Information following an ICD implant
Information for patients, carers and their families

Implantable cardioverter defibrillator ID card
You will be given a temporary implantable cardioverter defibrillator (ICD) ID card to carry with you in your wallet or purse at all times. The card will have your name, device and lead details, and a contact number for the SCUH Device Clinic.

The company which supplies your device will send you a ‘permanent’ card within the next four to six weeks. It will have the same details as your temporary card.

ICD education booklet
Please take the time to read the ICD booklet that has been given to you. It will explain how your device works and provide you with answers to many of the questions you may have about your device.

Wound care
It is important to keep the wound clean and dry. For the first seven days, do not allow any water when bathing near the wound site.
You will need to see your G.P. in seven days to remove the dressing over your wound. After removal of the dressing, the wound is to be left uncovered, dry and clean.

If you notice any signs of infection, please call the SCUH Pacemaker Clinic at once on (07) 5202 0903. Signs of infection include fever, redness, swelling, warmth, soreness, or drainage over the pacemaker wound site.

General instructions for patients
You will not be able to drive for six months (secondary prevention) or four weeks (primary prevention) after your ICD implant.

Avoid lifting your arm, on the same side of your ICD, above the shoulder for two weeks. Avoid any lifting, pushing or pulling of heavy objects for two weeks.

ICD follow up appointment
It is very important to keep your ICD follow up appointment. At this appointment, your device and lead/s will be checked to make sure they are working well.

If you ever change your address or phone contact details, please ring the SCUH Device Clinic on the above number to advise the staff of these changes.

Contact
SCUH Pacemaker and ICD Clinic
Clinical Investigation Unit
Sunshine Coast University Hospital
Doherty Road
Birtinya QLD 4575
Phone: (07) 5202 0903
Monday – Friday
8am – 4:30pm