As an under 18-year old you are at greater risk of alcohol-related injury and harm. It is recommended you do not drink alcohol.\(^1\)

Of concern, in 2017, 52% of Queenslanders aged 12-17 years had consumed alcohol in the past 12 months.\(^2\)

**Good work!**

Your drinking habits are within the 2020 guidelines. This suggests your lifetime risk of dying from an alcohol-related disease or injury is on average less than **1 in 100 (1%)**\(^1\)

Your current drinking habits exceed the 2020 guidelines which increases your risk of alcohol-related disease or injury.

Of concern, 49.9% of Queenslanders aged 18-24 years are also risky drinkers.\(^3\)

If you are a healthy adult, you should consume no more than **10 standard drinks per week.**

This should be no more than **4 standard drinks on any one day.**\(^1\)

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