

Using Provox FreeHands FlexiVoice

Patient Information

Equipment: Chosen adhesive or Provox LaryTube/Lary Button
FreeHands HME
FlexiVoice – with appropriate membrane strength
HME removal aid (optional)

Step 1: Refer to the appropriate information sheet for use of adhesive or Provox LaryTube/Lary Button with Provox FlexiVoice



Step 2: Attach the FreeHands HME to your FlexiVoice

Turn the HME cassette so that the wheel-configuration is facing downwards. Place the FlexiVoice on top of the HME and click the HME into the device.



Step 3: Insert the FlexiVoice into the stoma

Before inserting the FlexiVoice device practice rotating it from **lock mode** (open breathing – membrane on hook) to **voicing mode** (membrane off hook).

Turn the membrane to **lock mode**.

Attached the FlexiVoice to the stoma and **ensure you can breathe comfortably**.

Rotate the FlexiVoice to voicing mode and begin gentle continuous speech.



Step 4: Practice manual occlusion

Place your finger or thumb over the open window of the FlexiVoice and begin voicing. Make sure you don't press too hard.

Tip: Manual occlusion is possible in both lock mode and voicing mode. If using an adhesive, using manual occlusion may help to prolong the seal.



Step 5: Removing the HME to cough and clear secretions

Place pressure on the sides of the adhesive or Lary tube/button with one hand while removing the FlexiVoice device with the other, so not to pull the adhesive/tube away. Gently twist out the FlexiVoice as you pull.

If you cough with the device in place, the membrane may pop through the front opening. You can push the membrane back inside with your finger.

IMPORTANT: The FlexiVoice MUST be removed when sleeping.



Step 6: Changing the FreeHands HME

Use the HME removal aid to grasp the HME.

Squeeze the grips either side and the HME will crack off.

NB: The HME needs to be changed when soiled and should be replaced at least every 24 hours.



Replacement:

- **Adhesive:** Can remain providing it is glued to the skin. When removing the adhesive from the skin, use an adhesive remover pad or damp cloth to gently lift the adhesive as you pull it away from the skin. ***If you are using a voice prosthesis with a tag, remove the adhesive in an upward direction and be careful not to pull out the voice prosthesis.*** Ensure the skin is clean and dry before applying a new adhesive. Monitor your skin for any reaction.
- **Provox FlexiVoice:** Always remove the Provox FlexiVoice to clean it. It can be gently washed in warm soapy water. Carefully remove any mucous with cotton tip applicator and leave to air dry completely or use lint free towel. Discuss any issues with functioning and need for replacement with your treating speech pathologist or ENT specialist.

Notes:

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For further information contact Speech Pathology, email QHSPAC-Chair@health.qld.gov.au

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