About the continence service:
A continence nurse advisor provides direct clinical care (including prevention and treatment) to women and men with continence issues within the specialist outpatient department clinic rooms.

Where:
Clients will be offered an appointment at specialist outpatient clinic room, where the nurse specialist provides the opportunity for them to discuss their continence issues in a safe and confidential environment.

Target group:
Public patients visiting urologist consultants at Sunshine Coast University Private Hospital.

Specialising in:
- education, management and replacement of indwelling and supra-pubic catheters
- education, management in intermittent catheterisation
- health education on good bladder and bowel habits
- continence assessment and advice
- managing urinary and faecal incontinence
- bladder training
- pelvic floor exercises—men/women
- management of constipation.

Referral to:
- Urology/Continence Service at Surgical Outpatients

Enquiries
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