Wondering about Wees 2020
A free parent information workshop.

Wondering about Wees is a community-based information workshop for groups of parents and carers who have children aged five to 15 years with bladder difficulties including:

- frequency
- urgency
- withholding
- day wetting
- night wetting.

The workshop provides information about:

- normal bladder habits
- diaries
- scheduling/routines
- bedwetting alarms
- dietary/fluid intake
- medication advice
- behavioural advice.

Wondering about wees dates and times

Wednesday, 18th March 2020
9.30am to 12.30pm

Wednesday, 10th June 2020
9.30am to 12.30pm

Wednesday, 2nd September 2020
9.30am to 12.30pm

Wednesday, 25th November 2020
9.30am to 12.30pm

ALL SESSIONS TO BE HELD AT –

Nambour Child and Family Health Centre
5 Waterfall Road, NAMBOUR

To book contact Child Health Access
5319 4824

NB: There is no child care available.