42 (three weeks after the second dose of vaccine) in all vaccinated horses from both trials were equivalent to those seen in the earlier efficacy studies by challenge as described above, in which vaccinated horses were shown to be protected from challenge with HeV.

At approximately six months post-vaccination, when horses were challenged with HeV via the intranasal route, all were protected from clinical signs of HeV disease. In addition, virus was not reisolated from any clinical samples (collected pre-and post-mortem) from any of the horses, and there was no evidence of virus spreading beyond the site of administration (i.e. the upper respiratory tract). In non-immunised (surrogate control) ferrets, viral infection was detected and all succumbed to acute HeV infection.
In summary all vaccinated animals were protected from disease against a virulent challenge with HeV for up to six months following the initial course of two vaccinations 21 days apart, and transmission or shedding of virus was prevented.

The vaccine is the single most effective way of reducing the risk of Hendra virus infection in horses and provides a work health and safety and public health benefit by the vaccine's ability to not only protect horses from infection but also to break the cycle of virus transmission from horses to humans. Widespread uptake of the horse vaccine has the potential to significantly reduce the number and risk of human exposures.

The Australian Veterinary Association recommends that all horses, particularly those horses in identified risk areas or situations, are vaccinated according to APVMA permit requirements, veterinary and manufacturer's recommendations. Further research at AAHL has been conducted to determine the level of immunity at 12 months.

5.1.2 Rationale for Infection Control Recommendations

Based on epidemiological evidence, HeV infected horses are considered to present the most significant level of risk of infection to humans up to 72 hours before the onset of clinical signs and up to and including post-mortem examination (if conducted) and safe disposal of the carcass. Because experimental studies have detected viral RNA from two infected horses up to five days before the onset of clinical signs 27,32 consideration should also be given to assessing the theoretical risk of human infection from high risk procedures undertaken in the five day period preceding onset of clinical signs in the horse. Uncertainty around the time of onset of clinical signs in a horse may mean determining the period humans were potentially exposed, needs to be flexible.

HeV infection in horses has presented with variable clinical signs, with fever and increased heart rate common in acute cases 1,2,8,14,22,23,26-30. Typically there is a rapid deterioration in acutely infected horses with respiratory and/or neurological clinical signs, however HeV infection has been detected in some instances when there have been no or minimal clinical signs, including absence of fever. It should be noted that approximately 20 per cent of HeV infected horses can survive acute HeV infection.

The febrile and then symptomatic horse, particularly those late in the disease process are likely to shed more virus from a variety of excretions and pose a higher risk of disease transmission. Conducting necropsies poses a higher risk of infection transmission because of the potential for gross contamination and the handling of sharp instruments7,27.

If HeV cannot be ruled out as a diagnosis, risk controls should be implemented before anyone contacts a sick horse, not after initial examination.
### Table 1: Animal-Human Infection Control Recommendations

<table>
<thead>
<tr>
<th>Type of Contact</th>
<th>Infection Control Recommendations</th>
</tr>
</thead>
<tbody>
<tr>
<td>General interactions with all horses</td>
<td><strong>Standard precautions (See Table 2)</strong></td>
</tr>
<tr>
<td></td>
<td>+ <strong>Vaccination</strong> is the single best way to prevent HeV infection in horses and is strongly encouraged.</td>
</tr>
<tr>
<td></td>
<td>+ <strong>Avoid direct contact with blood/body fluids</strong> where possible</td>
</tr>
<tr>
<td></td>
<td>o wear personal protective equipment (PPE) to protect against exposure to blood/body fluids where possible</td>
</tr>
<tr>
<td></td>
<td>o cover any open wounds with a waterproof dressing</td>
</tr>
<tr>
<td></td>
<td>o do not kiss horse on muzzle area</td>
</tr>
<tr>
<td></td>
<td>o avoid recapping used needles at all times and always use a sharps container to avoid sharps injuries</td>
</tr>
<tr>
<td></td>
<td>+ <strong>Perform hand hygiene</strong></td>
</tr>
<tr>
<td></td>
<td>o Soon after any exposure to blood/body fluids should it occur</td>
</tr>
<tr>
<td></td>
<td>o After removing PPE</td>
</tr>
<tr>
<td></td>
<td>o Frequently throughout the day</td>
</tr>
<tr>
<td></td>
<td>o After caring for a horse before moving on to other activities</td>
</tr>
<tr>
<td></td>
<td>o Between caring for a horse and eating, smoking etc.</td>
</tr>
<tr>
<td></td>
<td>+ Adopt appropriate cleaning processes for environment and equipment</td>
</tr>
<tr>
<td></td>
<td>o Reprocess equipment used in clinical procedures in accordance with AS 4187.</td>
</tr>
<tr>
<td></td>
<td>+ Ensure appropriate disposal of waste</td>
</tr>
<tr>
<td></td>
<td>o Sharps must always be disposed of in a container designed specifically for the disposal of sharps</td>
</tr>
<tr>
<td></td>
<td>o Disposable PPE should be secured in a sealed plastic bag before disposal</td>
</tr>
</tbody>
</table>
### Situations that are likely to result in exposure to blood/body fluids from any horse

**Standard Precautions as above**

Appropriate PPE used as part of standard precautions may include:
- + gloves for contact with blood/body fluids, mucous membranes and/or non-intact skin
- + overalls
- + rubber boots

When exposure to blood/body fluids from the horse onto the face is likely:
- + safety goggles to protect eyes from exposure AND
- + a fluid resistant mask or face shield

### A procedure that is invasive/aerosol generating in any horse.
(e.g. Procedures of the respiratory tract and other high risk procedures (e.g. endoscopy of the upper and lower respiratory tract, dentistry using power floats, necropsy, broncho-alveolar lavage and nasal lavage)

**Standard precautions as above plus AIRBORNE precautions**

Appropriate PPE used as part of standard precautions to protect against exposure to blood/body fluids *plus a P2 respirator to prevent inhalation of infectious aerosols (airborne precautions).*

The minimum level of respiratory protection for exposure to bio-aerosols is a disposable P2 respirator and it is important to note that surgical masks do not provide respiratory protection.

### Any contact with a sick horse showing clinical signs where Hendra virus is a possible diagnosis (e.g. L2 and L3 horses)

**Assess and manage potential Hendra virus risks.**

**Standard precautions required for level of exposure plus transmissions based precautions plus enhanced biosecurity**

- Consider isolating the horse from humans, other horses and other animals and from public access areas where possible and safe to do so.
- Restrict non-essential people (including all children) from the horse until veterinary opinion sought and test results (if relevant) are available.
- Non- veterinarians should not undertake any invasive procedure including injection until infection with Hendra Virus has been excluded
- Consider restricting high risk veterinary procedures to those necessary to obtain samples and /or provide
immediate treatment and attend to the horse’s welfare.

- Avoid high risk procedures that have potential to result in high level of exposure to the horse’s blood, respiratory fluids, tissues and other body fluids.

- Never recap a used needle, consider using safety engineered sharps such as retractable blood collection systems to minimise the risk of sharps injuries.

- Follow biosecurity procedures for veterinary contact with the suspect horse (e.g. examination of suspect horse, collecting samples) and any other horses that have had close contact with the suspect horse.

- Provide infection control and biosecurity advice to horse owner/manager as appropriate (refer to Biosecurity Queensland’s *Guidelines for veterinarians handling potential Hendra virus infection in horses*).

- Veterinarians should instruct horse owners and property staff on safety practices when dealing with a suspected Hendra infected horse.

- Horse owners and property staff should observe horses from a distance and notify veterinarians or their staff of any change in the behaviour or health of any horse on the property.

- NB: Dead horses can be sampled adequately for HeV testing without conducting a complete necropsy. Necropsy on a recently dead HeV infected horse should only be undertaken by a person who is suitably experienced and knowledgeable about how to manage exposure to HeV and how to use relevant PPE.

| All contact with a Hendra virus infected animal | In accordance with Biosecurity Queensland policies and procedures. Isolate the HeV infected animal from humans, other horses, other animals and from public access areas where possible and safe to do so. Only essential personnel as determined by Biosecurity Queensland to enter the quarantined area. The ongoing monitoring and management of any animals (including companion animals) assessed by Biosecurity Queensland as being at risk of exposure to HeV will be managed by Biosecurity Queensland for the duration of the quarantine period. |
Table 2: General Infection Control Advice and Resources for Veterinarians and Animal Handlers

Veterinarians and their staff should refer to the [Australian Veterinary Association Guidelines for Veterinary Personal Biosecurity](http://www.ava.com.au/biosecurity-guidelines) as a practical manual on how to reduce the risk of contracting a zoonotic disease.

The Australian Veterinary Association has an online video called [Suit Up](http://www.ava.com.au/suit-up), regarding appropriate PPE for investigation of a horse suspected of being infected with HeV, including the donning and doffing process.

<table>
<thead>
<tr>
<th>Infection control precaution</th>
<th>Explanation</th>
<th>Resources</th>
</tr>
</thead>
</table>
| Standard precautions         | Standard precautions are guidelines recommended to reduce the risk of transmission of blood-borne and other pathogens. Standard precautions include but are not limited to:  
  - Hand hygiene  
  - Aseptic non-touch technique  
  - Sharps safety  
  - Personal protective equipment  
  - Clinical waste management  
  - Standard decontamination procedures  
  - Appropriate reprocessing of equipment  
  - Routine environmental cleaning | Australian Veterinarian Association Guidelines for Veterinary Personal Biosecurity  
  
  Hand hygiene resources  
  - [www.hha.org.au](http://www.hha.org.au)  
  - [http://www.who.int/gpsc/5may/How_To_HandWash_Poster.pdf](http://www.who.int/gpsc/5may/How_To_HandWash_Poster.pdf)  
  
  British Veterinarian Association hand hygiene poster modelled on the '5 moments of hand hygiene'  
  - [http://www.bsava.com/LinkClick.aspx?fileticket=FZpsnz6kDEU%3d&tabid=171&bcsi_scan_a1c99feec31f2dec=UsCzUHzkGoGoWqHENvwDep8HwRgRAAAouRGBg==&bcsi_scan_filename=LinkClick.aspx](http://www.bsava.com/LinkClick.aspx?fileticket=FZpsnz6kDEU%3d&tabid=171&bcsi_scan_a1c99feec31f2dec=UsCzUHzkGoGoWqHENvwDep8HwRgRAAAouRGBg==&bcsi_scan_filename=LinkClick.aspx)  
  
  Centers for Disease Control and Prevention- How to properly put on |
Transmission-based precautions are infection control practices that are applied in addition to standard precautions for patients known or suspected to be infected with highly transmissible or epidemiologically important pathogens that require additional control measures to prevent disease transmission.

Standard precautions PLUS the following as appropriate to your risk assessment of the individual circumstance should be applied.

For conditions spread by direct contact with a horse:

**Contact precautions:**
- gloves
- rubber boots
- splash resistant or impermeable gown or overalls
- headwear if direct contact between the head with the horse is likely

**Other things to consider:**
- isolating or cohorting infected animals
- entry/exit procedures
- reprocessing equipment
- awareness of free-ranging animals (including other pet species, rodents and insects) as mechanical vectors

Australian Veterinarian Association Guidelines for Veterinary Personal Biosecurity


Certain procedures may cause aerosols to be produced resulting in risk of airborne spread of infection. This risk is especially important when undertaking these procedures in a confined environment. Procedures that are associated with increased small particle aerosol generation include:

- endotracheal intubation
- nasal lavage
- bronco-alveolar lavage
- endoscopy of the upper or lower respiratory tract
- nebuliser treatment
- airway suctioning; and
- sputum induction
- stomach tubing
- necropsy/post-mortem

and take off a disposable respirator

- awareness of owners/clients as vectors
- disinfectant foot baths for humans
- disposal or cleaning/disinfection of PPE

**For conditions spread by respiratory droplets:**

**Droplet precautions:**
As for contact precautions PLUS additional fluid resistant mask and goggles/face shield to be worn when working closely with the horse even if exposure to blood or body fluids is not expected.

**Conditions spread through micro droplets and aerosolised body fluids**

**Airborne Precautions (as above plus):**
As for contact precautions PLUS additional PPE to prevent inhalation of contaminated dusts and aerosols, work practices to minimise aerosols and dusts.
- respiratory protective equipment (RPE) – minimum is a properly fitted disposable P2 respirator (Ref: Australian Standard 1715)
- caps (appropriate rating) or other protective headwear
- consider the use of dedicated staff.
### Table 3: Human Health Infection Control Advice and Resources


Required infection interventions should be implemented in accordance with the *Australian Guidelines for the Prevention and Control of Infection in Healthcare (2010)* [www.nhmrc.gov.au/node/30290](http://www.nhmrc.gov.au/node/30290) and in consultation with the treating infectious physician where appropriate.

| Confirmed case | Transmission based precautions as per *Australian Guidelines for the Prevention and Control of Infection in Healthcare (2010)* [www.nhmrc.gov.au/node/30290](http://www.nhmrc.gov.au/node/30290) and in consultation with infectious disease physician | There is no evidence to date of human to human transmission of HeV. However, HeV RNA has been detected in serum and naso-pharyngeal aspirate (NPA) specimens within three days of onset of influenza like illness in at least one case. The HeV RNA has been shown to persist in NPA samples from two human cases throughout the first two weeks of illness.

In experimental conditions henipaviruses are able to replicate efficiently in epithelial cells derived from bronchi and small airways of the human respiratory tract, suggesting the potential for human-to-human transmission through aerosols.

Additionally, there is evidence of human to human infection of Nipah virus including healthcare associated infection, which can be extrapolated to demonstrate the potential for similar transmission of Hendra virus. |
| Symptomatic contact of confirmed case within identified incubation period. | **Home**  
- Ask the symptomatic contact to wear a surgical mask, maintain good hand hygiene, respiratory hygiene and cough etiquette and seek urgent medical assessment.  
**Hospital**  
Transmission based precautions in consultation with the treating infectious disease physician and in accordance with the Australian Guidelines for the Prevention and Control of Infection in Healthcare (2010). |
|---|---|
| Asymptomatic contact of confirmed case | **Home/community**  
- Good hand hygiene  
- Routine environmental cleaning  
**Hospital**  
- Standard precautions  
**There is no evidence to suggest sub-clinical disease transmission** |
6 Hendra virus Exposure Assessment

Objective: To facilitate a systematic process for determining the level of exposure a person has had to a suspect or infected horse to inform the subsequent management of that person.

In the occurrence of the identification of suspected and confirmed HeV infected horses Biosecurity Queensland and Queensland Health will work together to identify all people who possibly had contact with blood or body fluids, tissue or faeces from an infectious horse. This is in accordance with the current Memorandum of Understanding - Incident management of threats to human or animal health and Multi-agency Coordination Standard Operating Procedure.


A monoclonal antibody to Hendra virus, developed in the US, is available on special access for compassionate reasons for treatment of people assessed by a public health medical officer as having high level exposure to Hendra virus. A phase one safety trial of the monoclonal antibody is expected to be completed in 2015.


These tasks will be performed by public health medical officers or nurses who have the skills and knowledge to identify risks for transmission on a case by case basis, given that all risks may not be explicitly covered in the current assessment tool.
7 References