

Rheumatic Heart Disease starts with a Strep A infection.



If the infection is not treated right, it can lead to ARF which can cause RHD.



Sore throat?  
Itchy skin?  
Skin sores?

Time to go to your health clinic!



## You got a skin sore? A cut, a bite, or a scratch?

You don't want germs getting in, especially Strep A, which can lead to a sick heart!

**Cover up any skin sores and keep them clean** to block those germs. If it gets worse, get along to the clinic and get it sorted.



Cover up cuts & sores



Wash your hands & body



Get medicine to heal sore throats

## Got a sore throat? Hurts to swallow?

It might be nothing serious, but it might be Strep A, which can lead to a sick heart.

**Go to the health clinic and get it treated right to make your throat healthy again.**

### **Sore throat, itchy skin, skin sores**

are all signs that Strep A germs are making trouble. If we stop Strep A from getting into the body, we block RHD.