

section

3

Additional resources

Additional resources Additional resources Additional resources Additional resources
Additional resources Additional resources Additional resources Additional resources

1. Islamic organisations

Islamic Council of Queensland	45 Acacia Road, Karawatha, Qld, 4117 Ph: 07 3219 0555 Email: icqi@bigpond.com Website: www.icq.net.au	The peak body for Islamic societies in Queensland.
Australian Federation of Islamic Councils	932 Bourke Street, Zetland, NSW, 2017 Ph: 02 9319 6733 Email: admin@afic.com.au Website: www.afic.com.au	The peak body for Islamic councils and societies in Australia.
Islamic Women's Association of Queensland	PO Box 1909, Sunnybank Hills, Qld, 4109 Ph: 07 3423 3022, 34233088 or 34233433 Emergency after hours: 0411 766 246 Email: admin@iwaq.org.au Website: www.iwaq.org.au	A not-for-profit organisation which provides frail and aged support and assistance, day and overnight respite, disability services, and newly arrive settlement services to Muslim and non-Muslim clients.
Council of Imams Queensland	PO Box 2378, Runcorn, Qld, 4113 Ph: 0415 710 613 or 0421 342 108	The peak body for Imams in Queensland which provides religious leadership for all Muslims.

2. Queensland Health resources and contacts

- Australian Charter of Healthcare Rights www.health.qld.gov.au/cpic/hlthcr_exp_improve/australiancharter.asp
- Multicultural Clinical Support Resource folder www.health.qld.gov.au/multicultural/support_tools/mcsr.asp
- Queensland Health Guideline on Medicines/Pharmaceutical Products of Animal Origin (Queensland Health staff only) http://qheps.health.qld.gov.au/medicines/documents/general_policies/prods_anim_origin.pdf
- Queensland Health Multicultural Policy Statement www.health.qld.gov.au/multicultural/policies/multicul.pdf
- Translated health information www.health.qld.gov.au/multicultural/public/language.asp
- Ward Communication Tool www.health.qld.gov.au/multicultural/support_tools/WCT.asp

Queensland Health Multicultural Services

Ph: 07 3328 9873 Email: multicultural@health.qld.gov.au
Website: www.health.qld.gov.au/multicultural

Queensland Transcultural Mental Health Centre

Ph: 1800 188 189 Email: QTMHC@health.qld.gov.au
Website: www.health.qld.gov.au/pahospital/qtmhc

Queensland Health Interpreter Service

Email: multicultural@health.qld.gov.au
Website: www.health.qld.gov.au/multicultural/interpreters/QHIS_home.asp
Ph: For a list of Health District Interpreter Service Coordinator contact details, go to: www.health.qld.gov.au/multicultural/interpreters/QHIS_contact.asp

3. Halal information

Halal (approved)	Haram (prohibited)
Meat and substitutes	
<ul style="list-style-type: none"> • Chicken, beef and lamb slaughtered according to Islamic dietary law • All seafood • Eggs • Dried beans, lentils and nuts 	<ul style="list-style-type: none"> • Pork and all pig products (bacon, ham, salami etc) • Foods containing blood or blood products • Meat from animals not slaughtered according to Islamic dietary law
Milk and milk products	
<ul style="list-style-type: none"> • Milk, yoghurt, cheese, coconut milk • Ice-cream made with <i>halal</i>-approved gelatine or without animal fat (e.g. tofu ice cream, sorbet or gelati) 	<ul style="list-style-type: none"> • Cheese, yoghurt and ice-cream made with animal fat, vanilla or non-<i>halal</i> gelatine
Fruit and vegetables	
<ul style="list-style-type: none"> • All fruits and vegetables 	<ul style="list-style-type: none"> • Any fruits or vegetables prepared using animal fats or alcohol
Bread and cereals	
<ul style="list-style-type: none"> • All breakfast cereals • Bread, cakes and biscuits • Rice and pasta 	<ul style="list-style-type: none"> • Pasta sauce made with wine or other alcohol • Rice, bread, cakes and biscuits made with animal fats
Fats and oils	
<ul style="list-style-type: none"> • Butter, vegetable margarine • All vegetable oils • Mayonnaise 	<ul style="list-style-type: none"> • Lard, dripping, suet and other animal fats • Any foods made using animal fats
Beverages	
<ul style="list-style-type: none"> • Tea and coffee • Water, cordial and fruit juice • Soft drinks, mineral and soda water 	<ul style="list-style-type: none"> • Alcohol • Beverages with alcohol content (e.g. bitters, vanilla essence)
Soups	
<ul style="list-style-type: none"> • All soups made with vegetables or <i>halal</i> meat 	<ul style="list-style-type: none"> • Any soups made with pork, ham bone stock or non-<i>halal</i> meats
Desserts	
<ul style="list-style-type: none"> • All desserts made without alcohol, lard, dripping, suet or animal fats • Desserts made with alcohol-free vanilla flavour or powder, or <i>halal</i>-approved gelatin 	<ul style="list-style-type: none"> • All desserts made with alcohol, lard, dripping and other animal fats • Desserts containing gelatine or vanilla essence
Other	
<ul style="list-style-type: none"> • Spices, pickles and chutney • Jam, honey and sugar 	<ul style="list-style-type: none"> • Gelatine, lipase, pepsin

