Health and safety during and after a disaster fact sheet

## Staying safe during disaster clean-up



There are simple things you can do to protect yourself:

- Keep out of floodwater
- Wash your hands often
- Wear protective clothes such as long-sleeve shirts, eyewear, heavy-duty gloves and sturdy footwear
- Cover cuts and wounds with waterproof dressings
- Wear sunscreen and a hat when working outdoors, and drink plenty of water
- Wear a P2 face mask as needed



Ensure generators and pumps are situated in well-ventilated areas.



It's important we protect ourselves from illness or injury during clean-up and recovery.



Going into homes or buildings that have been damaged can be dangerous.

Call 13 HEALTH (13 43 25 84) at any time. Contact 13 QGOV (13 74 68) for your nearest Public Health Unit.

If you or anyone in your household is experiencing any health effects from cleaning up after a disaster, seek medical advice from your doctor.

