

Pondering Poos 2019

A free parent information workshop.

Pondering Poos is a community-based information workshop for groups of parents and carers who have children aged two years and over with bowel difficulties including:

- chronic constipation
- withholding/refusal
- soiling.

The workshop provides information about:

- normal bowel habits
- causes of difficulties
- medication
- behavioral advice
- dietary/fluid intake.

Pondering Poos dates and times:

Wednesday, 13th March 2019

Palmwoods State School,
111 Palmwoods-Montville Road
9.30am to 12.30pm

Wednesday, 12th June 2019

Sunshine Beach State School, David Low Way
9.30am to 12.30pm

Wednesday, 4th September 2019

Currimundi State School, 17 Buderim Street
9.30am to 12.30pm

Wednesday, 20th November 2019

Mountain Creek State School, Lady Musgrave Drive
9.30am to 12.30pm



To book contact Child Health Access

5319 4824

NB: There is no child care available.

Sunshine Coast
Hospital and Health Service

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