Our team
Depending on your individual needs, in addition to doctors and nursing staff, you may be seen by one or more of the following therapists:

- Physiotherapist
- Occupational Therapist
- Speech Pathologist
- Dietician
- Social Worker
- Allied Health Assistant
- Pharmacist

The rehabilitation Program

Facilities

- Four-bed rooms and limited single rooms
- Specialist therapy areas including a gym
- Dining Room
- Outside areas

For further information please contact us

The Maleny Hospital Sub-Acute services
17 Bean Street,
Maleny QLD 4552

Ph: 5420 5000
What will I be expected to do?
Rehab is like having a job. Your job in rehab is to:
• Be as independent as possible
• Be involved in setting your therapy goals
• Go to therapy/appointments during the week on time
• Practice after hours with nurses, friends or family
• Get back into everyday life, e.g. having your meals in the dining room and wearing day clothes and closed comfortable shoes
• Let someone at the nurses station know if you are leaving the ward for any reason
• Only smoke in the smoking area

How will my family be involved?
Families are important and can help you to achieve your therapy goals and provide emotional support. You, your family and the rehabilitation team may attend family meetings during your stay to talk about your goals, progress and future plans. As patients are required to wear their own clothes, it is requested that family members or friends wash and return clothes. There is no hospital facility for washing of private clothes.

How long will I stay?
Sub Acute Rehabilitation is not a long stay ward. Most people are well enough to discharge from hospital within a few weeks, however this can vary significantly depending on your condition.

We start planning your discharge as soon as you arrive. We will keep you updated about your progress. Many people still need some extra therapy after they leave. We will help to arrange the most appropriate program for you.

Some people have overnight leave at home, as part of the rehabilitation program. This needs to be negotiated with your rehabilitation team prior to any plans being made.

Consumer focus
Our caring ability has been greatly augmented by a highly professional rehabilitation unit, staffed by dedicated allied health and general nursing staff. Our service is available to the community through the district medical board.

“I suffered a traumatic stroke two years ago and eventually arrived at the Maleny Soldiers Memorial Hospital rehabilitation unit. Under the nurture and care of the highly professional allied health clinicians, doctors, and nursing staff with whom I formed a bond, I found my confidence and together we achieved our joint goal.”

Ian Bryce. (Past patient)