



# Surgical

## Outpatient Referral Guideline

Please use this guide to complete the appropriate tests so patients can be accurately triaged within the SURGICAL Outpatients Department. Referral should include complete patient / family history relevant to the patient's condition or complaint.

**All investigation results are to accompany the patient referral when sent to SURGICAL outpatients department. Tests results should be dated within three (3) months of referral date.**

**NB: If significant co-morbidities then please attached relevant tests results. Eg: Echo, Stress test and RFTs.**

Presentation	Baseline Investigations
Abdominal Pain	Imaging U/S or CT if indicated
Anaemia	Iron Studies, B12, Folate FBC
Breast Carcinoma	Mammogram and ultrasound +/- core biopsy
Cholecystitis / Cholelithiasis	U/S and LFTs
Crohn's Disease	Faecal M/C/S, LFTs
Colonoscopy (See NHMRC Guidelines)	Family history and diagnosed ages, previous scope reports, previous histology, FOB Symptoms
Diarrhoea	Stool M/C/S, O/C/P, Difficile Toxin - Celiac Serology, TSH,
Diverticulosis	No specific tests required
Dyspepsia	H.Pylori Testing (Breath Testing or Stool Antigen)
Gastroscopy	Symptoms, previous reports, previous histology
GIT Malignancy	FBC, E/LFT, Tumour Markers
Hernia	Clinical assessment only required
Iron Deficiency Anaemia	Stool Test for Occult Blood, FBC, Serum Ferritin and Iron Studies
Pancreatitis	U/S, LFT, FBC, Serum Lipase
Parathyroid Conditions	Corrected Calcium, PTH, U/S Neck, Sestamib 1 Scan
Parotid Tumours	FNAB, U/S
PR Bleed	FBC, Colonoscopy result if applicable
Right Upper Quadrant Pain	U/S
Testicular Tumour	U/S, Tumour Markers, (Alpha-Feto Protein, Beta HCG, LDH)
Thyroid Conditions	TFTs including T4, T3, TSH, + Thyroid Antibodies, U/S, FNA
Umbilical / Inguinal Hernia	U/S - where diagnosis is not clinically obvious
Varicose Veins (non-cosmetic)	Venous Duplex Scan - the following will not be accepted: Varicose Veins Laser Refraction (except where there is significant dysfunction or disability, or Venous Ulcers)
BCC, SCC, Melanoma / Moles	<ul style="list-style-type: none"> <li>Clinical History and examination</li> <li>Photo of the skin cancer – clearly marking location of the lesion prior to the Biopsy to assist triage. (where feasible)</li> <li>Biopsy all un-excisable lesions to allow for accurate categorisation</li> <li>Histopathology result (when available)</li> </ul>
Vasectomy	Vasectomies and Reversal of Vasectomies will not be accepted

<b>Enquiries</b>	Monday to Friday, 9am to 4pm
<b>Phone:</b>	(07) 4122 8378      Hervey Bay and Maryborough Hospitals
	(07) 4150 2222      Bundaberg Hospital

