

# Wondering about Wees 2019

A free parent information workshop.

Wondering about Wees is a community-based information workshop for groups of parents and carers who have children aged five to 15 years with bladder difficulties including:

- frequency
- urgency
- withholding
- day wetting
- night wetting.

The workshop provides information about:

- normal bladder habits
- diaries
- scheduling/routines
- bedwetting alarms
- dietary/fluid intake
- medication advice
- behavioural advice.

## Wondering about wees dates and times

**Wednesday, 6<sup>th</sup> February 2019**

Mountain Creek State School, Lady Musgrave Drive  
9.30am to 12.30pm

**Wednesday, 1<sup>st</sup> May 2019**

Currimundi State School, 17 Buderim Street  
9.30am to 12.30pm

**Wednesday, 31<sup>st</sup> July 2019**

Palmwoods State School,  
111 Palmwoods-Montville Road  
9.30am to 12.30pm

**Wednesday, 16<sup>th</sup> October 2019**

Sunshine Beach State School, David Low Way  
9.30am to 12.30pm



To book contact Child Health Access

**5319 4824**

**NB: There is no child care available.**

**Sunshine Coast**  
Hospital and Health Service

Exceptional people. Exceptional healthcare.



**Queensland**  
Government