

Contacts Appendix

Australian Government

- › Commonwealth Respite and Carelink Centres – phone free call 1800 052 222
The Commonwealth Respite and Carelink Centres are information centres for older people, people with disabilities and those who provide care and services. Centres provide free and confidential information on community aged care, disability and other support services available locally, interstate or anywhere within Australia. <http://www9.health.gov.au/ccsd/>
- › Veterans Affairs General enquiries number – phone 133 254
This organisation offers support and services for those people eligible for assistance. <http://www.dva.gov.au>

Queensland Government

- › 13 Health – phone 13432584
This service is for concerns about a health issue but not for emergencies. You can call 13 43 25 8424 for the cost of a local call. This service operates 24 hours a day, seven days a week.
- › Get Active Gateway – phone 1300 656 951
The Queensland Government's Department of Communities provides facts on getting active and ideas for physical activities.
<http://www.sportrec.qld.gov.au/Getactive.aspx>
- › Home and Community Care (HACC) – phone (07) 3139 3200
The Home and Community Care (HACC) program funds basic maintenance and support services to help frail older people and younger people with disabilities to continue living in their community.
<http://www.health.qld.gov.au/hacc/>
- › Home Assist Home Secure – phone 1300 880 882
This service provides free information and referrals about home maintenance, falls prevention, repairs and modifications and home security. Eligible clients may also obtain subsidised assistance for minor home maintenance, repairs and modifications which relate to health, safety and security.
<http://www.public-housing.qld.gov.au/programs/ch/factsheets/has.htm>

- › 60 and Better Program – phone 1300 132 654

This program supports older people to develop and manage healthy ageing programs in their own communities using community development principles and practices. <http://www.communities.qld.gov.au/seniors>
- › Smart Housing – phone (07) 3224 4283

The Smart Housing Program, run by the Queensland Government’s Public Works Department, provides information on improving safety and security around your home.

http://www.works.qld.gov.au/tdd/enviro_build/ss_house/index.asp

Community Organisations

- › Arthritis Queensland – phone free call 1800 011 041

This organisation (which incorporates Osteoporosis Queensland) is a non-profit organisation which aims to help those living with the conditions of arthritis and osteoporosis. <http://www.arthritis.org.au>
- › Australasian Podiatry Council – phone (07) 3371 5800

This organisation can help you find a podiatrist in your area by visiting <http://www.findapodiatrist.org>
- › Australian Dental Association – (07) 3252 9866

This organisation represents about 90% of registered dentists and dental specialists. Find a dentist by visiting <http://www.ada.org.au>
- › Australian Physiotherapy Association - phone (07) 3423 1553

This organisation represents over 12,000 physiotherapists across Australia. Find a physio by visiting <http://physiotherapy.asn.au/>
- › Australian Psychological Society - phone 1800 333 497

This organisation is the largest professional association for psychologists in Australia. Find a psychologist by visiting <http://psychology.org.au/Default.aspx>
- › Contenance Foundation of Australia – phone free call 1800 330 066

This foundation aims to assist people with incontinence, their families, carers and health professionals in understanding and managing incontinence. <http://www.contenance.org.au>

- › Council of the Ageing Queensland (COTAQ) – phone 1300 738 348
 This group is dedicated to protecting and promoting the wellbeing of all Queenslanders over the age of 50. <http://www.cotaq.org.au/>
- › Dieticians Association of Australia – phone 1800 812 942
 This organisation is the peak body for dietetic and nutrition professionals. Find a dietician by visiting www.daa.asn.au
- › Life Tec Queensland – phone 1300 885 886
 This organisation provides information, education, and consultation on devices, technology or designs which can improve your quality of life and help you to live independently. <http://www.lifetec.org.au>
- › Medicine Wise – phone 1300 633 424
 The National Prescribing Service is an independent organisation supporting the quality use of medicines. They offer consumers information about medicines through free materials and through phone advice on the Medicines Line. <http://www.nps.org.au>
- › Optometrists Association of Queensland and Northern Territory – phone (07) 3839 4411
 This organisation is the peak body representing the optometry profession. Find your nearest optometrist by visiting <http://www.optometrists.asn.au/Default.aspx?alias=www.optometrists.asn.au/queensland>
- › Orthoptics Australia – phone (03) 9895 4463
 This organisation is the is the national peak body representing orthoptists across Australia. <http://www.orthoptics.org.au>
- › Royal Australian and New Zealand College of Ophthalmologists (RANZCO) – phone (02) 9690 10011
 This college provides education and training to medical specialists in the field of ophthalmology. Patient support information is also available from the website <http://www.ranzco.edu>
- › Speech Pathologist Association – phone (07) 3870 8542
 This organisation is the peak body for the speech pathology profession in Australia. Find your nearest speech pathologist by visiting <http://www.speechpathologyaustralia.org.au>

All phone numbers and web addresses correct at time of printing (April 2011)