

## Tube feeding at home using gravity (container method)

For those patients who have a nasogastric tube (NG) or gastrostomy tube (PEG/ RIG).

1. Assemble  
equipment

2. Wash hands well  
with soap and water

3. Draw up 60mL of  
water into syringe



4. Kink feeding tube (to stop backflow of stomach contents) and connect syringe

5. Perform *pre-feed* water flush using the start/ stop method

6. Kink feeding tube and disconnect the syringe



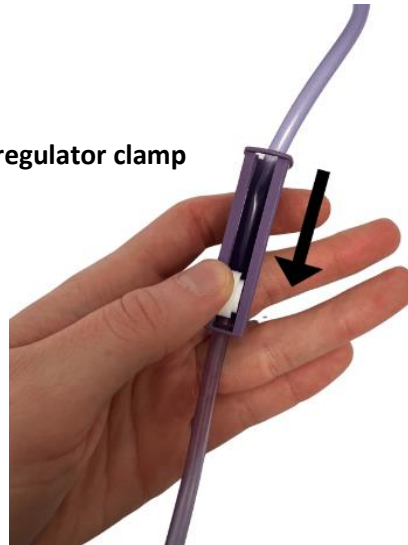
7. Shake feed well and pour into container

8. Close the flow regulator clamp on the giving set by rolling it *downwards*

9. Connect the giving set to the container lid



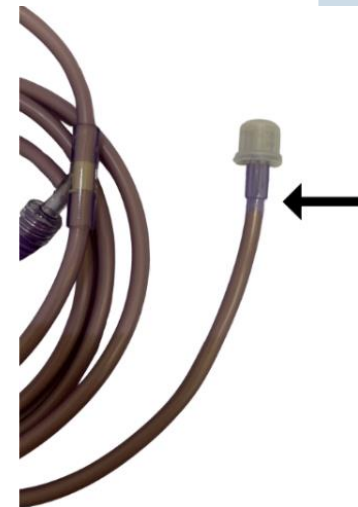
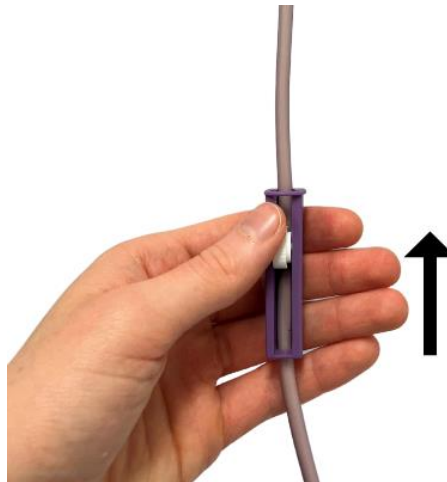
Flow regulator clamp



10. Hang container upside down and squeeze drip chamber until its 1/3 full

11. Open the flow regulator clamp on the giving set by rolling it *upwards*

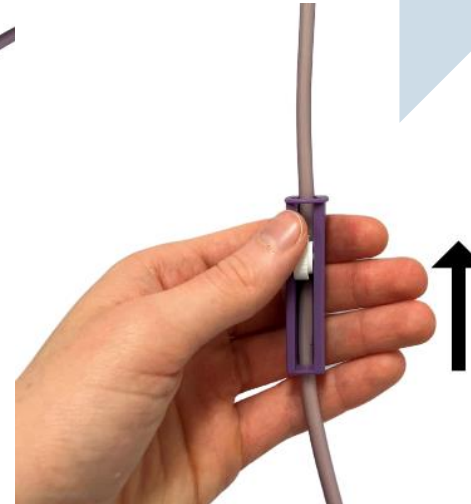
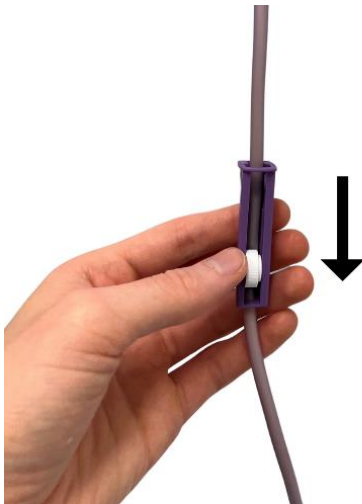
12. Prime line (giving set) by allowing the feed to run to the end of the giving set to remove any air



13. Once the line is primed, close the flow regulator clamp on the giving set by rolling it *downwards*

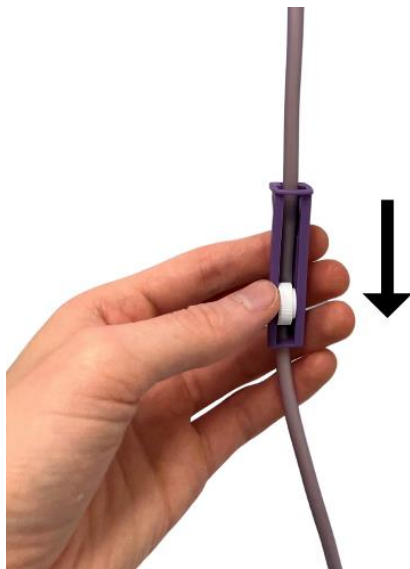
14. Kink feeding tube (to stop backflow of stomach contents) and connect to the giving set

15. Start feed by opening the flow regulator clamp on the giving set by rolling it *upwards*



**The position of the clamp determines the feed rate.  
The higher it is, the faster the rate of feed delivery.  
The lower it is, the slower the rate of feed delivery.**

16. Once the feed is finished, close the flow regulator clamp on the giving set by rolling it *downwards*



17. Kink feeding tube and disconnect from the giving set



18. Perform *post-feed* water flush using the start/ stop method (repeat steps 3-6)



**19. To clean giving set between feeds, fill the container with water and allow it to run through to remove residual feed from the line**

**20. Wash all equipment in warm soapy water, rinse, let air dry and store in a dry, cool place**

