

Health Professional Adult Health Check Learning Plan

| ID | Session | Time | Number | Module | Done | Time Frame |
|-----------------------|---------------------------------------|------------------------|--------|-----------------------|------|----------------------|
| Total Time for Course | | 420 minutes 6 hours | | | | |
| Page 1 | | 275 minutes 4 ½ Hours | | | | |
| PD3201 | Adult Health Check Introduction | 35 | 1 | Background | | Self Determined |
| | | | 2 | Primary Health Care | | |
| | | | 3 | Screening | | |
| PD3202 | Screening Tool | 95 | 1 | Screening Tool Part 1 | | Self Determined |
| | | | 2 | Screening Tool Part 2 | | |
| | | | 3 | Current Measurements | | |
| PD3203 | Skin | 30 | 1 | Introduction | | Self Determined |
| | | | 2 | Screening | | |
| PD3204 | Ears and Hearing | 30 | 1 | Introduction | | Self Determined |
| | | | 2 | Ear Screening | | |
| | | | 3 | Hearing Screening | | |
| PD3205 | Eyes and Vision | 25 | 1 | Introduction | | Self- Determined |
| | | | 2 | Eye Checks | | |
| PD3206 | Gender Health | 30 | 1 | Men's Health | | Self - Determined |
| | | | 2 | Women's Health | | |
| PD3207 | Pathology | 30 | 1 | Screening - General | | Self - Determined |
| | | | | Screening - Lifestyle | | |



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| Page 2 | | 145 Minutes | | | | |
| | | 2 ½ Hours | | | | |
| PD3208 | Oral Health | 30 | 1 | Introduction | | Self- Determined |
| | | | 2 | Screening part 1 | | |
| | | | 3 | Screening part 2 | | |
| | | | 4 | Prevention | | |
| PD3209 | Nutrition | 30 | 1 | Introduction | | Self- Determined |
| | | | 2 | Food | | |
| PD3210 | ATODS | 25 | 1 | Introduction | | Self - Determined |
| | | | 2 | Screening | | |
| PD3211 | Healthy Aging | 35 | 1 | Physical Activity | | Self- Determined |
| | | | 2 | Functional Capacity | | |
| | | | 3 | Cognition and Recall | | |
| PD3212 | Social and Emotional Health | 25 | 1 | Introduction | | Self Determined |
| | | | 2 | Screening | | |