

PALLIATIVE CARE RESOURCES

FOR PATIENTS, FAMILIES AND CARERS

GENERAL PALLIATIVE CARE INFORMATION AND RESOURCES

Organisation	Information
Australian Government Department of Health, Disability and Ageing	Provides information about palliative care, planning for end of life and government initiatives and programs. https://www.health.gov.au/topics/palliative-care
Cancer Council Australia	Includes information on cancer and support services. https://www.cancer.org.au/
Cancer Council Queensland	Includes information on understanding cancer, support services and a patient resources hub. https://cancerqld.org.au/
CareSearch	Consolidates online palliative care information and resources for health professionals, people needing palliative care and their families, and the general community. https://www.caresearch.com.au/
Caring@home	Evidenced-based resources to support families and carers to help manage symptoms at home, including safely using subcutaneous medicines. https://www.caringathomeproject.com.au/
Queensland Health	Includes information about palliative care, support for families and carers, living with a life-limiting illness and advance care planning. https://www.qld.gov.au/health/support/palliative-care
PalAssist	Specialist palliative care phone advice service provided by Cancer Council Queensland, Nurse Counselling Service, online resources. https://www.palassist.org.au/
Palliative Care Australia (PCA)	National peak body to improve access to and promote the need for palliative care, including strategic documents, project hubs and resource library. https://palliativecare.org.au/
Palliative Care Queensland (PCQ)	Queensland peak body to support individuals, families, carers, communities and healthcare professionals who need palliative care in Queensland. https://palliativecareqld.org.au/

EQUIPMENT SUPPORT SERVICES

Organisation	Information
MASS Palliative Care Equipment Program (PCEP)	Supports eligible Queenslanders approaching end of life to remain at home by providing supply or loan of aids and equipment for up to 6 months. https://www.health.qld.gov.au/mass/prescribe/palliative-care-equipment-program

CARER SUPPORT

Organisation	Information
Carer Gateway	National support service for unpaid carers, providing free information, advice, counselling, peer support and respite services. https://www.carergateway.gov.au/
Carers Australia	National peak body for unpaid carers providing advocacy, information, education and support on topics including advance care planning, palliative and end-of-life care, caring for someone with dementia and My Aged Care. https://www.carersaustralia.com.au/
Carers Queensland	Peak body for unpaid carers in Queensland, providing information, support, education, advocacy and services to improve the wellbeing of carers. https://carersqld.com.au/

GRIEF & BEREAVEMENT SUPPORT

Organisation	Information
CareSearch	Dying2Learn includes information and resources on death and dying. https://www.caresearch.com.au/Community/Dying2Learn
Grief Australia	Provides grief and bereavement support, education and resources to help people navigate the loss of a loved one. https://grief.org.au/
Griefline	Provides free support and information for anyone experiencing, grief, loss or loneliness. https://griefline.org.au/
Grief.com	International online resource that provides education, support and tools to help people understand and cope with grief and loss. https://grief.com/
Metro North Hospital & Health Service	Grief and bereavement esource hub with information, guidance, support and strategies for living, dying and grieving well. https://metronorth.health.qld.gov.au/hospitals-services/grief-and-bereavement
Palliative Care Queensland (PCQ)	Grief Tending video podcast series to offer education, support and insight for people who or (or will be) in a caregiving role. https://palliativecareqld.org.au/grief-tending/
Queensland Health	Information about grief counselling and support. https://www.qld.gov.au/health/support/loss/coping
Specialist Palliative Care Rural Telehealth (SPaRTa) Service	Grief and bereavement service to support people who have recently experienced the death of someone from a life-limiting illness or chronic disease in a remote, rural or regional area in Queensland; provide guidance and advice to health professionals supporting bereaved individuals and families in their local communities. https://www.health.qld.gov.au/clinical-practice/referrals/statewide-specialist-services/palliative-rural-telehealth-service/grief-bereavement

PALLIATIVE CARE INFORMATION FOR DIVERSE POPULATIONS*

Organisation	Information
Advance Care Planning Australia	Provides advance care planning brochures and information in other languages. https://www.advancecareplanning.org.au/understand-advance-care-planning/advance-care-planning-in-your-language
Cancer Council Queensland	Resources for consumers from culturally & linguistically diverse backgrounds. https://resources.cancerqld.org.au/collections/cancer-prevention-resources-for-cald-communities
National Centre of Excellence in Intellectual Disability Health	Toolkit for people with an intellectual disability and their supporters to provide guidance on improving palliative care for people with intellectual disability https://www.3dn.unsw.edu.au/resources/improving-palliative-care-toolkit-people-intellectual-disability-and-supporters
Palliative Care Australia	Multilingual resources and palliative care factsheets. https://palliativecare.org.au/resource/multilingual-resources/

*For resources for Aboriginal & Torres Strait Islander peoples refer to CPCRE Resource List - Aboriginal & Torres Strait Islander Peoples

ADVANCE CARE PLANNING AND SHARED DECISION-MAKING

Organisation	Information
Advance Care Planning Australia	An Australian Government Initiative administered Metro South Health. Offers free advice, support, training and resources to guide consumers and health professionals through the advance care planning process. https://www.advancecareplanning.org.au/ Video: https://www.youtube.com/watch?v=xKMaqH0UyDo
Queensland Voluntary Assisted Dying (QVAD)	Provides advice, information and support to Queenslanders about voluntary assisted dying. https://www.qld.gov.au/health/support/voluntary-assisted-dying
Statewide Office of Advance Care Planning (Queensland)	Promotes advance care planning by providing information, education and resources, receiving and reviewing ACP documents and managing a central database of end-of-life care preferences. https://www.health.qld.gov.au/clinical-practice/referrals/statewide-specialist-services/statewide-office-of-advance-care-planning