How the Persistent Pain Management Service (PPMS) works

GP sends referral form and patient questionnaire to PPMS via the Health Pathways website

Patient will be notified that they have been added to the PPMS waiting list

Patient will receive a notification in the weeks prior to their initial appointment

Patient may attend an advanced allied health assessment with possible assessment by a pain medicine physician

Patient may attend a multi-disciplinary individual assessment and pain medicine physician consult

Most patients attend PAIN101
A group education program provided in a 2.5 hour session covering orientation and education sessions from a psychologist, an occupational therapist (OT), a physiotherapist (PT), and a pain medicine physician.

Now patients choose to attend any of the following over the next 12 months and must phone 07 5470 6785 to make an appointment

PREP
6 Week education program

MIND
8 Week education program

SLEEP
2 Week education program

PACING
2 Week small group program

Allied health individual consultation
One on one consult with an OT, PT or psychologist with possible further assessment with a pain medicine physician

Contact details
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