How the Persistent Pain Management Service (PPMS) works

GP sends referral form and patient questionnaire to PPMS

Patient will be notified that they have been added to the PPMS waiting list

Patient will receive a notification in the weeks prior to their initial appointment

Most patients attend **PAIN101**
A group education program provided in a 4 hour session covering orientation and education sessions from a psychologist, an occupational therapist (OT), a physiotherapist (PT), and a pain medicine physician

Patient may attend a multi-disciplinary individual assessment and pain medicine physician consult

Patient may attend an advanced allied health assessment with possible assessment by a pain medicine physician

Now patients choose to attend any of the following over the next 12 months and must phone 07 5470 6785 to make an appointment

**PREP**
10 Week education program.
View start dates and days/times on the PPMS page.
PREP brochure (coming soon)

**MIND**
8 Week education program.
View start dates and days/times on the PPMS page.
MIND brochure (coming soon)

**SLEEP**
6 Week education program.
View start dates and days/times on the PPMS page.
SLEEP brochure (coming soon)

**Allied health individual consultation**
One on one consult with an OT, PT or psychologist with possible further assessment with a pain medicine physician