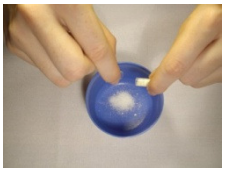
Queensland Health

Oseltamivir (Tamiflu®)
How to make the correct dose for your child

If the patient requires a dose of Oseltamivir (Tamiflu®) which is different from the available 75mg capsules, the following instructions can be used to ensure they receive the appropriate dose. Your doctor will prescribe the correct dose for your child based on body weight.

Please follow these instructions



1. **Open the Oseltamivir (Tamiflu®) 75mg capsule** over a small bowl or cup. Carefully pull the capsule open and **empty the powder** contents into the bowl or cup.



2. Using a graduated syringe that has 1mL markings on the side, **add 5mL of room temperature water** to the powder. (Syringes can be purchased from the pharmacy).



3. Mix well by stirring for about two minutes. There may be some small white granules remaining after two minutes. This is normal.





4. Draw up into the syringe the correct amount of mixture from the bowl or cup according to the instructions below.

   If your doctor has prescribed a:

   30mg dose, draw up **2mL** of the mixture and discard the rest.

   45mg dose draw up **3mL** of the mixture and discard the rest.

   60mg dose draw up **4mL** of the mixture and discard the rest.

   Push down the syringe plunger to empty the entire contents into a **second** bowl or cup.



5. In the **second** bowl or cup, add a small amount (1 teaspoon maximum) of a suitable sweetened food product such as jam, honey (only for children two years and older), yoghurt or sweetened condensed milk to sweeten the taste of the medication.



6. Stir the mixture well and give the entire contents to the patient. The mixture must be swallowed immediately after its preparation. If any mixture is left inside the bowl or cup, rinse the inside of the bowl with a small amount of water and have the patient drink this remaining mixture. **Do not give more than the recommended dose.**

As per Roche Tamiflu® Product Information (PI) and Roche Tamiflu® Consumer Medicines Information (CMI).

If you need assistance please contact 13HEALTH (13 432584), your GP or pharmacist.

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Queensland Government